

Nurturing Compassion

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Trauma Informed and Compassionate Care

1. What do compassion and trauma informed care mean to you?



2. How would you know that your organization and community were trauma informed?
3. How would you most like your organization and community to grow in its capacity to be trauma informed?

Toolbox:

1. What Practical Skillsets does/could my organization offer the community?



2. How does/can my organization invest in building a trauma informed team?

3. How can we be adaptable to the specific needs of our community?

Action Steps:

1. What are 2 (or more) things that my organization does well that I want to ensure continues?



2. What are 2 new ideas or solutions that I want my organization to try?

3. How can I make that happen?