



MHFA Statistics



Post Class Evaluations

- 58% felt confident referring someone to a professional
- 60% felt confident referring someone to practical help
- 93% said the course was helpful and informative
- 55% said MHFA better prepared them for the work that they do



Quarterly Survey Results

- 96 %would recommend the training to others
- 54 %used the training with a coworker
- 63 % used the training with a friend
- 31 % used the training to help a student who was thinking of suicide
- 95 % reported MHFA increased their compassion towards people with mental illness
- 96 % reported MHFA increased their confidence to approach someone who may need help or is in a crisis.



Employees who feel supported in the workplace report:

- Less absenteeism
- More positive feelings about employer
- More pride in their job
- Higher job satisfaction and intentions to stay at their company



Total Individuals Trained in all MHFA curricula

- 2014 - 2868 trained
- 2023 - 184,048 trained

That is over 6000% increase in 9 years!