

## What is IDD?

Formerly described by the term “mental retardation” (considered disrespectful), **intellectual disability (ID)** is a condition characterized by significant limitations in intellectual functioning, such as reasoning, learning, and problem solving, and social skills. Most often evident at birth or in early childhood, the condition must have occurred before age 18. Causes include trauma and genetic conditions, such as Down syndrome.

**Developmental disability (DD)** refers to a broader group of physical and mental conditions, inclusive of ID, that occur before age 22 and significantly impact a person’s life.

Texas is home to more than 500,000 adults and children with intellectual and developmental disabilities (IDD).