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State Strategies to Support Local Stakeholders at the Intersection of Behavioral Health and Justice

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**Office of Forensic Coordination
Texas Health & Human Services**

June 22, 2023

Agenda

- Office of Forensic Coordination
- Trends in Behavioral Health and Criminal Justice
- Serving Justice-Involved People with Mental Illness (MI) and Substance Use Disorders (SUD)
- Resources to Support Behavioral Health and Justice System Stakeholders
- Panel: Advancing Local Behavioral Health and Justice Priorities
 - David Evans, Chief Executive Officer, Integral Care
 - Tod Citron, Chief Executive Officer, Hill Country Mental Health and Developmental Disabilities Center
 - Johnnie Wardell, MS, Executive Director, Central Counties Services



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Office of Forensic Coordination

Improve forensic service coordination and prevent and reduce justice involvement for people with MI and SUD through statewide and cross-agency initiatives that improve coordination and collaboration among state and local leaders.



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State and Local Planning



Policy and Staffing for the Joint Committee on Access to Forensic Services



Training and Technical Assistance



Research and Data Analysis



Engagement, Education, and Coordination



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Behavioral Health and Justice System Trends

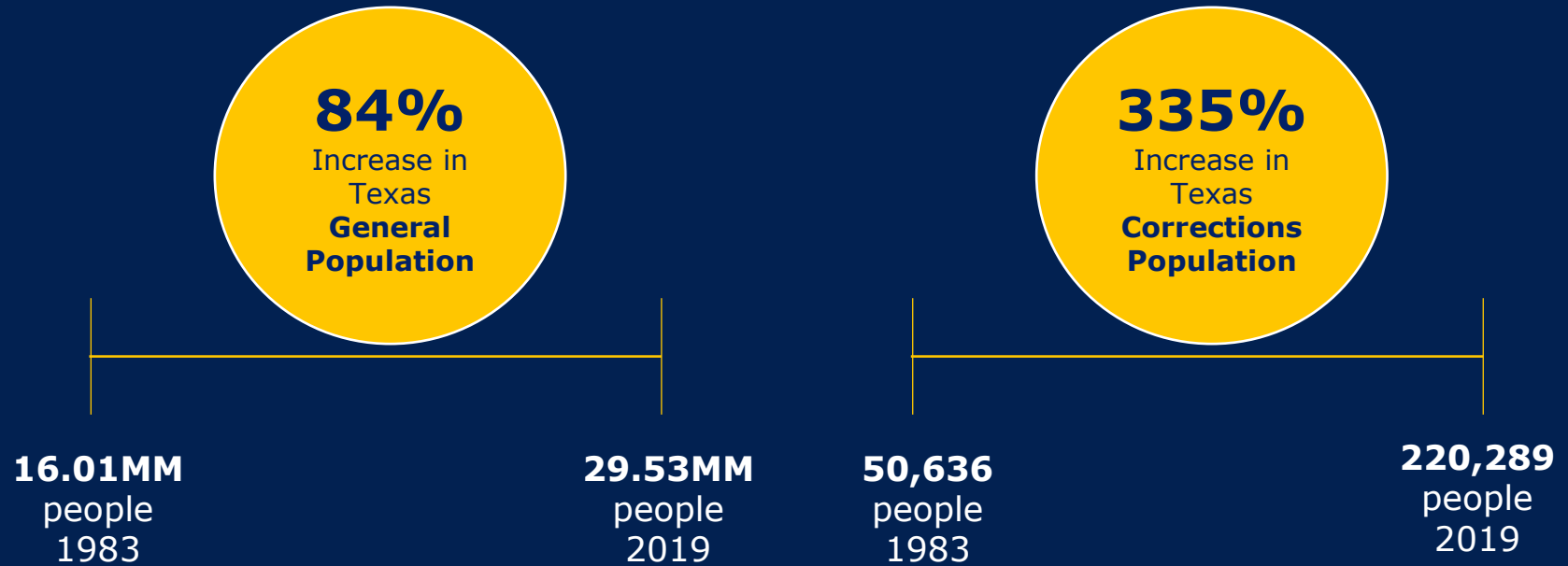
Matthew Lovitt, MSW

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Office of Forensic Coordination

Health & Human Services Commission

Criminal Justice Trends in Texas



Source: Texas Institute for Justice, "Increased Trends"

Jails and Mental Illness



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5%

Of the **Texas population** has a Serious Mental Illness (SMI)

39%

Of **people booked into Texas county jails** have been in contact with the public mental health system in the last three years

72%

Estimate of people booked in jail with SMI have a **co-occurring substance use disorder**

Jails and Substance Use



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80%

Of arrestees tested positive for a drug

63%

Of inmates have a **substance use disorder** of which **22% have cooccurring** mental illness

1 in 5

Inmates receive **drug treatment** while incarcerated

Competency Restoration (1 of 2)



Over the past 20 years, Texas has seen a 38 percent increase in rates of people found incompetent to stand trial



Approximately 66 percent of state hospital beds in Texas are currently utilized by the forensic population



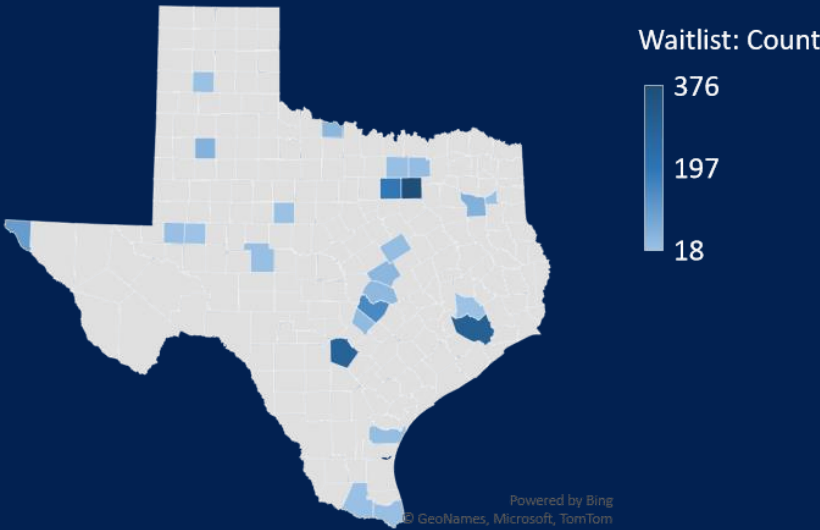
32% online state hospital beds are occupied by people on forensic commitments for one year or more



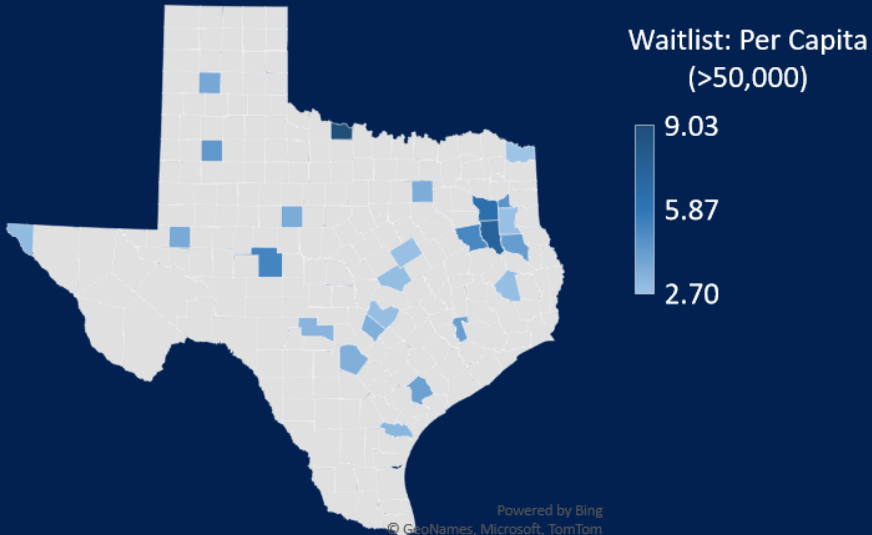
Competency Restoration (2 of 2)

Maximum Security (MSU) and Non-Maximum-Security (Non-MSU) forensic commitment as of May 1, 2023.

Top 25 Counties (Count)



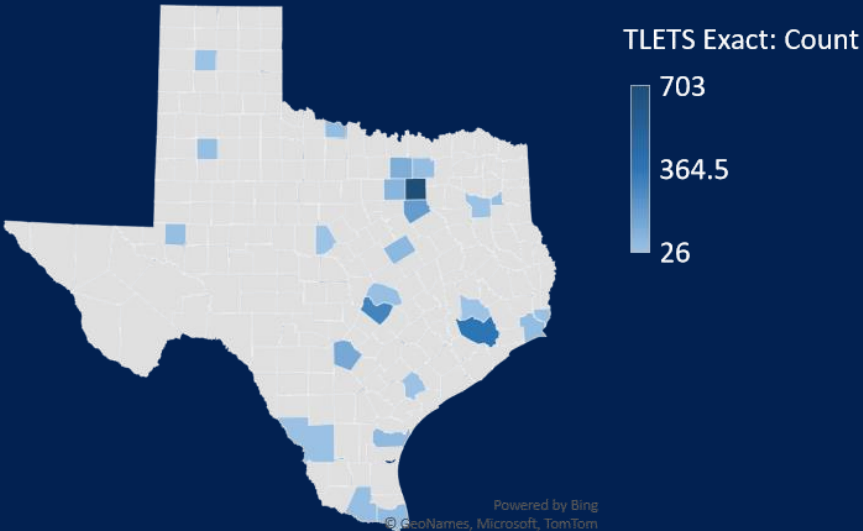
Top 25 Counties (Per Capita)



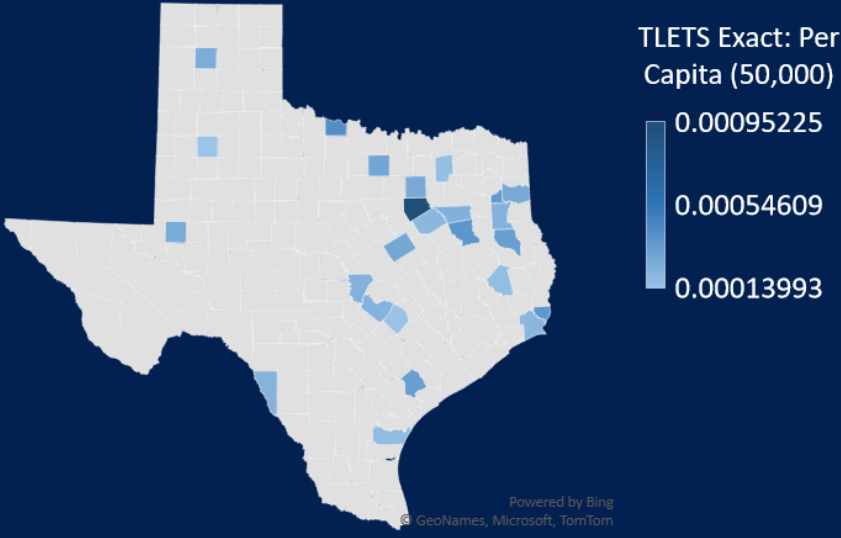
Texas Law Enforcement Telecommunications System (TLETS)

TLETS exact mental health matches as of April 30, 2023.

Top 25 Counties (Count)



Top 25 Counties (Per Capita)





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Serving Justice-Involved People with Mental Illness

Matthew Lovitt, MSW

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Health & Human Services Commission

Implications of Justice Involvement for People with Mental Illness



- Individuals with mental illness tend to experience longer and more punitive criminal justice involvement



- Jails and prisons may lack the resources to treat mental illness, which can contribute to adverse physical health outcomes



- Jails and prisons may lack the resources to support continuity of care at intake and release



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Justice-Involved People with Mental Illness (1 of 2)

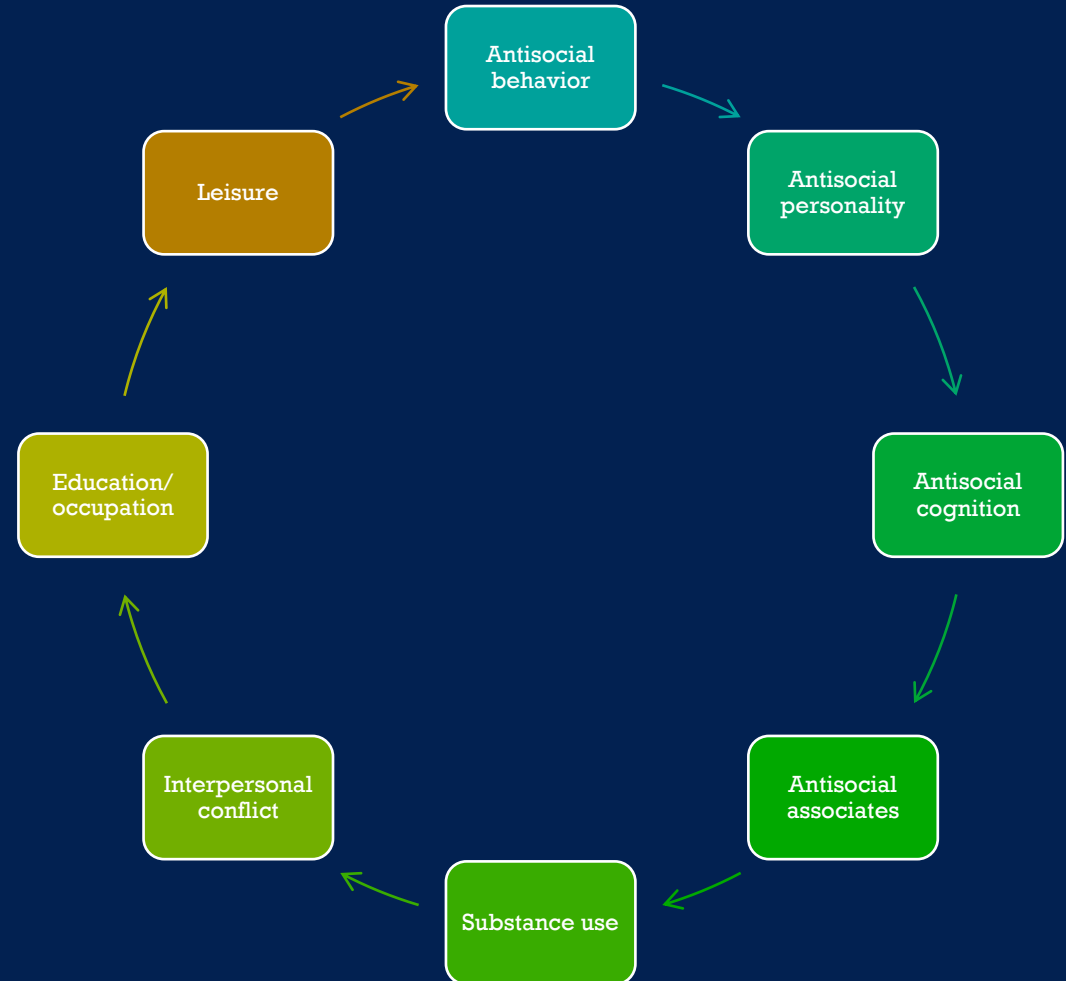
- Criminalization Hypothesis: deinstitutionalization and underfunding for the community mental health system shifted population from hospitals to jails and prisons
- Solutions (Symptom Management):
 - Pre- and post-booking diversion
 - Mental health courts
 - Specialized probation
 - Forensic Assertive Community Treatment (FACT)



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Justice-Involved People with Mental Illness (2 of 2)

- Criminogenic Risk—Justice involvement is the product of individual-level, psychological risk factors
- Social factors such as poverty and homelessness can compound criminogenic risk factors
- Solutions (Symptom Management and Social Services and Supports)



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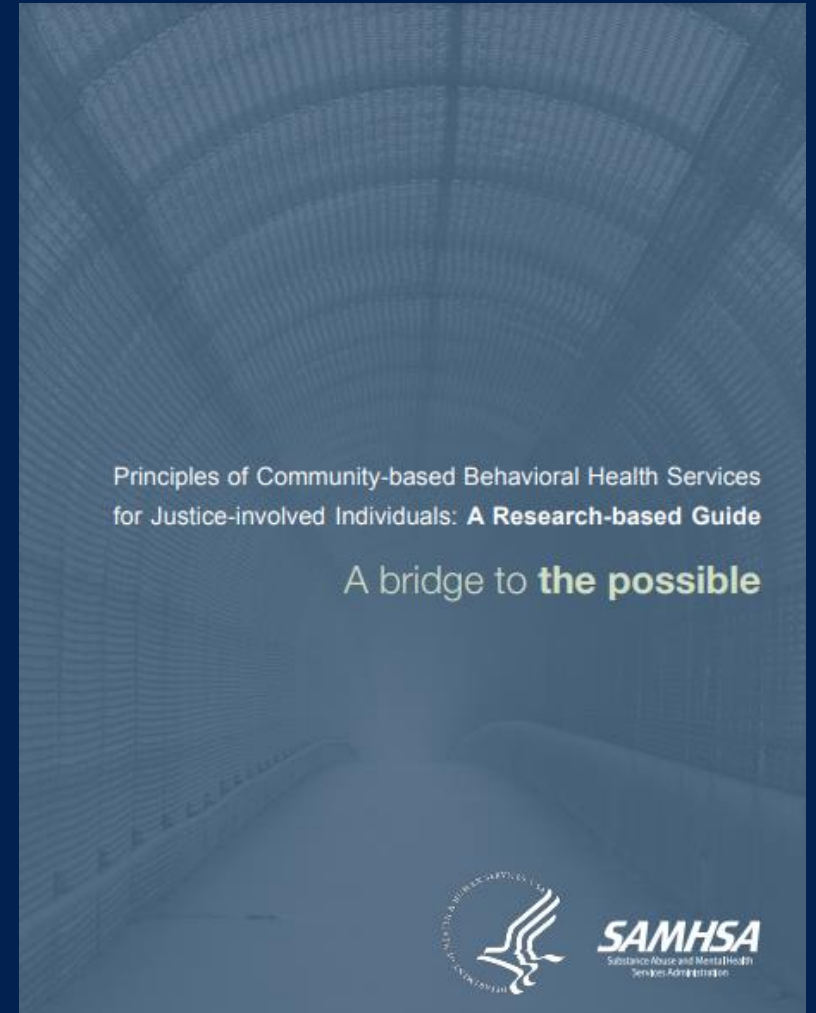
Principles of Community-Based Care for Justice Involved People

Community providers:

1. Know the criminal justice system
2. Collaborate with criminal justice professionals
3. Use evidence-based and promising practices
4. Address criminogenic risk
5. Provide integrated care
6. Apply a trauma-informed lens
7. Connect clients with social services and supports
8. Address disparities in the behavioral health and criminal justice systems



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Evidence-Based and Promising Programs and Practices

There are specific programs and practices that are evidence based or promising when used with justice-involved individuals.

Evidence-based Programs	Evidence-based Practices	Promising Programs	Promising Practices
Assertive Community Treatment	Cognitive Behavioral Therapy	Forensic ACT	Cognitive Behavioral Treatment Targeted to Criminogenic Risk
Critical Time Intervention	Motivational Interviewing	Forensic Intensive Case Management	Case Management
Integrated MH and SU Services	Forensic ACT	Assisted Outpatient Treatment	Forensic Peer Specialists

*Table is not exhaustive.





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Resources to Support Behavioral Health and Justice System Stakeholders

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Director of Behavioral Health and
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Office of Forensic Coordination

Health & Human Services
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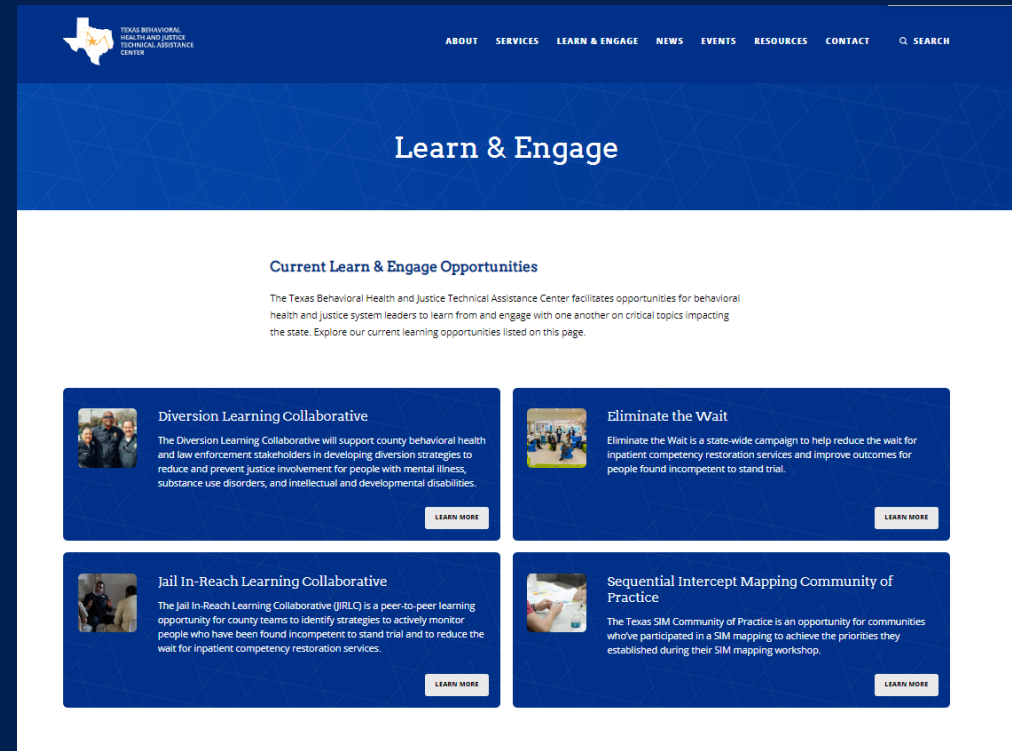
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Texas Behavioral Health and Justice Technical Assistance Center



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www.TXBHJustice.org

Ways to Engage



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**Strategic Planning
Workshops**



Learning Collaboratives



**Tailored County and
Regional Trainings**



**State Campaigns and
Stakeholder Networks**



Strategic Planning



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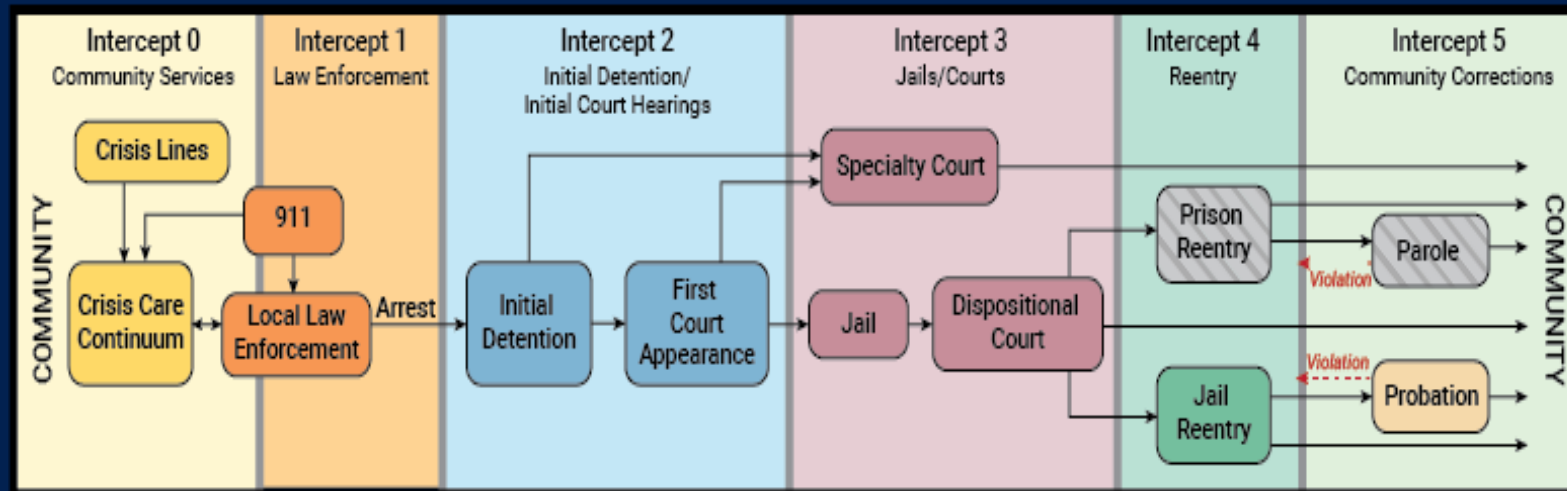


The TA Center supports county strategic planning efforts by facilitating adult and youth Sequential Intercept Model (SIM) Mapping Workshops across the state.

SIM Mapping Initiative



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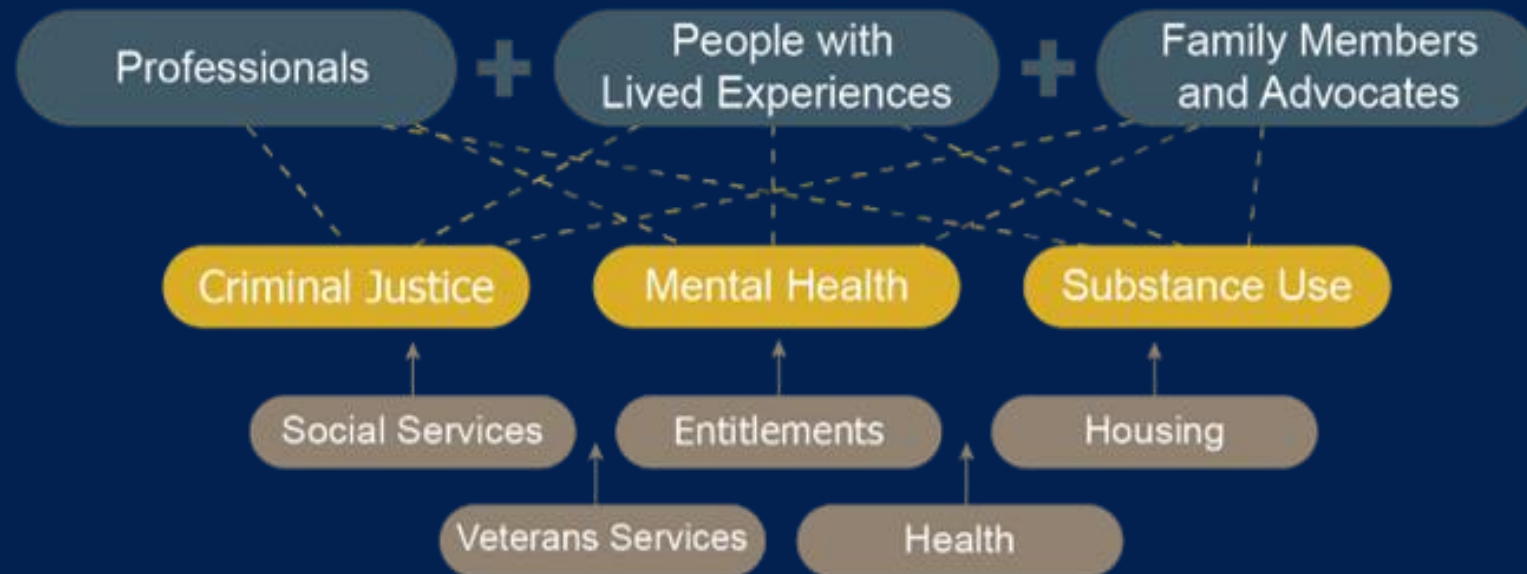


Sequential Intercept Model (SIM)

SIM Mapping Workshops



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SIM Mapping by the Numbers



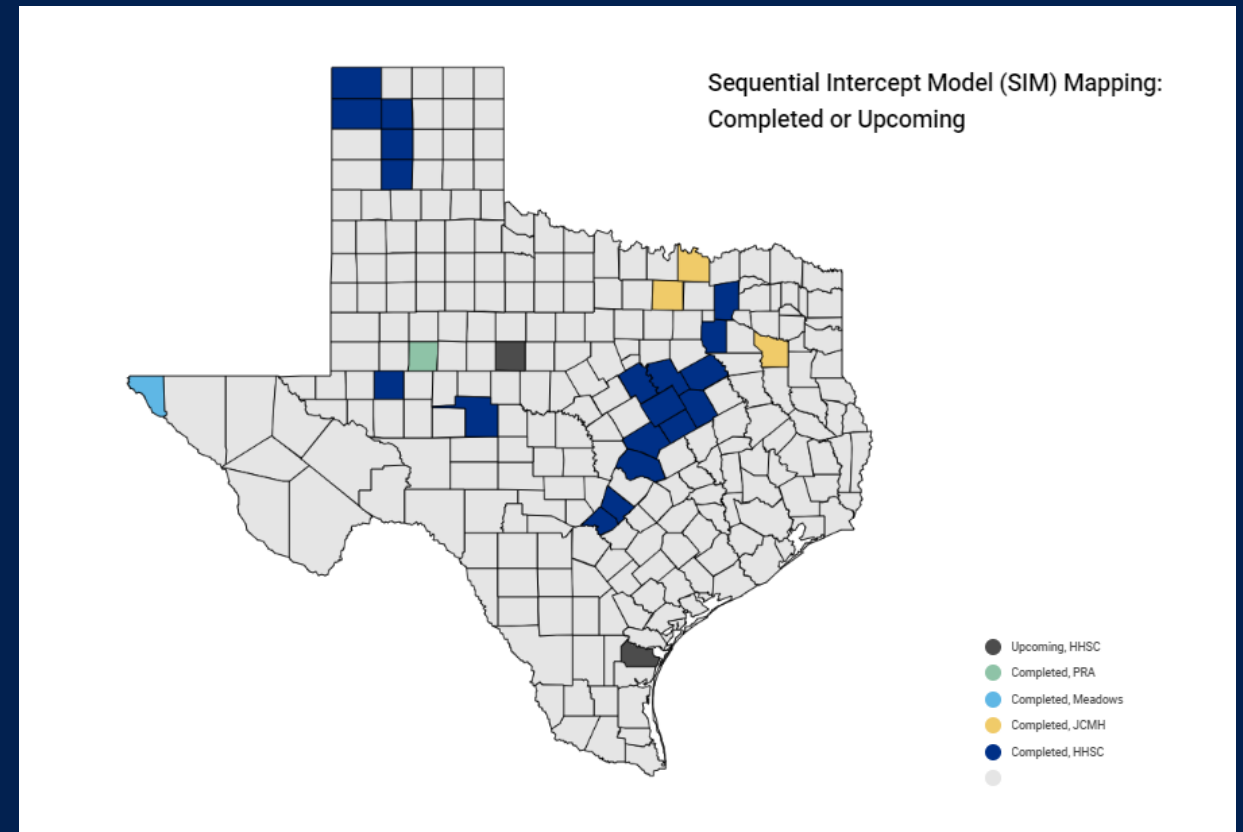
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12 SIM Mapping
Workshops Completed

9 Behavioral Health
Leadership Teams
created

11 New programs
and initiatives

20 Counties engaged



Adult Workshops and Trainings

	In-Person or Virtual	Focus	Training Credits	Hours
Adult SIM Mapping Workshop	In-Person	County	✓	9 hours (over 2 days)
Intercept 0 & 1 Training, Mapping and Action Planning Community Services, Law Enforcement and Emergency Medical Services	Virtual	County or Region	✓	4 hours
Intercept 2 & 3 Training, Mapping and Action Planning Jails and Courts	Virtual	County or Region	✓	4 hours
Intercept 4 & 5 Training, Mapping and Action Planning Reentry, Community Corrections, and Community Supports	Virtual	County or Region	✓	4 hours



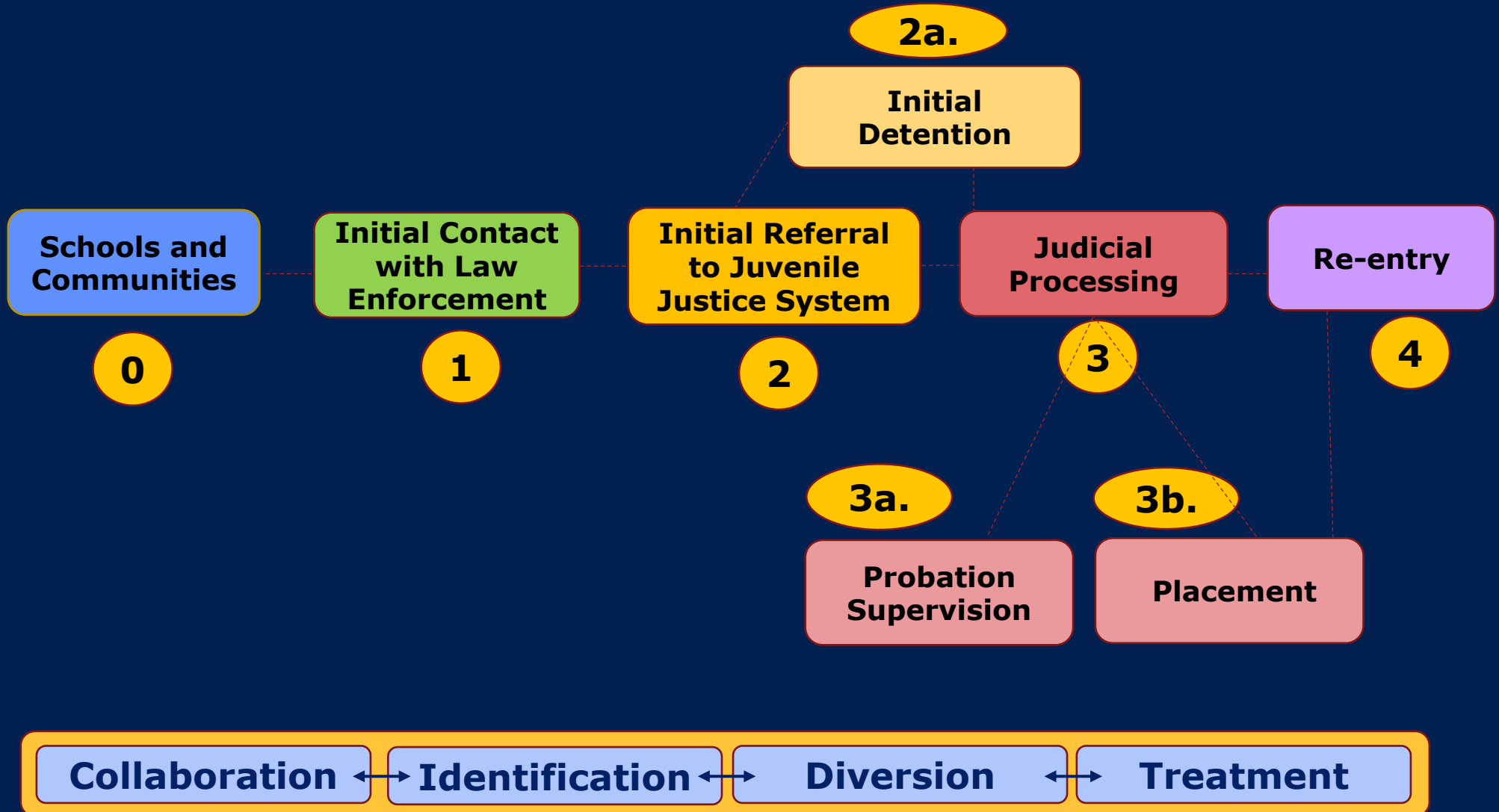
State-Local Collaboration to Modify the SIM for Youth



Communities want to understand how youth with MI, SUD, and intellectual and developmental disabilities (IDD) are connected to behavioral health and crisis services in the community, as well as how they encounter and move through the juvenile justice system.

- Texas Health and Human Services Commission
- Texas Education Agency
- Texas Juvenile Justice Department
- Texas Institute for Excellence in Mental Health
- Texas Indigent Defense Commission
- Texas Department of Family Protective Services
- County Behavioral Health and Justice Stakeholders

The Texas Youth SIM Model



Youth Workshops and Trainings

	In-Person or Virtual	Focus	Training Credits	Hours
Youth SIM Mapping Workshop	In-Person	County	✓	9 hours (over 2 days)
Behavioral Health and the Juvenile Justice System Webinar	Virtual	Statewide	✓	2 hours
Intercept 0 & 1 Training, Mapping and Action Planning Community Services, Schools, Law Enforcement and Emergency Medical Services	Virtual	County or Region	✓	4 hours
Intercept 2 & 3 Training, Mapping and Action Planning Initial Referral to the Juvenile Justice System and Judicial Processing	Virtual	County or Region	✓	4 hours
Intercept 0 & 4 Training, Mapping and Action Planning Reentry, Community Corrections and Community Supports	Virtual	County or Region	✓	4 hours



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Learning Collaboratives



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The TA Center facilitates opportunities for behavioral health and justice system leaders to learn from and engage with one another on critical topics impacting the state.

Jail In-Reach Learning Collaborative



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Peer-to-peer learning for county forensic teams (behavioral health providers, judges, prosecutors, attorneys, and jail staff). Strategies to actively monitor and reduce the wait for inpatient competency restoration services.

24

Counties engaged in cohorts 1 and 2 of the JIRLC

60

Referrals received in FY23 for Trial Competency Re-examinations, MSU Waiver Reconsiderations, Forensic and Clinical Service Consultations, Legal Education and Planning Support.

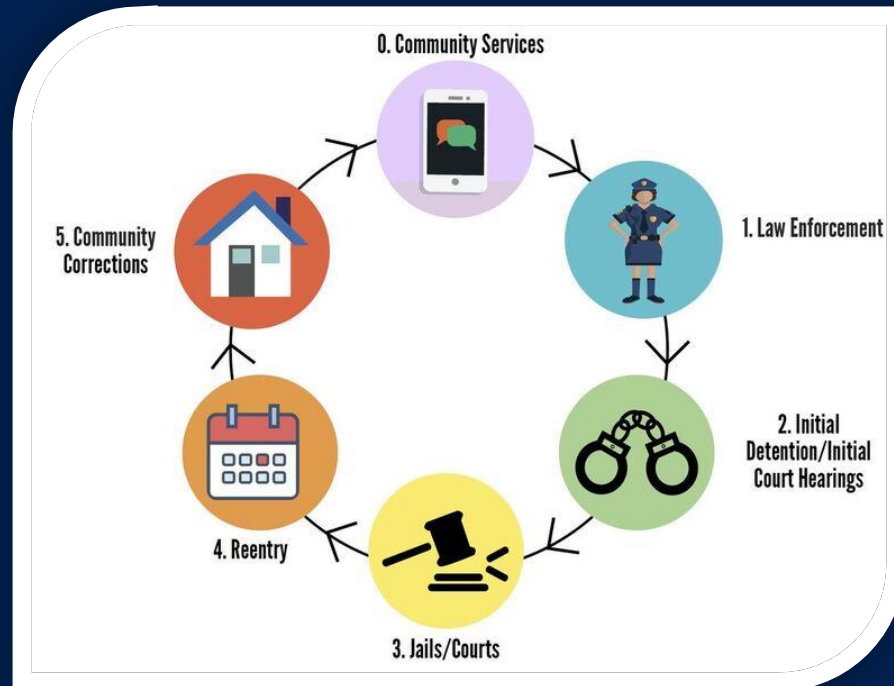
16

Individuals removed from the waitlist FY23

SIM Community of Practice



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- Peer-to-peer learning opportunity for counties who have participated in a SIM Mapping Workshop
- Strategies to support implementation of action plans developed during SIM Mapping Workshops.
- **Applications closed. First cohort is underway.**



Diversion Learning Collaborative



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- Peer-to-peer learning for county behavioral health and law enforcement stakeholders
- Strategies to support pre-arrest diversion, including police-mental health partnerships, crisis call diversion, diversion centers, remote co-response.
- **Applications closed. Learning Collaborative begins August 2023.**



Adult Reentry Learning Collaborative



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- Target Population: Justice-involved people with Serious Mental Illness
- Objectives
 - ▶ Identify and assess barriers to reentry from jails and discharges from state hospitals
 - ▶ Develop strategies to improve access to community-based care
 - ▶ Foster peer-to-peer learning
 - ▶ Provide expert consultation to stakeholders and communities
- Support to the field
 - ▶ Reentry toolkit
 - ▶ Instructional videos
 - ▶ Ongoing technical support
- **Applications open Winter 2023.**



Youth Suicide Prevention Learning Collaborative



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- Peer-to-peer learning opportunity for behavioral health and juvenile justice system stakeholders.
- Strategies to adopt and implement the ZeroSuicide within local juvenile justice systems.
- Opportunities to participate in train the trainer series to increase suicide prevention trainings for juvenile justice system stakeholders.
- **Applications open Fall 2023.**



State Campaigns and Stakeholder Networks



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The TA Center promotes state campaigns and stakeholder networks to improve forensic services and reduce and prevent justice involvement for people with MI, SUD and IDD.

Eliminate the Wait (ETW)



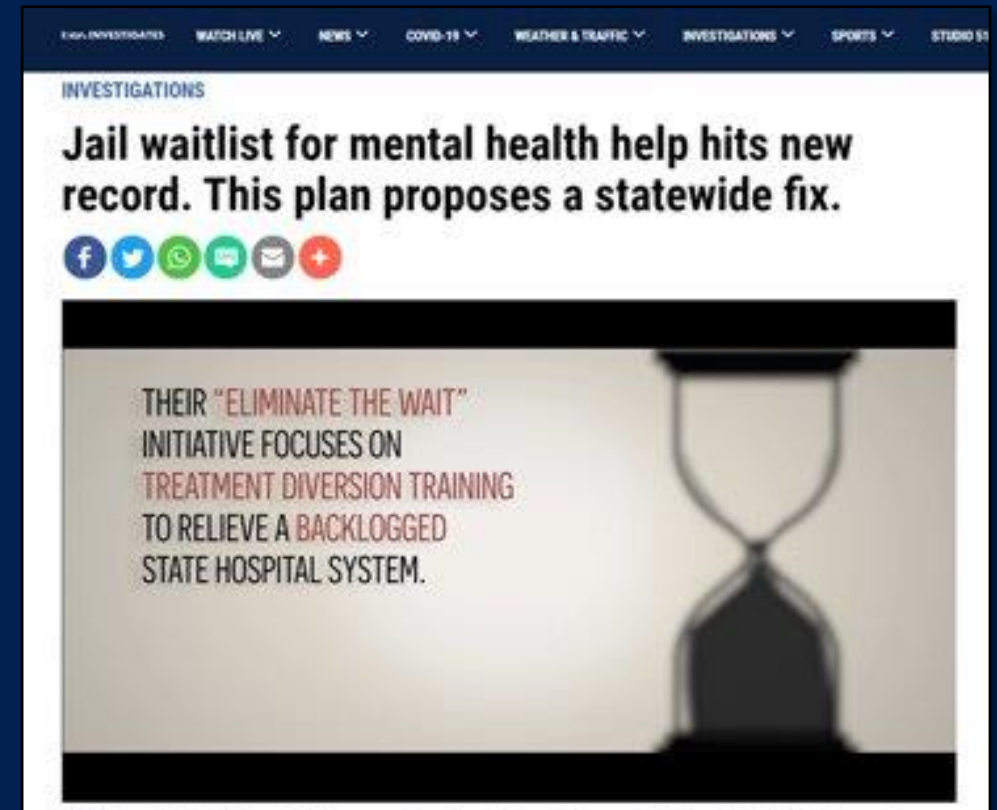
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Statewide campaign and resources to help reduce the wait for inpatient competency restoration services

Campaign

**Microsite
and
Resources**

**Trainings
and
Forums**





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ETW Resources

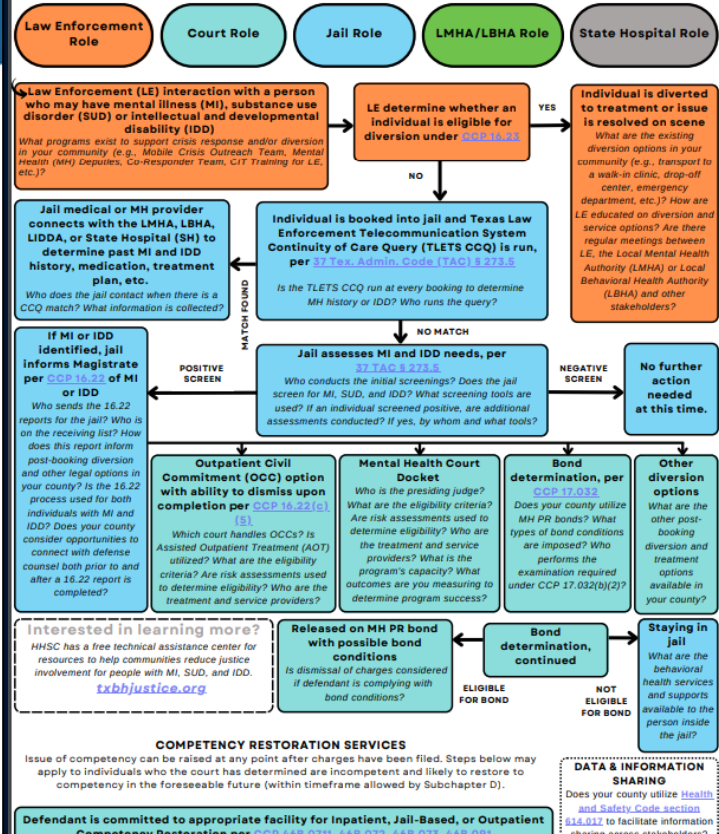
ELIMINATE the WAIT

The Texas Toolkit for Rightsizing Competency Restoration Services

October 2021



Diversion & Competency Workflow



Six Steps to Establishing a Jail In-Reach Program

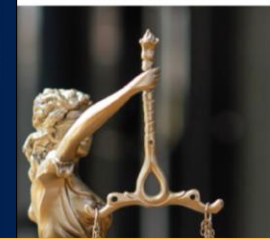


April 2023

ETW Trainings and Forums



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ELIMINATE THE WAIT

CENTRAL TEXAS REGIONAL FORUM

When
Dec. 1, 2022
8 a.m. – 3 p.m.

Where
Austin

2200570 - HHSC MSS - Sept. 2022

	In-Person or Virtual	Focus	Training Credits	Hours
ETW Regional Forum	In-Person	Region	✓	8 hours
ETW Competency Restoration Overview and Resources Webinar	Virtual	Statewide	✓	2 hours
ETW County Training and Action Planning	Virtual	County or Region	✓	4 hours
Establishing a Jail In-Reach Program	Virtual	County or Region	✓	4 hours
Court Ordered Medications	Virtual	County or Region	✓	4 hours

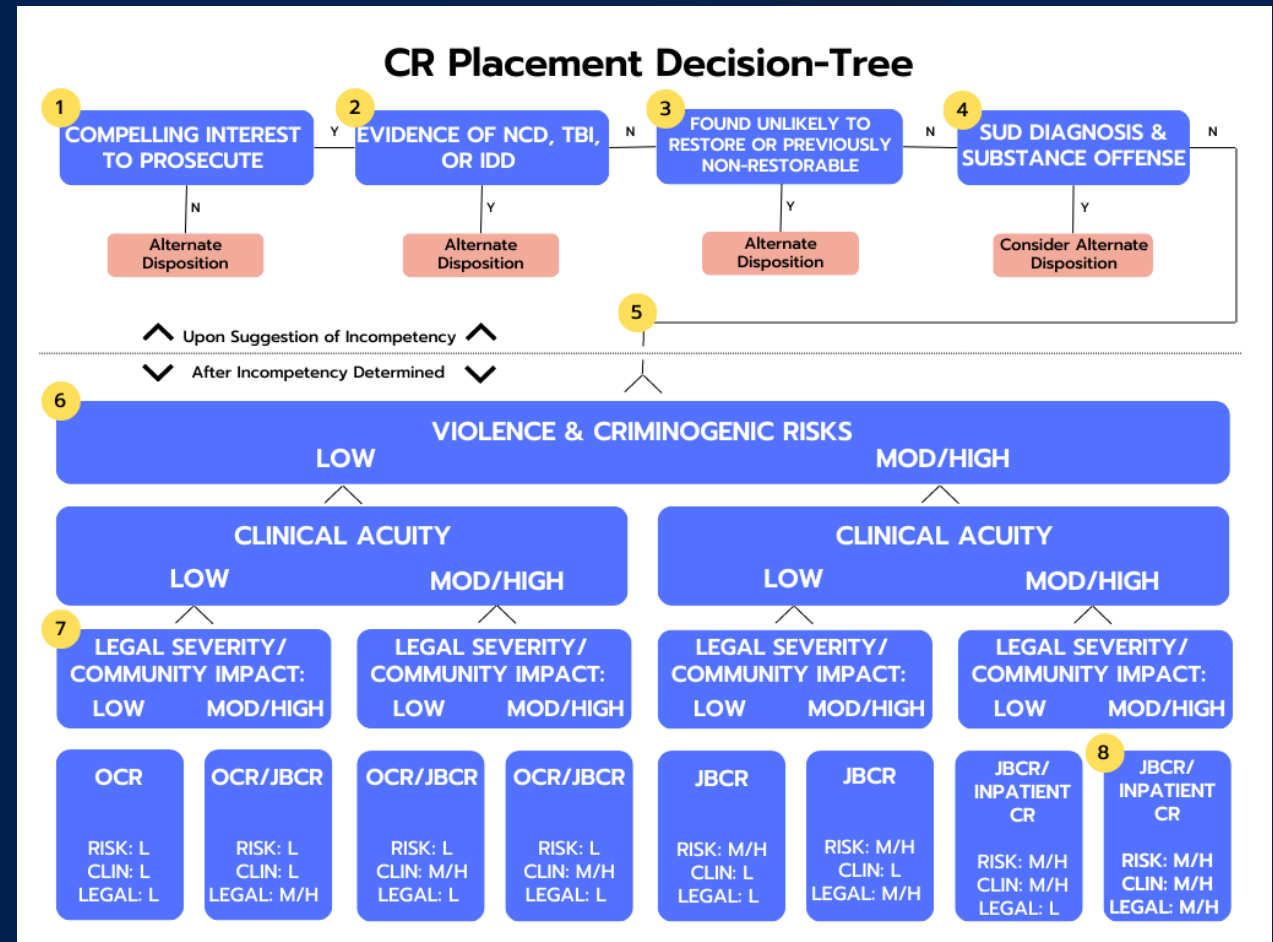


ETW: Competency Restoration Toolkit (1 of 2)



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- Tool for competency restoration (CR) system partners (judges, lawyers, clinicians, and community members) to improve the CR system
- Developed through a collaborative process with federal, state, and local partners with expertise on CR



ETW: Competency Restoration Toolkit (2 of 2)



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Toolkit contents:

1. Overview of CR system in Texas
2. Principles to support efficient and effective CR services
3. CR placement decision-tree
4. Informational video series
5. CR research library
6. Best practices for competency evaluators and competency evaluations
7. CR system flow charts
8. TA Center CR "microsite"

Tailored Training and Technical Assistance



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The TA Center offers specialized resources and tailored trainings to behavioral health and justice stakeholders.

Tailored Trainings and Technical Assistance



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2023 TA Center Webinar Series

August	Behavioral Health and the Juvenile Justice System
October	Competency Restoration: Resources to Support Counties
December	Planning, Implementing, and Funding Pre-Arrest Diversion Strategies

CEUs, CLEs and TCOLE Credits

Sign up for the bi-monthly newsletter at www.txbhjustice.org.

Technical Assistance Outputs, Outcomes, & Impact



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	SIM Mappings	Number of SIM-Mapped Counties	Number of Six-Month Follow-Ups	Number of 12-Month Follow-Ups	Number of Eliminate the Wait Forums	Number of Eliminate the Wait Counties	Number of Jail In-Reach Counties
FY 2022	7	11	0	0	0	0	11
FY 2023 YTD	5	8	9	0	1	13	13

	# Program Enhancements (as reported in SIM 6-month follow ups)	# of New Behavioral Health Leadership Teams (as reported in SIM 6-month follow ups)	# Program Enhancements (as reported in Cohort 1 Final Evaluations)	# of New County Forensic Teams Established (as reported in Cohort 1 Final Evaluations)
Jan. 2022 – Present	15	9	29	7

	% Increase in Wait List (Apr. 2022 - Apr 2023)	% Increase in TLETS Exact Match (Apr 2022 - Apr 2023)
Non-SIM-Mapped Counties	9.61%	-5.03%
SIM-Mapped Counties	4.74%	-4.79%



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Advancing Local Behavioral Health and Justice Priorities

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and Developmental
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Questions?



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Please Stay in Touch!

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