### Increasing Access and Quality of Reentry Peer Recovery Support Services in Texas

# Check-in Code: 1004

### Welcome to

### **BE WELL, TEXAS**<sup>\*\*</sup>

Increasing Access and Quality of Reentry Peer Recovery Support Services in Texas

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"There comes a point where we need to stop just pulling people out of the river. We need to go upstream and find out why they're falling in." Desmond Tutu

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- Continued AOD use for more than 30-years



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- Became engaged in my Recovery Journey in August 2006
- Work in the field of recovery started in October of 2007



## History of Be Well Institute for Substance Use and Related Disorders

- 2019: TXMOUD GetWaivered Promoted the DEA X-waiver process and expanded OUD treatment
- 2020: TXMOUD ECHO discussed broad and flexible continuum of care delivery to treat OUD
- 2021: 1<sup>st</sup> HHSC TTOR contract for Recovery Support Services in 11 HHSC regions providing in-reach services in jails, prisons, and other rehabilitative settings, including family and supportive allies.

### **Beginning in FY 2021:**





### **The Be Well Texas Model**

#### CLINICAL RESEARCH CLINICAL RESEARCH The and industry-sponsored medication, device, and behavioral treatment studies Research De Well Clinic Be Well Clinic

Outpatient and inpatient OUD treatment providers, recovery support service providers deployed in jail/prison reach-in, at risk populations, recovery housing, and tele-recovery



Workforce expansion and capacity building using telementoring, technical assistance, and consultation. Statewide Provider Network

#### C-STaT



### **Our Mission, Vision, and Tenets**

#### We want to

Eradicate substance-related deaths, reduce morbidity, and improve health.

#### We do this by

Making evidence-based programs accessible (no wrong door).

#### We accomplish this as

A comprehensive Center of Excellence.

#### **Our Tenets**

Compassion is fundamental to improving outcomes. Stigma is a barrier and life-threatening. Local solutions to local challenges. Science and best practice.



### Texas Targeted Opioid Response (TTOR) – Recovery Support Services

- Establish Relationships With Those In Rehabilitative Settings:
  - County Jails

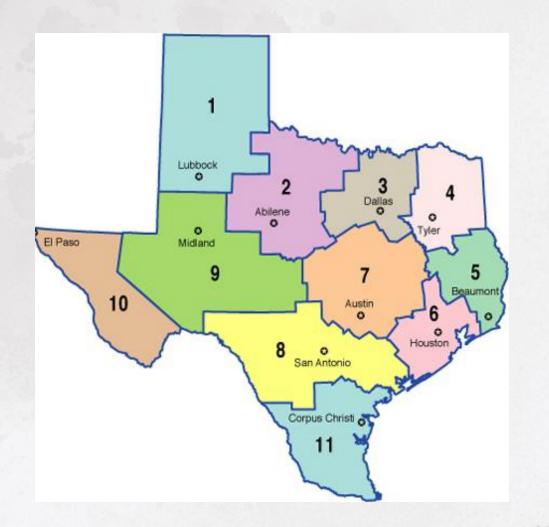
- State Prisons

- Treatment Centers

- State Hospitals
- Providing In-Reach support for individuals currently incarcerated and having a history of opioid and/or stimulant use disorder (OUD / StUD)
- Providing RSS services to individuals in the community with a history of OUD or StUD, including family and supportive allies

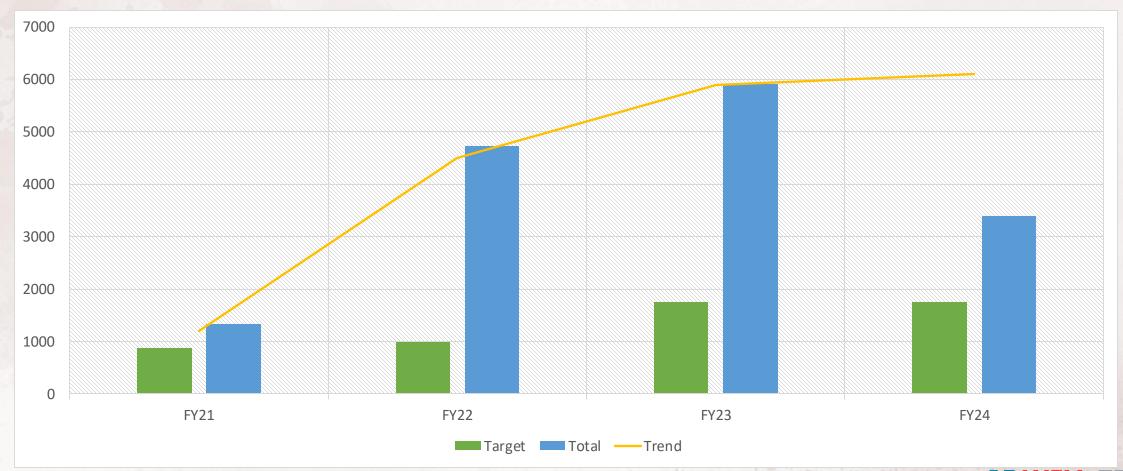


### First Year 2021 – 11 Providers



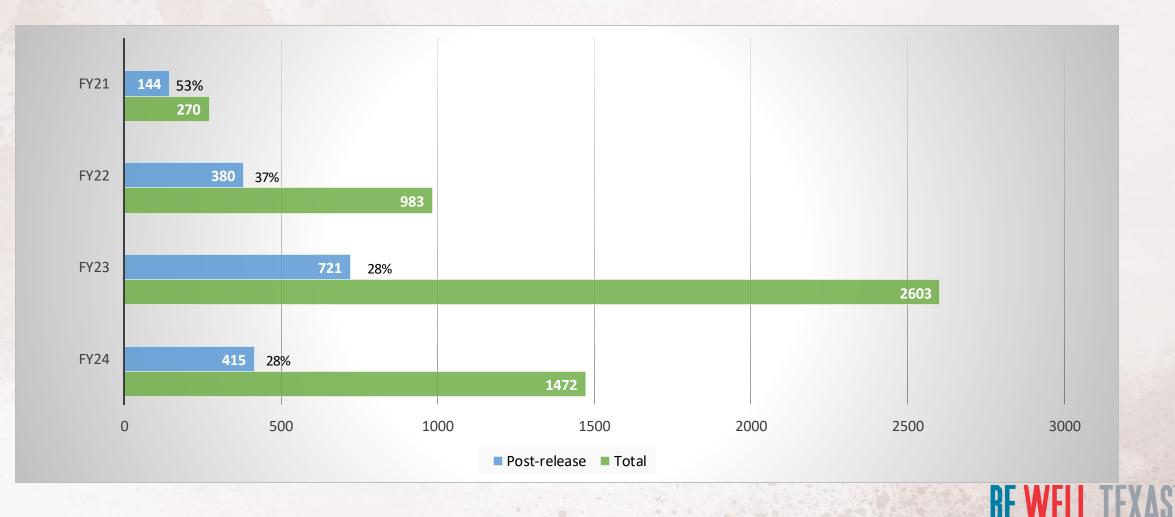
- Total Number served in 2021 was 1,337
- 2021: RSS ECHO Monthly learning opportunities for individuals with an interest in RSS based on evidence-based and best practices

### New and Unduplicated Participants who receive Direct Recovery Support Services



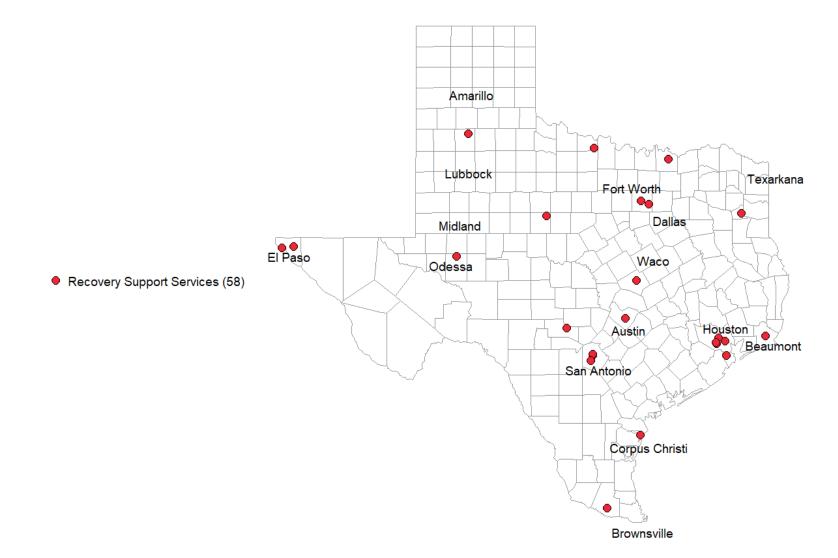


### Number of Individuals in Rehabilitative Settings Receiving "In-Reach" Services / Post-Release



### FY24 – 24 Different Providers of TTOR-RSS

**BWTX Provider Network Locations** 





Staff Retention

Access to Jails and Prisons

**Connection to Individuals Post-release** 

**Re-entry Training for Certified Peer Support** 

### **Quotes and Successes**

- ... more access and engagement with peers in court-ordered treatment. We are now allowed to meet with peers outside in the recreation area, where we can walk and talk, sit on the bench, play horseshoes while we talk, etc. This reach-in feature did not previously exist. We are discussing the possibility of allowing certain residents to attend some of our community events, including our upcoming recovery rally. One peer has successfully met all the requirements outlined in a CPS service plan and will be resuming shared custody of his son
- Peer provider(s) established, connected, and met with parole leaders to educate new employees (and revitalize the interest of other employees). The parole office expressed interest in working with their program.
- ... an employee/recovery coach, who is also our volunteer Co-Chair of the ETRI/ROSC, organized a Recovery Fair, submitted a proposed Proclamation to the Judge over the Commissioner's Court called Unlocking Your Future Day for April 27th, 2024, requested a signature, and it was declared.

#### **<u>PROCLAMATION</u>** UNLOCKING YOUR FUTURE DAY APRIL 27, 2024

Whereas, one in four Texans experience an opioid overdose or know someone who have overdosed; and

Whereas, fortunately, when faced with a substance use/misuse illness and contributing mental health conditions, recovery is possible and does not have to be accomplished alone; and

Whereas, East Texas Recovery Initiative is a coordinated network of community-based services and support that is person-centered and builds on the strengths and resiliencies of individuals, families, and communities to achieve abstinence and improved health wellness, and quality of life; and

Whereas, key members are Recovery Support Peer Specialists with lived experience and vast knowledge and resources to help individuals, their families, and support systems plan and navigate the road to recovery; and

Whereas, East Texas Recovery Initiative actively guided over 100 Gregg County residents along their path to long-term recovery of mental health and substance use with services such as counseling, sober housing, transportation, support groups, and mentoring; and

Whereas, Gregg County supports the efforts East Texas Recovery Initiative as they continue guiding those needing and seeking help towards long-term recovery.

NOW THEREFORE, I. Bill Stoudt, Gregg County Judge, do hereby proclaim April 27th, 2024, as UNLOCKING YOUR FUTURE DAY, in Gregg County, Texas.



Signed This 27th day of April, 2024 2 Stores

Bill Stoudt, Gregg County Judge

### Quotes and Successes (cont.)

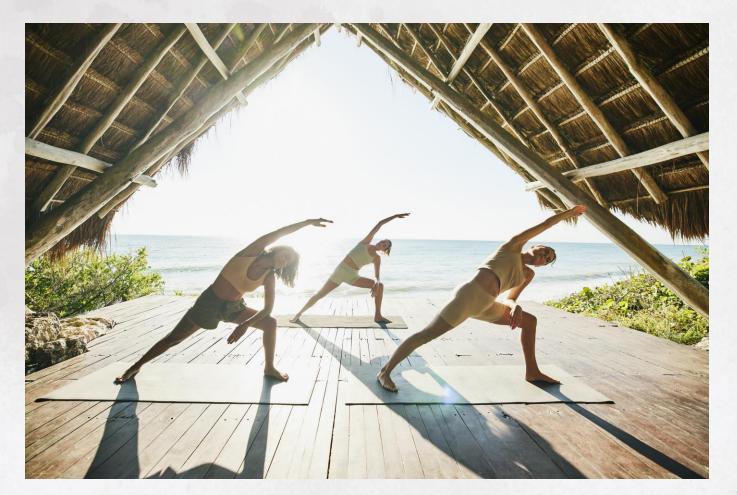
- You helped me so much... helped me get in *recovery housing*. I just wanted to say thank you and God bless you. I've remained sober and have been back with my children and their father since December of 2022. Thank you again"
- "I loved having my recovery coach come meet me at my house at the same time my parole officer was coming by. My PO was able to see I am serious about my recovery and staying out of prison".

### Local solutions to local challenges.



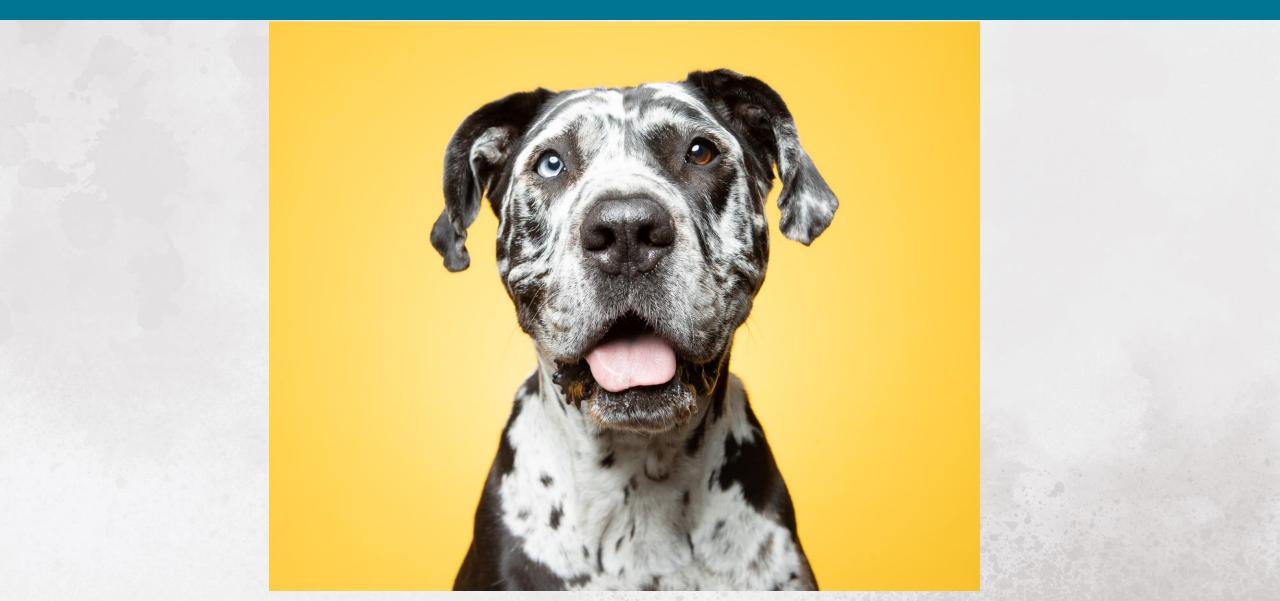






#### https://www.liberatingstructures.com/3-nine-whys/







We're Glad You're Here

