33rd Annual Conference

June 20-22, 2018
Sheraton Dallas Hotel - Dallas, TX

Hosted by Metrocare Services
## CONTENTS

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>TEXAS COUNCIL WELCOME</td>
<td>3</td>
</tr>
<tr>
<td>EXHIBITORS</td>
<td>4</td>
</tr>
<tr>
<td>SPONSORS</td>
<td>5</td>
</tr>
<tr>
<td>CONTINUING EDUCATION</td>
<td>6</td>
</tr>
<tr>
<td>SCHEDULE-AT-A-GLANCE</td>
<td>7</td>
</tr>
<tr>
<td>GENERAL SESSIONS</td>
<td>10</td>
</tr>
<tr>
<td>SPECIAL EVENTS/POST-CONFERENCE</td>
<td>13</td>
</tr>
<tr>
<td>PRE-CONFERENCE ACTIVITIES</td>
<td>14</td>
</tr>
<tr>
<td>POSTER SESSION</td>
<td>15</td>
</tr>
<tr>
<td>CONCURRENT SESSIONS</td>
<td>16</td>
</tr>
<tr>
<td>FRANK M. ADAMS AWARDS</td>
<td>33</td>
</tr>
<tr>
<td>COMMITTEES</td>
<td>38</td>
</tr>
<tr>
<td>SEE YOU NEXT YEAR!</td>
<td>39</td>
</tr>
<tr>
<td>HOTEL MEETING ROOM FLOORPLANS</td>
<td>BACK COVER</td>
</tr>
</tbody>
</table>
Welcome to the 33rd Annual Texas Council Conference in Dallas, Texas!

In the heart of bustling Downtown Dallas, we anticipate a fantastic conference covering legislative updates, national and state perspectives, highlights of Community Center initiatives and the latest developments shaping our system of care.

We are pleased to announce a new continuing education opportunity this year for licensed chemical dependency counselors! This is in addition to our continued array of professional development opportunities for clinicians (nurses, doctors, psychologists, licensed marriage and family therapists, social workers, and licensed professional counselors), attorneys, accountants, and credits for peer specialists and family partners.

In recognition of the disastrous consequences of Hurricane Harvey and the difficult journey Texas Gulf Coast Communities are traversing to rebuild, a special video feature will be presented during the opening session.

Our featured speakers this year promise to energize and empower! Jason Kotecki, an artist leading a crusade against “Adultitis,” will teach us how to use lessons learned in youth to reduce stress and boost professional and personal success. Michael Hingson will share his story of escaping the World Trade Center on September 11, 2001; and with his current guide dog, Alamo, lend us a new perspective on life.

I invite you to enjoy the modern art, fine dining, and metropolitan music of Dallas as we gather in kindred spirit to connect as a system of care and find inspiration to keep working toward a brighter future for individuals, families, and our communities.

We extend our sincere gratitude to Metrocare Services for their dedicated efforts as Host Center for our 2018 Annual Conference and to our sponsors and exhibitors who are generously supporting this event!

May the next few days present you with opportunities to connect with friends and colleagues, meet others who share a common journey, find new ways to approach old challenges, and enjoy some big-city fun!

Sincerely,

Gladdie Fowler, Chair
Board of Directors, Texas Council of Community Centers
• AmeriGroup
• AmeriHealth Caritas
• Avail Solutions, Inc.
• Beacon Health Options
• Cloud 9
• Credible Behavioral Health Software
• East Texas Behavioral Healthcare Network
• Enterprise Fleet Management
• Genoa Healthcare
• Higginbotham
• Integrated Prescription Management
• Iris Telehealth
• ISC Group, Inc.
• iServ for Texas Centers
• Jackson & Coker
• Johnson & Johnson
• LocumTenens.com
• Molina Healthcare of Texas, Inc.
• Motus
• Netsmart
• Outreach Health Services
• PharmBlue LLC
• Pro International/Focus 4 Life
• Remarkable Health
• Southern Consulting
• STACIE Helps, PLLC
• Streamline Healthcare Solutions, LLC
• Tanglewood Medical Supplies, Inc.
• Tarrytown Expocare Pharmacy
• Tejas Health Management
• Texas Council Risk Management Fund
• The Dunlap Group
• The Echo Group
• The Wood Group
• UnitedHealthcare Community & State
• Welligent, Inc.
CONTINUING EDUCATION

HOW TO EARN CONTINUING EDUCATION CREDITS
No partial continuing educational credits will be given, with exception for Continuing Legal Education (CLE). Successful completion of the ENTIRE session is required to receive continuing education credit. Specific instructions on required documentation to complete for each type of continuing education credit are detailed in sections below.

Participants seeking continuing education credits should visit the CEU desk across from the Grand Hall Registration desk to pick up and return document packets, or to inquire for further information.

Credits for Social Work/LPC/LMFT
Documentation needed: Legible signature on sign-in sheet, completed evaluation form returned to room monitor.

Social Work, Licensed Professional Counselor (LPC) and Licensed Marriage and Family Therapist (LMFT) continuing education credits will be offered for all educational sessions.

Credits for CME/CNE/PD/Medical Ethics/Psychology Ethics
Documentation needed: Legible signature on sign-in sheet, evaluation form completed in document packet, all other required forms completed in document packet.

Continuing education credit/contact hours for this event are provided by The Texas Department of State Health Services, Continuing Education Service and include the following:

Continuing Medical Education (CME)
The Texas Department of State Health Services, Continuing Education Service is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The Texas Department of State Health Services, Continuing Education Service designates this live activity for a maximum of 16.5 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This course has been designated by The Texas Department of State Health Services, Continuing Education Service for 3 credit(s) of education in medical ethics and/or professional responsibility.

Continuing Nursing Education (CNE)
The Texas Department of State Health Services, Continuing Education Service is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

The Texas Department of State Health Services, Continuing Education Service has awarded 16.5 contact hour(s) of Continuing Nursing Education.

Licensed Chemical Dependency Counselors (LCDC)
The Texas Department of State Health Services, Continuing Education Service is an approved provider (TCBAPH 0090-87E) with the Texas Certification Board for Addiction Professionals to offer continuing education contact hours to Licensed Chemical Dependency Counselors. The Texas Department of State Health Services, per approval of Division for Mental Health and Substance Abuse, has awarded 4.5 contact hour(s) for Licensed Chemical Dependency Counselors.

Licensed Psychologists (PD)
The Texas Department of State Health Services is authorized by the Texas State Board of Examiners of Psychologists as a (c)(2)(A) provider of professional development hours for licensed psychologists. Per the Texas State Board of Examiners of Psychologists Act and Rules, at least half (10) of the required 20 hours of professional development must be obtained by a provider listed in section (c)(2)(A). The Texas Department of State Health Services, Continuing Education Service has awarded 7.5 contact hour(s) for Licensed Psychologists.

This course has been designated by the Texas Department of State Health Services for 3.0 contact hours of education in ethics or professional responsibility.

Credits for Continuing Legal Education (CLE)
Documentation needed: Completed sign-in sheet. Partial credit available for CLE only. Please self-report MCLE hours on the State Bar of Texas website (Course #174018572).

This course has been approved for Minimum Continuing Legal Education credit by the State Bar of Texas Committee on MCLE in the amount of 7.5 credit hours, of which 4.5 credit hours will apply to legal ethics/professional responsibility credit.

Credits for Continuing Professional Education (CPE) for Accounting
Documentation needed: Legible signature on sign-in sheet, completed evaluation form in document packet, all other required forms completed in document packet.

The following sessions at the 33rd Annual Texas Council Conference have been approved for 1.8 hours each of non-technical Continuing Professional Education (CPE) for Accountants. No prerequisites required.

- Pre-conference CCBHC Session, Wednesday, June 20, 2018, 9:00 a.m. – Noon (3.6 hours)
- State and National Perspectives Panel, Thursday, June 21, 2018, 10:30 a.m. – Noon (1.8 hours)
- 90-minute breakout sessions (1.8 hours each)
- Post-conference Peer and Family Partner Summit, Friday, June 22, 2018, 12:30 – 4:30 p.m. (4.8 hours)

Credits for Certified Peer Specialists and Certified Family Partners (CPS and CFP)
Documentation needed: Legible signature on sign-in sheet, completed evaluation form returned to room monitor.

Sessions for CPS and CFP have been approved by Via Hope.
WEDNESDAY, June 20, 2018
All meeting rooms are located on the 1st floor, except where noted

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>8 AM – 5 PM</td>
<td>Registration</td>
<td>Grand Hall</td>
</tr>
<tr>
<td>8 AM – Noon</td>
<td><strong>Pre-Conference Session</strong></td>
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<tr>
<td></td>
<td>Military Informed Care Training, Part 1</td>
<td><strong>Houston Ballroom B, 3rd Floor</strong></td>
</tr>
<tr>
<td>8:30 AM – Noon</td>
<td><strong>Intellectual and Developmental Disabilities (IDD) Consortium Meeting</strong></td>
<td><strong>Dallas Ballroom D1</strong></td>
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<tr>
<td>8:30 AM – Noon</td>
<td>Workgroup Sessions</td>
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<td></td>
<td>Administrative Workgroup (Closed)</td>
<td><strong>Dallas Ballroom D2</strong></td>
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<td></td>
<td>Public Information – Special Interest Group (Closed)</td>
<td><strong>Houston Ballroom A, 3rd Floor</strong></td>
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<td></td>
<td>Mental Health First Aid (MHFA) Workgroup (Open)</td>
<td><strong>Dallas Ballroom D3</strong></td>
</tr>
<tr>
<td>9 AM - Noon</td>
<td>Certified Community Behavioral Health Clinic (CCBHC) Session</td>
<td><strong>Dallas Ballroom A2-3</strong></td>
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<tr>
<td>Noon – 1 PM</td>
<td>Lunch (On Your Own)</td>
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<tr>
<td>1 – 5 PM</td>
<td>Exhibitor Move-in</td>
<td>Grand Hall</td>
</tr>
<tr>
<td>1 – 3 PM</td>
<td><strong>Welcome &amp; Opening Session/Featured Speaker Jason Kotecki</strong></td>
<td><strong>Dallas Ballroom BC</strong></td>
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<tr>
<td>3 – 3:30 PM</td>
<td>Break</td>
<td>Grand Hall</td>
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<tr>
<td>3:30 – 5 PM</td>
<td><strong>Concurrent Sessions</strong></td>
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<td></td>
<td>*Addiction 101: The Big Brain Theory and Co-occurring Disorders (CME, CNE, LCDC)</td>
<td><strong>Dallas Ballroom D1</strong></td>
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<td>DSRIP Strategy Forum: Success in DY7-8</td>
<td><strong>Dallas Ballroom A2-3</strong></td>
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<td></td>
<td>*Happy Mom, Happy Family (CME, CNE, PD)</td>
<td><strong>Dallas Ballroom D2</strong></td>
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<td></td>
<td>How to Conduct Effective Compliance Investigations</td>
<td><strong>Dallas Ballroom D3</strong></td>
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<td></td>
<td>IDD and Behavioral Health: A Local and National View of Trends and Outcomes</td>
<td><strong>Houston Ballroom A, 3rd Floor</strong></td>
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<td></td>
<td>Military Informed Care Training, Part 2 (3:30 – 6:30 p.m.)</td>
<td><strong>Houston Ballroom B, 3rd Floor</strong></td>
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<td></td>
<td>*Somatization Disorder and Somatoform Symptoms in Systematically Studied Survivors of Ten Disasters (CME, CNE)</td>
<td><strong>Houston Ballroom C, 3rd Floor</strong></td>
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<td></td>
<td>Utilizing Peers for Recovery in Your Area</td>
<td><strong>San Antonio Ballroom B, 3rd Floor</strong></td>
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<td></td>
<td>*Trustee Roles and Responsibilities (CLE)</td>
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<td></td>
<td><strong>San Antonio Ballroom A, 3rd Floor</strong></td>
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<tr>
<td>6 – 7:30 PM</td>
<td>Executive Directors and Trustees Reception (Invitation Only)</td>
<td><strong>Chaparral Room, 38th Floor</strong></td>
</tr>
<tr>
<td>7:30 – 9 PM</td>
<td>Executive Directors Dinner (Invitation Only)</td>
<td><strong>Majestic Room 6 &amp; 7, 37th Floor</strong></td>
</tr>
</tbody>
</table>

All sessions are open to all participants. Shaded breakout session may be of particular interest to Executives and Trustees. *For information on continuing education credits, please refer to page 6.*
## THURSDAY, June 21, 2018

All meeting rooms are located on the 1st floor, except where noted.

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 AM – 5 PM</td>
<td>Registration</td>
<td>Grand Hall</td>
</tr>
<tr>
<td>7:30 AM – 3:30 PM</td>
<td>Exhibit Hall Open</td>
<td>Grand Hall</td>
</tr>
<tr>
<td>7:30 AM – 3:30 PM</td>
<td><strong>Poster Session</strong></td>
<td>Grand Hall</td>
</tr>
<tr>
<td>7:30 – 8:30 AM</td>
<td>Continental Breakfast (Exhibit Hall)</td>
<td>Grand Hall</td>
</tr>
<tr>
<td>8:30 – 10 AM</td>
<td>General Session/Frank M. Adams Awards/Featured Speaker Michael Hingson</td>
<td>Dallas Ballroom BC</td>
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<tr>
<td>10 – 10:30 AM</td>
<td>Break (Exhibit Hall)</td>
<td>Grand Hall</td>
</tr>
<tr>
<td>10:30 AM – Noon</td>
<td>State and National Perspectives Panel</td>
<td>Dallas Ballroom BC</td>
</tr>
<tr>
<td>Noon – 1:30 PM</td>
<td>Lunch (Exhibit Hall)</td>
<td>Grand Hall</td>
</tr>
<tr>
<td>1:30 – 3 PM</td>
<td><strong>Concurrent Sessions</strong></td>
<td>Grand Hall</td>
</tr>
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<td></td>
<td>*Adolescent Relationship Violence (CME, CNE, PD, CFP)</td>
<td>Dallas Ballroom D1</td>
</tr>
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<td></td>
<td>Topic: Crisis Services (2 Presentations, 45 Minutes Each)</td>
<td>Dallas Ballroom D2</td>
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<td>Cybersecurity: A Balancing Act</td>
<td>Dallas Ballroom D3</td>
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<tr>
<td></td>
<td>*Development and Implementation of an Early Intervention Program for Psychosis in North Texas (CNE)</td>
<td>Houston Ballroom A, 3rd Floor</td>
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<td>*HB 1486: The Future of Peer Support (CFP, CPS)</td>
<td>Houston Ballroom B, 3rd Floor</td>
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<td>Priming the Next Generation: A Formal Leadership Curriculum</td>
<td>Houston Ballroom C, 3rd Floor</td>
</tr>
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<td>*Opioids: How Did We Get Here and What Do We Do Now? (CME, CNE, LCDC)</td>
<td>San Antonio Ballroom A, 3rd Floor</td>
</tr>
<tr>
<td>3 – 3:30 PM</td>
<td>Break (Exhibit Hall)</td>
<td>Grand Hall</td>
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<tr>
<td>3:30 – 5 PM</td>
<td><strong>Concurrent Sessions</strong></td>
<td>Grand Hall</td>
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<tr>
<td></td>
<td>Cross-functional Collaboration is Integral to Successful Change Management</td>
<td>Dallas Ballroom D1</td>
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<td></td>
<td>*Education and Research Demystified for Community Centers (CME)</td>
<td>Dallas Ballroom D2</td>
</tr>
<tr>
<td></td>
<td>*Managed Care Panel: How We Got to “Yes” on Alternative Payment Models (CLE)</td>
<td>Dallas Ballroom D3</td>
</tr>
<tr>
<td></td>
<td>*Neglect, Abuse and Exploitation of Individuals with IDD: Identification, Issues, and Mandated Reporting (CME/CME Ethics, CNE, PD/PD Ethics)</td>
<td>Houston Ballroom B, 3rd Floor</td>
</tr>
<tr>
<td></td>
<td>*No Greater Burden/Gift (CFP, CPS)</td>
<td>Houston Ballroom C, 3rd Floor</td>
</tr>
<tr>
<td></td>
<td>Toddlers and Autism: Shifting the Paradigm in Early Childhood Intervention</td>
<td>San Antonio Ballroom A, 3rd Floor</td>
</tr>
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<td>*Medication-Assisted Treatment for Substance Use Disorders (CME, CNE, LCDC)</td>
<td>San Antonio Ballroom B, 3rd Floor</td>
</tr>
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<td>*Insight into the Texas Political Landscape (CLE/CLE Ethics, CFP, CPS)</td>
<td>Dallas Ballroom A2-3</td>
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<td>*HB 1486: The Future of Peer Support (CFP, CPS)</td>
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<tr>
<td>6 – 7:30 PM</td>
<td>Center Reception</td>
<td>Dallas Ballroom BC</td>
</tr>
</tbody>
</table>
## FRIDAY, June 22, 2018

*All meeting rooms are located on the 1st floor, except where noted*

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 AM – Noon</td>
<td>Registration</td>
<td>Grand Hall</td>
</tr>
<tr>
<td>7:30 – 8:30 AM</td>
<td>Staff Continental Breakfast</td>
<td>Dallas Ballroom C</td>
</tr>
<tr>
<td>7:30 – 8:30 AM</td>
<td>Trustees &amp; Executive Directors Breakfast</td>
<td>Dallas Ballroom B</td>
</tr>
<tr>
<td>8:30 – 10 AM</td>
<td><strong>Concurrent Sessions</strong></td>
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<td></td>
<td>Building an Inclusive Community for IDD, One Relationship at a Time</td>
<td>Dallas Ballroom D1</td>
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<td>Decreasing Out of Home Placements and Reducing Costs for Individuals with IDD and Dangerous Behavior</td>
<td>Dallas Ballroom D2</td>
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<td>Risk Stratification: A Necessary Tool for Value-Based Payments</td>
<td>Dallas Ballroom D3</td>
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<td>Gulf Bend Regional Collaborative Group: Crafting Sustainable Collaboratives</td>
<td>Houston Ballroom A, 3rd Floor</td>
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<td>*Maximizing Outcomes Utilizing the Newest Recovery Team Members (CFP, CPS)</td>
<td>Houston Ballroom C, 3rd Floor</td>
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<td>Mental Health Outpatient Court Commitment</td>
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<td>*Navigating Ethical Challenges in Today’s Service Settings (CLE/CLE Ethics, CFP, CPS)</td>
<td>San Antonio Ballroom A, 3rd Floor</td>
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<tr>
<td></td>
<td>*Recognizing and Supporting Individuals Impacted by Dementia and IDD (CME, CNE)</td>
<td>San Antonio Ballroom B, 3rd Floor</td>
</tr>
<tr>
<td>10 – 10:30 AM</td>
<td>Break</td>
<td>Grand Hall</td>
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<tr>
<td>10:30 AM – Noon</td>
<td><strong>Concurrent Sessions</strong></td>
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<td>*Applying Ethical Principles in Challenging Circumstances (CLE/CLE Ethics)</td>
<td>Dallas Ballroom D1</td>
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<tr>
<td></td>
<td>Coffee, Tea and Books</td>
<td>Dallas Ballroom D2</td>
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<td></td>
<td>*Topic: Peer Services (2 Presentations, 45 Minutes Each) (CFP, CPS)</td>
<td>Dallas Ballroom D3</td>
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<td></td>
<td>*Using Parent Cafés to Empower Families Living in Homeless Shelters with Young Children (CFP)</td>
<td>Houston Ballroom A, 3rd Floor</td>
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<td></td>
<td>*Listening: What Do You Hear? (CFP, CPS)</td>
<td>Houston Ballroom C, 3rd Floor</td>
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<td>Impact of Successful Police Department Engagement</td>
<td>San Antonio Ballroom A, 3rd Floor</td>
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<td></td>
<td>Analytical Approaches to Transform Collaborative Care Using CANS/ANSA</td>
<td>San Antonio Ballroom B, 3rd Floor</td>
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<td></td>
<td>First Episode Psychosis Panel</td>
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<td></td>
<td>*Conflict Resolution and Communication Skills for Leaders (CLE, CFP, CPS)</td>
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<tr>
<td></td>
<td>*Conflict Resolution and Communication Skills for Leaders (CLE, CFP, CPS)</td>
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<tr>
<td>12:30 – 4:30 PM</td>
<td><strong>Post-Conference Session</strong></td>
<td>Dallas Ballroom A2-3</td>
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<td>Peer and Family Partner Summit: Empowering the People We Serve</td>
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<td></td>
<td>RSVP required but anyone interested in attending will be allowed admittance on a space-available basis.</td>
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</tbody>
</table>

All sessions are open to all participants.

Shaded breakout session may be of particular interest to Executives and Trustees.

*For information on continuing education credits, please refer to page 6.*
OPENING SESSION
WELCOME: DALLAS COUNTY JUDGE CLAY JENKINS

Dallas County Judge Clay Jenkins is a public official who fights for stronger communities and whose acumen and unparalleled compassion have revitalized the office of Dallas County Judge. Since taking office in 2011, Judge Jenkins has become a voice for a stronger and more welcoming North Texas. Through his steady leadership, Dallas County continues to guide national conversation toward moral and compassionate responses to difficult challenges.

Judge Jenkins fought for expanded health coverage in Dallas County and throughout Texas, and has worked with community organizations, hospitals, physicians, business groups, and faith leaders to improve health care and reduce the burden on taxpayers and others who bear the cost for uncompensated care.

Judge Jenkins is also Director of Homeland Security and Emergency Management and in 2014, directed Dallas County’s response to the Ebola virus which stopped America’s first Ebola outbreak, establishing the national standard for subsequent and future responses.

- Gladdie Fowler, Chair, Board of Directors, Texas Council of Community Centers
- Danette Castle, Chief Executive Officer, Texas Council of Community Centers
- Dr. John Burruss, MD, Chief Executive Officer, Metrocare Services

SPECIAL VIDEO FEATURE: HURRICANE HARVEY AND TEXAS COMMUNITIES

In recognition of the disastrous consequences of Hurricane Harvey and the difficult journey Texas Gulf Coast Communities are traversing to rebuild, a special video feature will be presented.

JASON KOTECKI

Jason Kotecki is an artist who speaks. Really, really well! He is an expert at helping people “Escape Adulthood,” in order to restore balance, beat burnout, and become more innovative by breaking rules that don’t exist. His mission is to fight Adultitis, sharing strategies from childhood to create lives with less stress and more success. Jason is passionate about sharing his message that there is more to life than the hectic busyness, cynical lethargy and overwhelming stress that is typical of most modern lives. Jason’s inspiring, entertaining and heart-warming programs are visual masterpieces jam-packed with relevant, practical information coated in fun.
THURSDAY, June 21, 2018

8:30 - 10 AM
DALLAS BALLROOM BC

WELCOME: TERRY JAMES

Terry James is a Dallas native admitted to practice law in the State of Texas in 2009. After receiving a Bachelor of Science in Political Science from Texas Christian University in 2003, he earned a Masters degree in Public Administration from the University of Texas at Arlington in 2006, and his Juris Doctorate from the University of Missouri School of Law in 2009.

Terry is admitted to practice law in the State of Texas and the United States District Court for the Northern District of Texas. He is a member of the J. L. Turner Legal Association, Dallas Association of Young Lawyers (“DAYL”), and the Dallas Bar Association. Terry practices in the areas of probate, business transactions, and general civil litigation.

Currently, Terry serves as Board Chair of Metrocare Services and is a facilitator for the DAYL Leadership Class Program. Mr. James was a member of the DAYL’s 2012 Leadership Class and served on the 2015 steering committee for the Texas Minority Counsel Program. Additionally, he is involved with the Athletics Ministry at his church, the Texas Christian University Alumni Association and Black Alumni Alliance, and the Dallas Volunteer Attorney Program.

- Danette Castle, Chief Executive Officer, Texas Council of Community Centers
- Gladdie Fowler, Chair, Board of Directors, Texas Council of Community Centers

FRANK M. ADAMS AWARD CEREMONY

This award honors individuals and organizations who best exemplify the late Frank M. Adams’ spirit of caring through volunteerism on behalf of persons with serious mental illness, substance use disorders and intellectual disabilities.

- Margaret Jones, Board of Directors, Texas Council of Community Centers
- Cary Houston, Board of Directors, Texas Council of Community Centers
THURSDAY, June 21, 2018 - continued

8:30 - 10 AM  DALLAS BALLROOM BC

MICHAEL HINGSON
On September 11, 2001, a blind man escaped the World Trade Center by walking down 78 flights of stairs with his guide dog. Within days, America fell in love with Michael Hingson, Roselle, and the special bond that helped them survive one of our country’s darkest days. Previously a career sales professional and manager, Hingson began receiving requests to speak about his experience on 9/11, and to discuss his thoughts on life and dealing with change. He is now an internationally acclaimed public speaker who teaches his listeners new ways of looking at life and their world.

STATE AND NATIONAL PERSPECTIVES PANEL
10:30 AM - NOON  DALLAS BALLROOM BC

State and national leaders will share their perspectives on opportunities and challenges in the changing healthcare environment and the health and human service system in Texas.

- Danette Castle, Chief Executive Officer, Texas Council of Community Centers
- Chuck Ingoglia, Senior VP, Public Policy and Practice Improvement, National Council for Behavioral Health
- Sonja Gaines, Associate Commissioner, Behavioral Health and IDD Services, HHSC

Danette Castle  Chuck Ingoglia  Sonja Gaines
All meeting rooms are located on the 1st floor, except where noted

WEDNESDAY, June 20, 2018
EXECUTIVE DIRECTORS AND TRUSTEES RECEPTION (Invitation Only)

6 - 7:30 PM 
CHAPARRAL ROOM, 38TH FLOOR

EXECUTIVE DIRECTORS DINNER (Invitation Only)

7:30 - 9 PM 
MAJESTIC ROOM 6 & 7, 37TH FLOOR

THURSDAY, June 21, 2018
POSTER SESSIONS

7:30 AM - 3:30 PM 
GRAND HALL

Swing by to browse posters or strike up a conversation with a colleague in this casual educational setting. Presenters will come and go but the posters will be available all day!

Full descriptions of poster sessions are available on Page 15.

CENTER RECEPTION

6 - 7:30 PM 
DALLAS BALLROOM BC

The Center Reception is casual dress and attendance – come and go as you please. Drop in for some snacks, refreshments and fun!

FRIDAY, June 22, 2018
POST-CONFERENCE
PEER AND FAMILY PARTNER SUMMIT: EMPOWERING THE PEOPLE WE SERVE

12:30 - 4:30 PM 
DALLAS BALLROOM A2-3

Empowering people is a skill that can be hard to master. There are many aspects to empowerment, including the language used, the environment where services are provided, and even how service providers present themselves. This summit will explore the realm of Peers and Family Partners and the tools they can use to empower people to lead lives they love.

- Anna Gray, MEd, Consultant/Advocate, PRO International
- Shea Meadows, Family Partner, The Harris Center for Mental Health and IDD
- Tony Cruz, MEd, LPC, Peer Supervisor, Center for Life Resources
- Rhonda Saenz, CPS, Team Lead Peer Specialist, Helen Farabee Center
- Melissa Knott, MS, CFP, Family Partner, PermiaCare
- Janet Paleo, Director of Recovery Based Services, Texas Council of Community Centers
Increasing numbers of health care professionals with no prior military service history or experience working with military Service Members, Veterans, or their Families (SMVF) are being called upon to deliver patient care to these rapidly growing populations. This 8-hour training (condensed to 7 hours for this conference) will seek to describe an overview of the indoctrination process of military culture, impacts on the family dynamic, information about various groups of veterans, specific information about the population in Texas, the impacts of military-related traumas, and information about best practices for working with said population. Special attention will be given to Post Traumatic Stress Disorder, Traumatic Brain Injury, Military Sexual Trauma, and Moral Injury. This session includes a local panel of SMVF discussing resources, needs, and overall concerns in their area of the state, and provide an overview of some resources providers can access.

- Tim Keesling, Military Veteran Peer Network Director, Texas Veterans Commission
- Aubrie Wade, Provider Coordinator, Texas Veterans Commission

In this session, Tramaine El-Amin of the National Council for Behavioral Health will discuss what is on the horizon for MHFA nationally. Speakers from HHSC will also be on hand to discuss MHFA in Texas and MHFA quarterly surveys. Texas Council and Community Center presenters will cover additional topics, including outreach and establishing MHFA in rural and frontier areas.

- Tramaine El-Amin, MA, Assistant Vice President of MHFA USA, National Council for Behavioral Health
- Trina K. Ita, MA, Deputy Associate Commissioner, Behavioral Health Services, HHSC
- Carrie Hoffman, Behavioral Health Systems Training Coordinator, HHSC
- Donn Edgington, Community Educator, Hill Country MHDD Centers
- Amy Anderson, Community Educator, Hill Country MHDD Centers

The aggregated result of the Integrated Certification Criteria Feasibility and Readiness Tool (I-CCFRT) will be reviewed and session participants will engage in a focused discussion to identify gaps and set priorities based on Center needs. This discussion will inform Incubator Strategies for moving our system toward the CCBHC model of care.

- Danette Castle, Chief Executive Officer, Texas Council of Community Centers
- Jolene Rasmussen, MS, Director of Adult Behavioral Health, Texas Council of Community Centers

* For information on CEUs, please refer to page 6
All meeting rooms are located on the 1st floor, except where noted

THURSDAY, June 21, 2018

7:30 AM - 3:30 PM GRAND HALL

The Integration of Primary Care and Behavioral Health Services in a Behavioral Health Setting: A PBHCI Model in South Texas

The Center for Health Care Services, the Local Mental Health Authority for Bexar County and San Antonio, established a medical home model in an existing behavioral health clinic. The bidirectional integration model developed emphasizes patient-centered care with high complexity, addressing layered, interactive physical and psychiatric co-morbidities, including substance use disorders. This complexity often requires unique customization and interdisciplinary medical treatment plans, multi-use psychological interventions, and a team-based approach to tackling psychosocial and environmental barriers. It is unique in its staffing model, roles of each team member, and the array and workflow of service infrastructure (e.g., peer programming, high-acuity programs, outpatient services, high-volume utilization programs) in which the integrated clinic is embedded.

- Dr. Clarissa Aguilar, PhD, Licensed Psychologist and Behavioral Health Consultant, Center for Health Care Services
- Dr. Kevin Milligan, PhD, LPC, NCC, Integrated Care Coordinator, Center for Health Care Services
- Maria Loera-Quintanilla, MS, PA-C, PCP/Physician Assistant, Center for Health Care Services
- Dr. Ruth Morgan, MD, MS, FAAFP, Medical Director of Primary Care, Center for Health Care Services

A Blue Ribbon Isn’t the Real Prize

Parents as Teachers (PAT) is a Community Healthcare home visiting program that was selected by the National Parents as Teachers office to go through a quality endorsement and improvement process during the 2016-2017 program year. In October 2017, the program achieved quality endorsement with the National Parents as Teachers office and earn Blue Ribbon status, a symbol of the highest quality PAT program. Learn about the background and building of a successful PAT program, the challenges of this year-long process, and how it benefited team building and program growth.

- Shawn Longoria, Parents as Teachers Coordinator, Community Healthcare

Associations of Alcohol Use Disorder, Alcohol Use, Housing, and Service Use in a Homeless Sample of 400 Individuals Followed over 2 Years

Homeless individuals with alcohol use disorders have multiple comorbidities and therefore various service needs. Despite need for services, homeless individuals face numerous barriers to treatment. Little is known about the associations of specific services in relation to homelessness in the context of alcohol problems. The current study analyzed 2-year prospective longitudinal data on a homeless sample, examining relationships between alcohol use disorder, alcohol use, housing status, and service use over time.

- Dr. Emine Rabia Ayvaci, Research Track Resident at UTSW, UT Southwestern Psychiatry Department
- Dr. Carol North, MD, Medical Director, Metrocare Services

Associations of Cocaine Use Disorder, Cocaine Use, Housing, and Service Use in a Homeless Sample of 400 Individuals Followed over 2 Years

Little is known about outcomes of drug abuse related to attainment of stable housing. This study examined outcomes of cocaine use and service provision in an urban homeless sample.

- Dr. Emine Rabia Ayvaci, Research Track Resident at UTSW, UT Southwestern Psychiatry Department
- Dr. Carol North, MD, Medical Director, Metrocare Services

A Focus Group Study of Suicide Risk Assessment and Management by Psychiatry Emergency Service Providers

This study explored how suicide risk is identified and how patients with different levels of suicide risk flow through the Psychiatry Emergency Service (PES) system to their ultimate disposition in clinical practice, through focus groups conducted with PES personnel in a large public teaching hospital.

- Dr. Kimberly Roaten, Associate Professor, Clinical Psychologist, UT Southwestern Psychiatry Department
- Dr. Carol North, MD, Medical Director, Metrocare Services

Comparing Emergency Medicine and Psychiatric Providers’ and Social Workers’ Experience with Suicide Risk Assessment: A Focus Group Study

There is a pressing need to address suicide in emergency department (ED) settings. Nearly 40% of patients who die from suicide receive ED services in year before death. About 12% of patients presenting to EDs for non-mental health reasons acknowledge occult or silent suicidal ideation, and about 40% of psychiatric emergency services (PES) are for presenting complaints of suicidality. Empirical suicide risk assessment data in ED settings are lacking, as systematic ED research is difficult. This qualitative focus group study examined ED providers’ experiences with suicide risk assessment.

- Dr. Kimberly Roaten, Associate Professor, Clinical Psychologist, UT Southwestern Psychiatry Department
- Dr. Carol North, MD, Medical Director, Metrocare Services
WEDNESDAY, June 20, 2018
3:30 - 5 PM

1. *ADDICTION 101: THE BIG BRAIN THEORY AND CO-OCCURRING DISORDERS (CME, CNE, LCDC)
   DALLAS BALLROOM D1
   This workshop will focus on the tenets of treating addiction using a chronic health model, similar to those used for other chronic illnesses such as diabetes and heart disease. The presenter will walk through the fundamentals of explaining addiction as a brain disease, the symptomology of various drugs of addiction, and the most successful treatment modalities. Modalities will include addressing co-occurring mental health issues and providing trauma-informed care.
   • Deirdre Browne, LCDC, Senior Director of Substance Use Disorder and Housing Services, MHMR Tarrant
   Learning Objectives
   1. Explain how drugs and alcohol change brain chemistry and remove the ability to make choices regarding their use.
   2. Apply new behavior modalities to measure recovery goals.
   3. Explain evidence-based treatment approaches that will broaden the chances for successful outcomes in community-based treatment.

2. DSRIP STRATEGY FORUM: SUCCESS IN DY7-8
   DALLAS BALLROOM A2-3
   Join a discussion of DSRIP updates and Center strategies for improving Category C outcomes as we continue moving forward in DSRIP DY7-8, facilitated by Texas Council. Presenters will give an overview and updates, and discuss Center examples for improving Category C measures, such as baseline analyses, targeted interventions, and overall improvement strategies.
   • Jolene Rasmussen, MS, Director of Adult Behavioral Health, Texas Council of Community Centers
   • Lorraine Aguirre, MDiv, Analytics Manager, Integral Care
   • Mary Duffy, LCSW-S, Director of Utilization Management, Bluebonnet Trails Community Services
   • Grace White, MSN, RN, APHN-BC, Director of Nursing, MHMR Tarrant
   • Terry Reeder, MA, LPC, Informatics Administrator, Burke

3. *HAPPY MOM, HAPPY FAMILY (CME, CNE, PD)
   DALLAS BALLROOM D2
   The days and weeks following the birth of a child inspire a range of emotions for families, especially mothers. In order to support mothers of newborns, it is crucial to be aware of and understand what a mother experiences during the postpartum period. This session differentiates between baby blues and postpartum depression, and reviews how to support a mother’s mental health after the birth of a child.
   • Dr. Aliya Sheriff, PsyD, Licensed Psychologist, Centria Healthcare
   Learning Objectives
   1. Apply motivational interviewing techniques to help the mother with postpartum depression identify and mobilize her support system.

* For information on CEUs, please refer to page 6
4. HOW TO CONDUCT EFFECTIVE COMPLIANCE INVESTIGATIONS

DALLAS BALLROOM D3

The ways in which potential compliance matters and misconduct are investigated can affect a company’s reputation as much as the alleged compliance matters and misconduct themselves. Lacking timely, consistent, and thorough investigation processes, policies, and documentation can be costly and risky to Community Centers’ operations and business. This presentation will discuss types of effective compliance investigation processes and practices, the compliance investigation processes and practices most effective for community centers of various sizes, and recommendations for “must have” practices and procedural pitfalls to avoid when conducting compliance investigations.

- Ratana DeLuca, MJ, CHC, CCEP, Chief Compliance Officer, Metrocare Services
- Saroeun Svay, JD, Compliance Manager, Metrocare Services
- Rene Navarro, MPA, Chief Compliance Officer, Emergence Health Network
- Donna Moore, MA, QM Director, Burke
- Rik Lindahl, MBA, Director of Compliance, Planning and Quality Assurance, LifePath Systems

5. IDD AND BEHAVIORAL HEALTH: A LOCAL AND NATIONAL VIEW OF TRENDS AND OUTCOMES

HOUSTON BALLROOM A, 3RD FLOOR

Individuals with IDD and a co-occurring mental health diagnosis are a unique population that has historically been challenging to treat. This presentation will inspect data from two Texas Local IDD Authorities (MHMR Tarrant and Lakes Regional MHMR) and contrast it with national data trends. Presenters will examine outcomes from programs developed at their respective Centers to treat this population and discuss lessons learned.

- Luke Reynard, MBA, Chief of Disability Services, MHMR Tarrant
- Clara Daniel, MA, Director of IDD Authority Services, Lakes Regional MHMR

6. MILITARY INFORMED CARE TRAINING, PART 2 (3:30 – 6:30 P.M.)

HOUSTON BALLROOM B, 3RD FLOOR

Increasing numbers of health care professionals who have no prior military service history or experience in working with military service members, veterans, or their families (SMVF) are being called upon to deliver patient care to these rapidly growing populations. This 8-hour training (condensed to 7 hours for this conference) will describe the indoctrination process of military culture, impacts on the family dynamic, various groups of veterans, specific attributes of the population in Texas, the impacts of military-related traumas, and best practices for working with this population. Special attention will be given to Post Traumatic Stress Disorder, Traumatic Brain Injury, Military Sexual Trauma, and Moral Injury. A local panel of SMVFs will discuss resources, needs, and overall concerns in their areas of the state, and provide an overview of resources providers can access.

- Tim Keesling, Military Veteran Peer Network Director, Texas Veterans Commission
- Aubrie Wade, LMFT, Provider Coordinator, Texas Veterans Commission
WEDNESDAY, June 20, 2018
3:30 - 5 PM

7. *SOMATIZATION DISORDER AND SOMATOFORM SYMPTOMS IN SYSTEMATICALLY STUDIED SURVIVORS OF TEN DISASTERS (CME, CNE)

HOUSTON BALLROOM C, 3RD FLOOR

There is little agreement in existing literature about the association of somatization with exposure to disaster trauma. In order to learn more, structured diagnostic interviews were used to assess over 800 disaster survivors for pre- and post-disaster psychiatric disorders, somatization disorder, and individual somatoform (medically unexplained) symptoms. Presenters will discuss findings and insights learned regarding occurrence of somatization disorder and appropriate diagnostic procedures.

- Dr. Carol North, MD, MPE, DFAPA, Medical Director, The Altshuler Center for Education & Research, Metrocare Services
- Dr. Gus Zhang, MD, Assistant Professor of Psychiatry, Department of Psychiatry, UT Southwestern Medical Center

Learning Objectives
1. State the prevalence of somatization disorder and somatoform symptoms in relation to disaster trauma exposure and select the appropriate methods for measuring them.
2. Discuss the relationship of somatization disorder and somatoform symptoms to disaster trauma exposure.

8. UTILIZING PEERS FOR RECOVERY IN YOUR AREA

SAN ANTONIO BALLROOM B, 3RD FLOOR

Recovery happens through relationships and connections with others. Peers are able to connect with people in recovery more easily than most other staff members, because peers have the lived experience of recovery. Peers can offer services in a variety of ways, and with some investment, Centers can develop or incorporate consumer-operated service providers (COSPs) and recovery support groups in the community. In areas with limited resources, Peers are often experienced with utilizing whatever community resources are available and can help others do the same. Come learn why utilizing peer support has a great impact, is easy to implement, has a direct influence on people’s recovery and assists Centers in achieving better outcomes for the people they serve.

- Mary Tolle, MA, Certified Peer Specialist, The Center for Health Care Services

9. *TRUSTEE ROLES AND RESPONSIBILITIES (CLE/CLE ETHICS)

SAN ANTONIO BALLROOM A, 3RD FLOOR

* Of particular interest to Trustees and Chief Executive Officers/Executive Directors, Management and Communications Staff.

This session will generally discuss the legal role that Trustees play in the Texas Community Center system and the statutory responsibilities of Trustees as set out in Chapter 534 of the Texas Health and Safety Code. There will be time allotted to a question and answer session to cover practical issues of Board operations and Community Center governance.

- Carvan Adkins, JD, Legal Counsel, Texas Council of Community Centers

* For information on CEUs, please refer to page 6

Texas Council 33rd Annual Conference
Thursday, June 21, 2018
1:30 – 3 PM

1. **ADOLESCENT RELATIONSHIP VIOLENCE (CME, CNE, PD, CFP)**
   **DALLAS BALLROOM D1**

   Youth relationship violence is a serious issue that is often unaddressed due to hidden relationships and a lack of knowledge about how to have healthy relationships. Many adolescents are impacted by dating violence but have limited understanding of the resources that may be available. They often turn to adults in subtle ways about the difficulties and challenges they face. This session covers how to identify signs of adolescent relationship violence and ways in which providers can support teens.
   
   • Dr. Aliya Sheriff, PsyD, Licensed Psychologist, Centria Healthcare

   **Learning Objectives**
   1. Identify motivational techniques used in screening for adolescent relationship violence.
   2. Identify the appropriate resources for youth involved in relationship violence based on the severity of abuse.

2. **TOPIC: CRISIS SERVICES**
   **(2 PRESENTATIONS, 45 MINUTES EACH)**
   **DALLAS BALLROOM D2**

   **LA ESPERANZA RESPITE CENTER: A MODEL OF EFFECTIVE INTEGRATED RESPITE AND CRISIS SERVICES**

   La Esperanza (“The Hope”), a ten-bed respite center, opened in September 2017 as an innovative method of using a single location to serve individuals who have behavioral health conditions, as well as individuals with a primary or sole diagnosis of intellectual disability or autism. Staff members of La Esperanza will share their story of how the respite home developed from a vision to a successful operation, evidence of how individuals have benefited from their stays at the home, and staff teamwork strategies that have helped the integrated respite setting succeed and improved working relations between Behavioral Health and Developmental Disability Services.
   
   • Carl Crowther, MS, LPC, Clinical Supervisor of DD Crisis Services, Bluebonnet Trails Community Center

   **IS YOUR FUNCTIONAL ANALYSIS DYS-FUNCTIONAL?**

   Serving individuals with developmental disabilities can be very challenging. Direct service staff need high-quality training to implement behavior support plans and address aggression and self-injurious behaviors. Applied Behavior Analysis provides a method to determine the contingencies that can maintain disruptive client behavior. Audience members will learn about reasonable steps they can take and how to seek out clinicians with expertise in functional analysis of behavior and staff training methods. Board Certified Behavior Analysts are more available than ever and the field is growing.
   
   • Brian Findlay, BCBA, Metrocare Services

* For information on CEUs, please refer to page 6
Implementing effective cybersecurity is truly a balancing act. It takes staff training, installation of the right technology, continuous education regarding emerging risks and threats, and judicious planning of the IT budget, among other challenges. A panel of experts will discuss the critical information Centers need to continuously improve their cybersecurity posture and defend against cyber-threats.

- Juan R. Gonzalez, MBA, Chief Information Officer, Emergence Health Network
- Mike Taylor, MS, Associate ED of Programs, Pecan Valley Centers
- Osbaldo Salinas, MIS Director, Tropical Texas Behavioral Health
- Glenn Pitchford, Director of Information Systems, PermiaCare
- Tremaine Butler, MBA, Chief Information Officer, The Center for Health Care Services

Promising outcomes from early psychosis intervention programs have prompted initiatives to implement such programs more widely in the U.S. through federal and state funding, using evidence-based interventions modeled on Recovery After an Initial Schizophrenia Episode (RA1SE) programming. The Early Psychosis Enhanced Program (ePEP) model in north Texas is among the first of these initiatives to report on its development and implementation, which allows it to provide experience and results to assist in the implementation of other such programs. The ePEP program introduced innovative components recognized as important to early psychosis programming. Learn how this program succeeded, in spite of many implementation challenges, and what it suggests about the potential for future research in this area.

- Dr. Carol North, MD, MPE, DFAPA, Medical Director, The Altshuler Center for Education & Research, Metrocare Services

Learning Objectives
1. Identify areas of clinical benefit anticipated from the development and implementation of a public early intervention program for psychosis.

This presentation will clarify the current role of peer support in relation to adult mental health and substance use disorders, and examine the future of peer support and the ways in which it will be expanded and strengthened through the implementation of HB 1486 (85th Legislature).

- Wendy Latham, BSW, Training Specialist V, Peer Subject Matter Expert, Adult Mental Health, HHSC
- Laura Munch, LCDC-ACP, SAP, Team Lead for Recovery Support Services, HHSC

* For information on CEUs, please refer to page 6
6. PRIMING THE NEXT GENERATION: A FORMAL LEADERSHIP CURRICULUM

HOUSTON BALLROOM C, 3RD FLOOR

Our brightest future often arises from within as the next generation of agency leaders progresses through the management ranks. However, while individuals may demonstrate exceptional skill within their personal areas of endeavor, modern Community Centers are conglomerates of varied and disparate programs, and it can be difficult to develop working knowledge of the breadth of a Center’s activities. In addition, leadership skills such as personnel management, accounting, marketing and legislative interaction may be totally unfamiliar. Metrocare Services implemented a Leadership Institute four years ago that aspires to equip up-and-coming agency leaders with additional tools to enhance growth potential for the staff and the Center. Learn more about the Metrocare Leadership Institute curriculum and how to build a leadership training program for your Center. Graduates of the Metrocare Leadership Institute will also share their personal experiences and how they have applied their training to successfully lead their programs.

- Dr. John Burruss, MD, CEO, Metrocare Services
- Jon Stigliano, President, Strategic Solutions Group
- Dave Hennessy, Vice President for Information Technology, Metrocare Services
- Dr. Amanda Smith, PsyD, Chief Psychologist, Metrocare Services
- Selena Milles, MA, LPA, EIS-FQ, ECI Program Director, Metrocare Services

7. *OPIOIDS: HOW DID WE GET HERE AND WHAT DO WE DO NOW? (CME, CNE, LCDC)

SAN ANTONIO BALLROOM A, 3RD FLOOR

This presentation will discuss the history of opiates in the United States and how opioid prescription prevalence occurred. Discussion will include national statistics on increases in substance use over the years, best practice approaches for moving forward, and current HHSC and SAMHSA funding opportunities for treatment.

- Deirdre Browne, LCDC, Senior Director of Substance Use Disorder and Housing Services, MHMR Tarrant

Learning Objectives
1. Explain changes in MHMR Tarrant opioid treatment protocol that have recently been implemented to improve client outcomes.
2. Apply best practice treatment approaches for people with substance use disorders in Community Center settings in consideration of opportunities presented by Texas Health and Human Services Commission (HHSC) Texas Targeted Opioid Response (TTOR) funding.

* For information on CEUs, please refer to page 6
THURSDAY, June 21, 2018
1:30 – 3 PM

8. *INSIGHT INTO THE TEXAS POLITICAL LANDSCAPE (CLE, CFP, CPS)
   DALLAS BALLROOM A2-3

Of particular interest to Trustees and Chief Executive Officers/Executive Directors, Management and Communications Staff.

Leaders of the most notable publications in Texas, The Quorum Report and the Texas Tribune, will share their views on the current and future political landscape in our state. Moderated by Lee Johnson, Deputy Director for the Texas Council, this session will feature Harvey Kronberg of the Quorum Report, Ross Ramsey of the Texas Tribune, and Hon. Carl Isett, former State Representative, District 84. If you want to know what’s really happening and what’s ahead in Texas politics, don’t miss the chance to hear and interact with these experts!

- Harvey Kronberg, Publisher, The Quorum Report
- Ross Ramsey, Executive Editor and Co-Founder, Texas Tribune
- Carl Isett, Former State Representative, District 84
- Moderator: Lee Johnson, Deputy Director, Texas Council of Community Centers

3:30 – 5 PM

1. CROSS-FUNCTIONAL COLLABORATION IS INTEGRAL TO SUCCESSFUL CHANGE MANAGEMENT
   DALLAS BALLROOM D1

Healthcare is evolving to focus on integrating behavioral and physical health and improving access to high-quality care. Major quality and value-based initiatives include the 1115 Waiver projects, the Certified Community Behavioral Health Clinics pilots, and behavioral health home agreements, which all have overlapping quality outcome measures and potential for future funding opportunities. Facing new outcome measures to define and implement quickly, Integral Care brought together project management, operations, and data analytics staff. This cross-functional team successfully collaborated to define measures and data collection, review processes and training, identify areas of improvement, and build meaningful reports that display trends and progress, all towards ensuring high-quality care. From the experience presented by the Integral Care team, participants will learn best practices for initiating cross-functional collaboration to drive major change management projects in their organizations.

- Kimberly Macakiage, MPP, PMP, Director of Integrated Health Homes, Integral Care
- Brooke Martin, MSW, LMSW-AP, Director of Operations, Integral Care
- Kristin Christensen, MSW, Director of Data Analytics, Integral Care
- Teresa Williams, MA, LPC, Practice Administrator for Prevention Services, Integral Care

* For information on CEUs, please refer to page 6
2. *EDUCATION AND RESEARCH DEMYSTIFIED FOR COMMUNITY CENTERS (CME)  

DALLAS BALLROOM D2

There is a commonly held belief that education and research in Community Centers is burdensome, complicated and expensive. The presenters will offer solutions for any Center to become engaged with teaching and research, no matter its size, location or budget. Testimonials from clinical and research trainees who have participated in the program will be included.

- Dr. John Burruss, MD, CEO, Metrocare Services
- Dr. Carol North, MD, MPE, DFAPA, Medical Director, The Altshuler Center for Education & Research, Metrocare Services

Learning Objectives
1. Implement or expand educational efforts to develop workforce onsite within Community Mental Health Centers.

3. *MANAGED CARE PANEL: HOW WE GOT TO “YES” ON ALTERNATIVE PAYMENT MODELS (CLE)  

DALLAS BALLROOM D3

This session will provide an overview of state and federal requirements promoting alternative payment models (APMs) for managed care providers, including tips for identifying the “measures that matter” to MCOs. Following the presentation, a panel of Community Center representatives will describe their APM projects, how they prepared for AMP negotiations with MCOs, and “lessons learned” from these projects.

- Elizabeth LaMair, JD, Director of Healthcare Policy, Texas Council of Community Centers
- Ayanna Castro-Clark, MPH, Director of Contract Management, Western Behavioral Health Network
- Martin Cook, Director of Revenue Cycle Management, Integral Care
- Yulanda Haynes-Mims, MBA, Director of Health Plan Reimbursement, Bluebonnet Trails Community Services
- Stacey Durr, MEd, Director of Managed Care, MHMR Tarrant
- Elizabeth Reed, LMSW, Director of Managed Care, The Harris Center for Mental Health and IDD

4. *MEDICATION-ASSISTED TREATMENT FOR SUBSTANCE USE DISORDERS (CME, CNE, LCDC)  

HOUSTON BALLROOM A, 3RD FLOOR

The purpose of creating a Medication-Assisted Treatment (MAT) program is to expand treatment options for those affected by substance use disorders. An effective program is designed to address treatment in a way which honors a person-centered and trauma-informed approach. This presentation will review diagnostic criteria, treatment protocols and prescribing guidance for the treatment of nicotine, alcohol and opiate use disorders.

- Courtney Bearden, RN, PMHNP-BC, Director of Nursing and Quality Management, Bluebonnet Trails Community Services

Learning Objectives
1. Diagnose and initiate medical treatment for nicotine, alcohol and opiate use disorders.

* For information on CEUs, please refer to page 6
All meeting rooms are located on the 1st floor, except where noted

THURSDAY, June 21, 2018
3:30 – 5 PM

5. *NEGLECT, ABUSE AND EXPLOITATION OF INDIVIDUALS WITH IDD: IDENTIFICATION, ISSUES, AND MANDATED REPORTING (CME/CME ETHICS, CNE, PD/PD ETHICS)

HOUSTON BALLROOM B, 3RD FLOOR

Individuals with IDD are twice as likely to experience neglect, abuse, and exploitation as are people without IDD, and this maltreatment is likely to occur for longer spans of time. As human service professionals, we are mandated to report, but often lack specific and deliberate training on the identification of signs related to neglect and abuse. This training will detail information about these issues, mandated reporting guidelines, and training methods and materials.

• Taylor Cope, BCBA, Metrocare Services

Learning Objectives
1. Recognize three signs or symptoms that may indicate abuse, neglect, or exploitation of individuals with intellectual and developmental disabilities.
2. Implement strategies that prevent or reduce abuse and result in appropriate, best-practice mandatory reporting response.

6. *NO GREATER BURDEN/GIFT (CFP, CPS)

HOUSTON BALLROOM C, 3RD FLOOR

Maya Angelou once wrote, “There is no greater burden than an untold story.” At the Respect Institute, graduates are guided through the process of discovering their personal story of recovery in the company of colleagues who are also trying to make sense of their experiences. Following the healing experienced in crafting their stories, graduates carry a message of hope into their communities as they authentically speak their truth. Lived experience with trauma and subsequent mental health challenges creates a unique setting to gain wisdom and cultivate resilience, which requires recognition that experiences of adversity are also gifts that foster who we are. In a panel discussion, several Respect graduates from diverse cultures and points of recovery will share their stories and invite questions and comments.

• Jim Lemon, Program Coordinator, East Texas Behavioral Healthcare Network
• Tracey Moore, MEd, CPS, Program Director, Anchoring Hopes Wellness Recovery Institute
• Tina Simpson, CPS, Peer Support Specialist Supervisor, Spindletop Center
• Paula Cooper, CPS, Peer Support Specialist, Gulf Coast Center

* For information on CEUs, please refer to page 6

Texas Council 33rd Annual Conference
7. **TODDLERS AND AUTISM: SHIFTING THE PARADIGM IN EARLY CHILDHOOD INTERVENTION**

**SAN ANTONIO BALLROOM A, 3RD FLOOR**

Research in the last few years teaches us that babies and toddlers with autism often do not fit stereotypical ideas of autism. Presenters will review the current research in identification, brain function and development of autism in the very young child. This shift in paradigm drives the scope and sequence of autism interventions from general developmental services to an autism-specific intervention. The presentation will transition into a panel discussion on the state of the Early Childhood Intervention (ECI) system, the use of various interventions with the ECI population (including the Pathways Early Autism Parent Training and HOPES programs), strategies for community collaboration, and how to think outside the box in these tight funding years to provide needed services to children and families.

- Christie Shaw, MA, EIS, ECI Program Director, West Texas Centers
- Michelle Campbell, MS, CCC-SLP, BCBA, Speech Language Pathologist and BCBA, Pathways Early Autism Intervention
- Renee Hoffman, LPC, BCBA, Pathways Early Autism Intervention
- Meghan Glovier, MS, EIS, Clinical Director, MHMR Tarrant
- Laura Kender, MEd, Chief of ECS, MHMR Tarrant
- Lanette Trainham, MS, CCC-SLP, Speech Language Pathologist, West Texas Centers ECI

8. **TRAUMA-INFORMED CARE: WHY IT MATTERS, CHALLENGES OF CULTURE CHANGE, AND WHERE TO GO NEXT (CFP, CPS)**

**SAN ANTONIO BALLROOM B, 3RD FLOOR**

There is growing awareness of the impact of trauma on people, which Center personnel observe every day in the workplace. So, what is trauma and how does it impact human behavior? This session is an interactive exploration of the importance of trauma-informed care and the challenges of full implementation in Center work environments. Representatives from Helen Farabee Centers will discuss their journey implementing a trauma-informed care initiative, including what went well, struggles faced, lessons learned and where the plan to move forward leads. The need for self-care to prevent secondary trauma and burnout will be highlighted.

- Anna Gray, MEd, Consultant/Advocate, PRO International
- Cara Mullenix-Artigue, MA, LPC, Utilization Manager, Helen Farabee Center
- Rhonda Saenz, CPS, Team Lead Peer Specialist, Helen Farabee Center
ThursdAy, June 21, 2018
3:30 – 5 PM

9. State Budget Update

(Dallas Ballroom A2-3)

Of particular interest to Trustees and Chief Executive Officers/Executive Directors, Management and Communications Staff.

Presenters will discuss highlights from the 85th Legislative Session and give perspectives on the current and future outlook of the state budget.

- Eva DeLuna Castro, MPA, Invest in Texas Program Director, Center for Public Policy Priorities
- Danette Castle, Chief Executive Officer, Texas Council of Community Centers
- Lee Johnson, Deputy Director, Texas Council of Community Centers

Friday, June 22, 2018
8:30 – 10 AM

1. Building an Inclusive Community for IDD, One Relationship at a Time

(Dallas Ballroom D1)

Community Healthcare will share lessons learned through the Community Living Network (CLN) with great implications for providers and states implementing the new CMS Setting Rule. CLN ensures that individuals receiving Home and Community-Based Services (HCBS) and supports have full access to their communities, including engagement in community life. CLN uses the framework of Asset-Based Community Development to expand on existing local resources such as respite care and other inclusive community activities including Zumba, grief journaling, jewelry-making, nutrition classes and much more! CLN also recognizes the gifts and contributions that every citizen can make as we embrace a deeper understanding of "community." The Texas Council of Developmental Disabilities has funded this program for three years to East Texas ADRC under the leadership of Community Healthcare.

- Lee Brown, MS, Director of Contract Management, Community Healthcare
- Patti Brady, Outreach Coordinator, Community Healthcare
- Julie Myers, BSW, Program Manager, Community Healthcare
2. DECREASING OUT OF HOME PLACEMENTS AND REDUCING COSTS FOR INDIVIDUALS WITH IDD AND DANGEROUS BEHAVIOR

Residential placement for individuals with IDD and dangerous behaviors can often be avoided with brief, intensive intervention by professionals, accompanied by caregiver training. This presentation describes how funding was identified for a time- and labor-intensive intervention that targets specific behaviors that put someone at risk for being placed in a more restrictive environment and trains the people who care for them to provide more effective support. This is an intervention that can be replicated in many areas with little to no modification, and in areas without ready access to behavior analysis, modification may be used to gain similar outcomes.

- Matthew Seago, MS, BCBA, Lead Crisis Intervention Specialist, Lifepath Systems
- Amanda Coffey, MS, BCBA, Behavior Network

3. RISK STRATIFICATION: A NECESSARY TOOL FOR VALUE-BASED PAYMENTS

Join a discussion of risk stratification and its usefulness for utilization management and implementation of alternate payment models, facilitated by the Texas Council. Topics will include the value of risk stratification, available tools and materials for Centers, and Center examples of approaches to using risk stratification.

- Jolene Rasmussen, MS, Director of Adult Behavioral Health, Texas Council of Community Centers
- Tim Markello, Senior Software Developer, Gulf Coast Center
- Mary Duffy, LCSW-S, Director of Utilization Management, Bluebonnet Trails Community Services
- Grace White, MSN, RN, APHN-BC, Director of Nursing, MHMR Tarrant
- Chalee Rivers, RN, Assistant Director of Behavioral Health, MHMR Tarrant
- Laura Schwartzendruber, BSN, RN, Lead Registered Nurse of Behavioral Health, MHMR Tarrant

4. GULF BEND REGIONAL COLLABORATIVE GROUP: CRAFTING SUSTAINABLE COLLABORATIVES

The Gulf Bend Community Collaborative is an initiative undertaken to reduce the incidence of mental illness in rural Texas communities and provide hope for those on a path to a mental health crisis. Representatives of the Collaborative will discuss how a community collaborative is crafted for maximum results and sustainability. Then, using this model, they will show how the Region has developed a project to reduce the potential for incarceration of the mentally ill due to mental health crises and, if an individual is jailed, improve the chances of successful re-entry into the community while reducing the likelihood for recidivism.

- Jeffrey Tunnell, CPA, Executive Director, Gulf Bend Center
- Lane Johnson, MDiv, LPC, Chief of Clinical Services, Gulf Bend Center
FRIDAY, June 22, 2018
8:30 – 10 AM

5. MAXIMIZING OUTCOMES UTILIZING THE NEWEST RECOVERY TEAM MEMBERS (CFP, CPS)

HOUSTON BALLROOM B, 3RD FLOOR

Peers and family partners are working alongside LMHA traditional staff, but are Centers maximizing the benefits of their peer staff? In this presentation we will look at what peers and family partners do; how the roles differ; and how by bringing them together, you can maximize their effectiveness, especially around transition-age youth. This presentation will also include a forum on how to decrease burnout and increase job satisfaction while getting the outcomes you want.

- Janet Paleo, Director of Recovery Based Services, Texas Council of Community Centers
- Shea Meadows, Family Partner, The Harris Center
- Melissa Knott, MS, CFP, Family Partner, PermiaCare
- Tony Cruz, MEd, LPC, Peer Supervisor, Center for Life Resources
- Rhonda Saenz, CPS, Team Lead Peer Specialist, Helen Farabee Centers
- Randie Benno, CPS, Peer Support Specialist, Hill Country MHDD Centers

6. MENTAL HEALTH OUTPATIENT COURT COMMITMENT

HOUSTON BALLROOM C, 3RD FLOOR

Inpatient treatment often has a "revolving door" effect: a client recently discharged from a psychiatric hospital has a high probability of returning to the same level of care within 30 days. Outpatient commitment can be an effective way to reduce the number of hospitalizations, emergency department visits and arrests, as well as increase clients’ quality of life. Presenters will discuss how, by involving community partners, Tri-County Behavioral Healthcare has been able build a team with decision-making authority, desire, and compassion which has been instrumental in transforming the mental health needs of the community.

- Matthew LaVoie, MA, QMHP-CS, Psychiatric Emergency Treatment Center Utilization Reviewer, Tri-County Behavioral Healthcare
- Beth Dalman, MEd, QMHP-CS, Crisis Triage Specialist, Tri-County Behavioral Healthcare

7. *NAVIGATING ETHICAL CHALLENGES IN TODAY’S SERVICE SETTINGS (CLE/CLE ETHICS, CME/CME ETHICS, CNE, PD/PD ETHICS, CFP, CPS)

HOUSTON BALLROOM A, 3RD FLOOR

This session precedes “Applying Ethical Principles in Challenging Circumstances” (Friday 10:30 a.m.). Participants are welcome to attend either or both of the sessions.

Come collaborate with colleagues to identify and analyze key ethical challenges confronting service providers. Various legal requirements and professional codes will be reviewed, distinguishing them from moral and ethical principles. After considering key ethical constructs, the presenter will guide participants through applying key ethical constructs to self-identified challenges, focusing on learning how to think through ethical challenges that don’t have an easy answer. This session is designed to distribute participation and fully engage all participants, so come prepared to work!

- Dr. Lynda Frost, JD, PhD, Principal, Lynfro Consulting

Learning Objectives
1. Identify and analyze ethical challenges facing various mental health service providers.

* For information on CEUs, please refer to page 6
8. **RECOGNIZING AND SUPPORTING INDIVIDUALS IMPACTED BY DEMENTIA AND IDD (CME, CNE)**

**HOUSTON BALLROOM B, 3RD FLOOR**

The presentation will provide evidence of the signs and stages of dementia in individuals with an intellectual disability and its impact on functioning and behavior. The importance of health care advocacy related to diagnostic overshadowing and treatable conditions in IDD will be discussed. Presenters will provide strategies for effectively providing care and creating supportive environments for individuals with IDD and dementia.

- Maricela Ortega, BSN, RN, MHMR of Tarrant County
- Dr. Laura Golden, OTD, OTR, Occupational Therapist, MHMR Tarrant

**Learning Objectives**

1. Explain five effective strategies for supporting individuals with dementia and IDD.
2. List three key elements that contribute to a supportive environment for individuals with dementia.

9. **TEXAS COUNCIL LEGISLATIVE UPDATE (CLE)**

**DALLAS BALLROOM A2-3**

*Of particular interest to Trustees and Chief Executive Officers/Executive Directors, Management and Communications Staff.*

Presenters will discuss the 85th and upcoming 86th Legislative Sessions, including new and proposed laws that impact or have the potential to impact the Community Center system. Potential topics include funding for community mental health and IDD services, changes in the criminal justice system for offenders with mental illness, and changes in Medicaid and other health and human service programs.

- Danette Castle, Chief Executive Officer, Texas Council of Community Centers
- Lee Johnson, Deputy Director, Texas Council of Community Centers

*For information on CEUs, please refer to page 6*
FRIDAY, June 22, 2018
10:30 AM – NOON

1. *APPLYING ETHICAL PRINCIPLES IN CHALLENGING CIRCUMSTANCES (CLE/CLE ETHICS, CME/CME ETHICS, CNE, PD/PD ETHICS, CFP, CPS)

DALLAS BALLROOM D1

This session builds on “Navigating Ethical Challenges in Today’s Service Settings” (Friday, 8:30 a.m.) but is distinct. Participants are welcome to attend either or both of the sessions.

It is one thing to analyze hypotheticals, but another to act according to legal and ethical requirements. This session will engage participants in building skills to identify and apply relevant laws and ethical principles in difficult situations. Participants will practice analyzing and implementing principles in simulated examples of common but complicated challenges. Resources available to service providers confronting challenging ethical situations will be explored.

- Dr. Lynda Frost, JD, PhD, Principal, Lynfro Consulting

Learning Objectives
1. Articulate and practice applying ethical codes in challenging circumstances.

2. COFFEE, TEA AND BOOKS

DALLAS BALLROOM D2

Learn how individuals with IDD can explore new worlds, new horizons, and new adventures through books. Presenters will discuss how weekly book clubs can offer individuals unlimited opportunities to learn more about their communities, their cities, and their worlds through reading.

- Tanya Wallace, IDD Program Supervisor, Community Healthcare
- Sandra Taylor, IDD Program Director, Community Healthcare
- Sherry Edwards, IDD Program Supervisor, Community Healthcare

3. *TOPIC: PEER SERVICES (CFP, CPS)
(2 PRESENTATIONS, 45 MINUTES EACH)

DALLAS BALLROOM D3

EFFECTIVE INCORPORATION OF PEERS INTO INTEGRATED BEHAVIORAL HEALTH SERVICES

Effectively integrated behavioral health services must treat the person as a whole, and peers provide an invaluable component of a person’s recovery. To maximize effective use of peers, MHMR Tarrant utilized program research and peer input to determine optimum placement of peers in service positions and clinic locations. This presentation will walk through how to create an effective Behavioral Health Peer Program, harness the strengths of peer services in an integrated health care program, and establish a Peer Services Workgroup to provide oversight and continuous quality improvement.

- William Ostarch, MA, LPC, Director of Program Development, MHMR Tarrant

PEER SUPPORTERS: WALKING THE TIGHTROPE BETWEEN FORMING RELATIONSHIPS AND PRACTICING HEALTHY BOUNDARIES

Peer specialists play a critical role in supporting an individual’s path to recovery. However, this can be challenging with unclear boundaries around peer support roles and relationships. Maintaining appropriate, healthy boundaries and practicing within ethical guidelines is particularly challenging for peers working in peer-run programs and organizations. This presentation will explore the hard lessons learned by peers working at PEERS for Hope House, a crisis peer respite facility in Houston, Texas.

- Stephanie Jack, CPS, Respite Team Lead, Peer Bridger, PEERS for Hope House, The Harris Center for Mental Health and IDD
- Letrice Dennis, CPS, Peer Bridger, PEERS for Hope House, The Harris Center for Mental Health and IDD

* For information on CEUs, please refer to page 6
4. *USING PARENT CAFÉS TO EMPOWER FAMILIES LIVING IN HOMELESS SHELTERS WITH YOUNG CHILDREN (CFP)

HOUSTON BALLROOM A, 3RD FLOOR

The most effective way to strengthen families and communities is from the inside out. The 5 research-based Strengthening Families Protective Factors act as buffers against the elements that place children and families at risk. Parent Cafés introduce, promote, and build the Protective Factors through a non-traditional peer-to-peer learning process and deep self-reflection. The interaction of learning and sharing knowledge among parents attending Parent Cafés can also strengthen some of the most vulnerable families and young children experiencing homelessness. Attendees will experience an actual Parent Café through an interactive demonstration. Then, a panel of providers will discuss the various ways that Parent Cafés have been used to strengthen families in the community, including among homeless populations, in elementary school settings, and at child care centers.

- Meghan Glovier, MS, EIS, Clinical Director for Early Childhood Services (ECS), MHMR Tarrant
- Sarah Branch, MMFT, LMFT, Clinical Lead for HOPES Program, MHMR Tarrant - ECS
- Alex Canales, MSW, Social Worker
- Chantal Brandon, MS, Family Advocate, Center for Transforming Lives
- Emily Calk, MEd, Clinical Lead for HOPES Program, MHMR Tarrant - ECS
- Laura Kender, MEd, Chief of ECS, MHMR Tarrant
- Debra Lindsey, MEC, Senior Director - Public Awareness and Special Projects, MHMR Tarrant

5. *LISTENING: WHAT DO YOU HEAR? (CFP, CPS)

HOUSTON BALLROOM B, 3RD FLOOR

A basic human need is to understand and be understood. Think of those special moments when you could feel that the other person was listening and paying attention to what you were saying. What did you feel at that moment? Being a good listener makes people feel good. We are distracted constantly, which means we are often not connected or closely tied to what is right in front of us. Listening is something you have to practice, which will happen through role playing and group interaction.

- Carolyn Sims, President, Colleyville Chamber of Commerce

6. IMPACT OF SUCCESSFUL POLICE DEPARTMENT ENGAGEMENT

HOUSTON BALLROOM C, 3RD FLOOR

Local police departments are increasingly recognizing the need for training on how to safely and appropriately respond to crisis situations involving individuals with IDD. This presentation will explore how two community organizations each addressed this need from the perspectives of law enforcement agencies, community members and the LI/DDA. The first portion of this presentation will focus on the curriculum developed by the Alamo Area Council of Governments (AACOG) for law enforcement in Bexar County, which is first of its kind to utilize classroom instruction and, most importantly, include interaction with community members who have IDD. Representatives of MHMR Tarrant will then discuss educational outreach, curriculum development, and success stories in Tarrant County.

- Virginia Charles, LPC-S, Alamo Area Council of Governments
- Lt. Jose Robledo, Instructor, Alamo Area Regional Law Enforcement Academy
- Hannah Bednar, LMSW, MHMR Tarrant
- Kelly Land, START Program Team Lead Mentor, MHMR Tarrant

* For information on CEUs, please refer to page 6
All meeting rooms are located on the 1st floor, except where noted

FRIDAY, June 22, 2018
10:30 AM – NOON

7. ANALYTICAL APPROACHES TO TRANSFORM COLLABORATIVE CARE USING CANS/ANSA

SAN ANTONIO BALLROOM A, 3RD FLOOR

Transformational Collaborative Outcomes Management (TCOM) is the process of developing a shared vision, including shared understanding of issues and shared goals for a set of actions. In support of TCOM, the CANS/ANSA assessments are often used as a practical decision support tool for individual service planning, but they can also be used to predict service intensity need; recommend level of care; evaluate individual progress; identify clinician strengths and needs; and prioritize service delivery for the populations served. This presentation will review examples and methods of applying the CANS/ANSA assessment data to improve service planning and service quality at the individual, staff, and agency levels.

- Kate Cordell, MPH, PhD, Policy Fellow, Chapin Hall
- Mark Catalano, LCSW-S, Team Lead – YES Waiver, HHSC

8. FIRST EPISODE PSYCHOSIS PANEL

SAN ANTONIO BALLROOM B, 3RD FLOOR

Research has shown that the sooner a person receives treatment after an initial episode of psychosis, the better their outcome is likely to be. A team approach called Coordinated Specialty Care has demonstrated success, and Texas currently has 10 sites offering this evidence-based model of care. This panel and discussion session will include representatives from Bluebonnet Trails Community Services and The Harris Center for Mental Health and IDD, offering program perspectives from a rural/suburban area as well as one of the most densely populated counties in the state.

- Leela Rice, JD, Director of Children’s Mental Health Services, Texas Council of Community Centers
- Anna Marshall, LMSW, LPHA Intern and Outreach Coordinator for Early Onset, The Harris Center for Mental Health and IDD
- April Macakanja, MS, LPC-S, Early Onset Clinical Team Leader, The Harris Center for Mental Health and IDD
- Steven Dorsey, MS, LPC, LPHA, Team Lead for ClearPath Early Onset Psychosis, Bluebonnet Trails Community Services

9. *CONFLICT RESOLUTION AND COMMUNICATION SKILLS FOR LEADERS (CLE, CFP, CPS)

DALLAS BALLROOM A2-3

Conflict is inevitable, but it does not have to be destructive. How we communicate about conflict – or don’t communicate about it – can make a big difference to the health of an organization. Left unaddressed, conflict can seriously harm an organization. When managed well, however, conflict, can lead to a healthy form of problem-solving and benefit organizations by resolving the underlying issues that led to conflict, assisting in retention of experienced staff and building valuable collaborations. This session will afford participants the opportunity to learn more about and practice, via interactive exercises, communication skills necessary to successfully manage conflict and allow organizations to better fulfill their missions.

- Erin Lawler, JD, MS, Director of IDD Services, Texas Council of Community Centers

* For information on CEUs, please refer to page 6
The Frank M. Adams Outstanding Volunteer Service Award was established in 1990 in honor of the late Frank M. Adams, a founding member of the Texas Council of Community Centers.

The Adams Award is presented in three categories: Individual, Community Group and Media. The award recognizes a level of volunteerism that is representative of long-term commitment and is exceptional and far-reaching in scope, diversified in effort, and over and above that which is recognized at the local level.

Nominees

INDIVIDUAL
Jacob Cintron
Commissioner Paul Elizondo
Dr. Barry Evans
Alan Harris
Juanita Gomez
Jacqueline “Jackie” Shannon

NOMINATED BY
Rene Hurtado, Emergence Health Network
Jelynne Burley LeBlanc, The Center for Health Care Services
Inman White, Community Healthcore
Shelley Smith, West Texas Centers
Simon Perez, Behavioral Health Center of Nueces County
Gregory Rowe, MHMR Services for the Concho Valley

COMMUNITY
Atlanta Public Library
Bruce & JC Burnham: Burnham Class Golf Tournament
Tyson Foods
VFW Post 3278

NOMINATED BY
Inman White, Community Healthcore
Evan Roberson, Tri-County Behavioral Healthcare
Daniel Thompson, Texoma Community Center
Dion White, Center for Life Resources

MEDIA
NBC 5

NOMINATED BY
Charlene Stark, Metrocare Services
JACQUELINE "JACKIE" SHANNON

Jacqueline “Jackie” Shannon is a champion for people with mental illness and intellectual and developmental disabilities, serving the citizens of San Angelo, the State of Texas, and the nation.

As a passionate advocate and devoted mother of a child diagnosed with a mental illness, Mrs. Shannon is recognized for her leadership and utilized as a resource locally and nationally. She has been an active member of the National Alliance for the Mentally Ill (NAMI) since 1987 and served an unprecedented three terms as President of the NAMI Board of Directors. She has also served on various community and state councils that improved policy and outreach, including the Texas Council on Offenders with Mental Impairment, the Texas Mental Health and Planning Advisory Council, and the Citizens’ Advisory and Planning Committee of the Texas Department of MHMR.

While acting as President of TEXAMI (now NAMI Texas) from 1991 to 1994, one of her proudest moments was successfully advocating for the passage of the first mental health parity state insurance legislation in the country, which provided non-discriminatory health insurance to all public employees of Texas and expanded in 1997 to include all businesses with 50 or more employees.

Mrs. Shannon is in her eleventh term as a member of the MHMR Services for the Concho Valley Board of Trustees, the longest tenured trustee to serve in the Center’s history, and currently serves as Chairperson. Mr. Gregory J. Rowe, Executive Director of MHMR Services for the Concho Valley, describes Mrs. Shannon as “a tireless and dedicated advocate for persons with mental illness and the most tenured and persistent volunteer in the history of the Center.” Through 30 years of unwavering work and dedicated leadership, she has earned the respect of families, consumers, politicians and fellow advocates.

Mrs. Shannon is honored to share this award with her late husband, Dr. Charley Shannon, who was the recipient of the Frank M. Adams Award in 1995.
Heart of Texas Veterans of Foreign Wars (VFW) Post 3278 has been faithfully serving veterans and communities of Brown County since its founding in 1935. VFW is a national non-profit organization comprised of eligible military service members committed to serving veterans in American communities. With 267 veteran members and 258 auxiliary members, VFW Post 3278 goes above and beyond their named mission of serving veterans by also assisting local organizations and programs, including the Autism Support Group at Center for Life Resources.

Since 2014, VFW Post 3278 has donated 55 iPads to children with autism throughout the Brown County community, recognizing how beneficial certain technology can be for individuals with autism and stepping forward to address the need. The iPads enable access to many resources and apps available for children with autism.

VFW Post 3278 donates funds to the Autism Support Group each quarter, which can be used as necessary to bring in speakers, provide childcare, and more. Their generosity continued to amaze when they surprised Center for Life Resources with all the equipment to outfit a media room, including a smart TV and laptop. The media room allows the Autism Support Group to easily host trainings and speakers and to tune into webinars as a group. Randy Christian, the coordinator of the Autism Support Group, said of VFW Post 3278; “Any time we come to them with a need, they drop everything and do what they can to fill it.”

Center for Life Resources is grateful for the continuing support of VFW Post 3278. Their dedication to the Autism Support Group, the Center, and the people of Brown County truly embodies the spirit of the Frank M. Adams Award.

Nominated by Dion White, Center for Life Resources
Metrocare Services congratulates, with great pleasure, NBC 5 for receiving the Frank M. Adams Award for their efforts to bring awareness to mental illness and its impact on our community. This award is given annually to media organizations who exemplify services that enhance and enrich the quality of life for persons with intellectual and developmental disabilities, mental illness, and substance addictions in Texas.

Mental health can be a sensitive topic. Fifty years ago, the conversations around mental illness were almost nonexistent. Today, however, people from every walk of life are beginning to talk about the impact of not addressing mental health issues. As time has progressed, our country has evolved, the medical field has advanced and the stigma is slowly dissipating. NBC 5 has played a key role in reducing stigma in North Texas through media coverage of a wide range of behavioral health issues.

NBC 5’s commitment to openly talking about mental illness has been much needed and is critical to the North Texas region. Their broadcasts have provided a vehicle for educating and informing the general public on the importance of seeking help and where to access services which have facilitated opportunities for family members and individuals to seek help from Metrocare and other Centers from within the Texas Council of Community Centers’ system of care. NBC 5 invited Metrocare to man two phone banks in the last 18 months. When Metrocare participated in the phone banks at NBC 5’s studio, Metrocare staff provided contact information for other Texas Council Community Centers – some that were more than 50 miles from Dallas.

NBC 5’s commitment to this topic not only brings awareness to the issue, it has been paramount in ensuring organizations such as Metrocare Services can reach a broader scope of people. NBC 5’s efforts positively impact the important work being done in the community and their continuous support of Metrocare’s mission helps change minds, break the silence and erase the stigma of mental illness, making them worthy of this award and so much more.
2009 | Individual: George Hernandez  
(The Center for Health Care Services)  
Media: Mike Henry - KBST News  
Community: Mayor’s Mental Health Task Force Monitoring Committee  
(Austin Travis County MHMR Center)

2010 | Individual: Karen M. Garber  
(MHMR of Brazos Valley)  
Media: The Van Alstyne Leader  
(MHMR Services of Texoma)  
Community: The Arc of Greater Beaumont  
(Spindletop Services)

2011 | Individual: Mary Ernestine Butler  
(Texana Center)  
Media: Victoria Advocate  
(Gulf Bend Center)  
Community: Alcoa Fastening Systems  
(Heart of Texas Region MHMR Center)

2012 | Individual: Barbara Duren  
(Tri-County Services)  
Media: Karin McCoy - KCBD News  
(StarCare Specialty Health System)  
Community: The Rural East Texas Health Network  
(Burke Center)

2013 | Individual: Eileen McDowell “The Art Lady”  
(Texana Center)  
Media: North Texas e-News  
(Texoma Community Center)  
Community: The Marc Center  
(Central Counties Services)

2014 | Individual: Stephanie Contreras  
(Tropical Texas Behavioral Health)  
Media: Joe Pollaro  
(Texoma Community Center)  
Community: Mental Health Connection of Tarrant County  
(MHMR of Tarrant County)

2015 | Individual: Judge Polly Spencer  
(The Center for Health Care Services)  
Media: KTEN News  
(Texoma Community Center)  
Community: Legacy Ford  
(Texana Center)

2016 | Individual: Harold Wright  
(Texoma Community Center)  
Media: Midland Reporter-Telegram  
(Permian Basin Community Centers)  
Community: Abilene Christian School  
(Betty Hardwick Center)

2017 | Individual: Marjorie "MS. B" Boniface Balz  
(Central Counties Services)  
Media: KTRE-TV  
(Burke)  
Community: Lubbock County Sheriff’s Dept.  
(StarCare Specialty Health System)
Texas Council of Community Centers
Public Information, Education and Training Committee

Cary Houston, Co-Chair
MHMR Services for the Concho Valley

Margaret Jones, Co-Chair
Permian Basin Community Centers

Shane Britton
Center for Life Resources

Gerald Yezak
MHMR Authority of Brazos Valley

Louella Tate
Central Counties Services

Larry Adams
Texas Panhandle Centers

Joann Brechtel
Camino Real Community Services

Rhonda Dick
Denton County MHMR Center

Bob Brown
MHMR Tarrant

Jo Monday
The Harris Center for Mental Health and IDD

Richard Hopkins
Integral Care

Texas Council of Community Centers
33rd Annual Conference Planning Committee

Tommi Aleman
Central Counties Services

Pat Holder
Professional Event Services

Maria Rios
Texas Council of Community Centers

Marcelo Rodriguez-Chevres, MD
Emergence Health Network

Jocelyn Wang
Texas Council of Community Centers

Melissa Whitworth
Bluebonnet Trails Community Services

Brent Worthen, PhD
Texana Center

Deirdre Browne
MHMR Tarrant

Rene Hurtado
Emergence Health Network

Richard Hopkins
Integral Care

Denise Canchola, CNP
iKare Mood Trauma Recovery Clinic

Mark Janes, MD
Bluebonnet Trails Community Services

Jo Monday
The Harris Center for Mental Health and IDD

Joe Brown
MHMR Tarrant

Richard Hopkins
Integral Care

Mary Duffy
Bluebonnet Trails Community Services

Alex Lim
The Harris Center for Mental Health and IDD

Carolyn McDonald
Burke

Brent Worthen, PhD
Texana Center

Carson Easley, BSN, MS, RN
The Harris Center for Mental Health and IDD

Donna Moore
Burke

Metrocare Services
33rd Annual Conference Host Center Committee

Charlene Stark
Vice President of Marketing & Development

Tameka Y. Cass
Director of Philanthropy
SEE YOU NEXT YEAR

34th Annual Texas Council Conference
Westin Galleria • Houston, TX
June 19 - 21, 2019