



TEXAS
Health and Human
Services

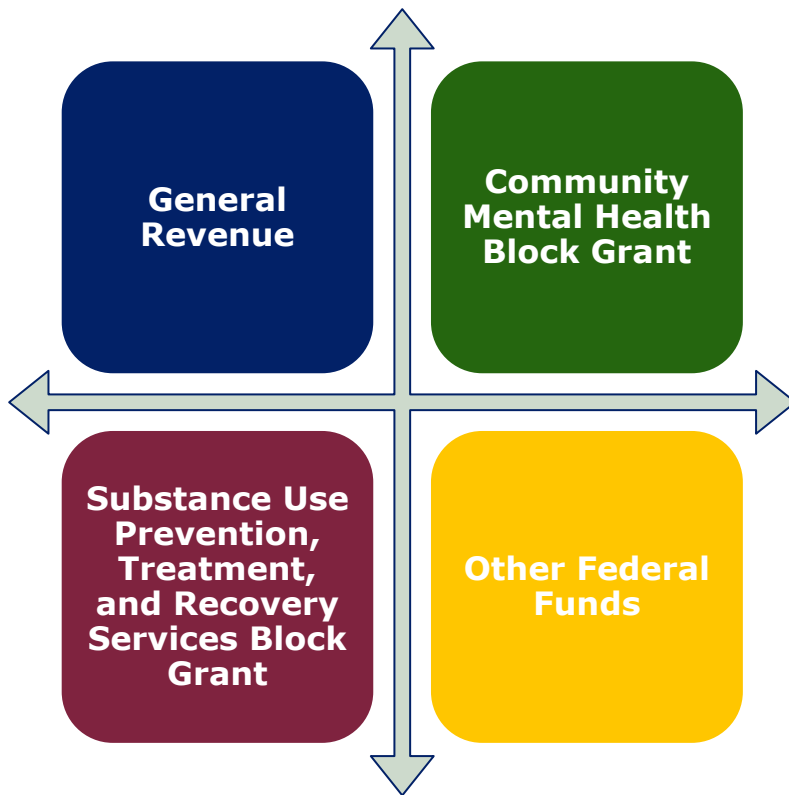
Annual Texas Council Conference

Trina Ita, Deputy Executive Commissioner

Behavioral Health Services

June 18, 2024

Funding Overview

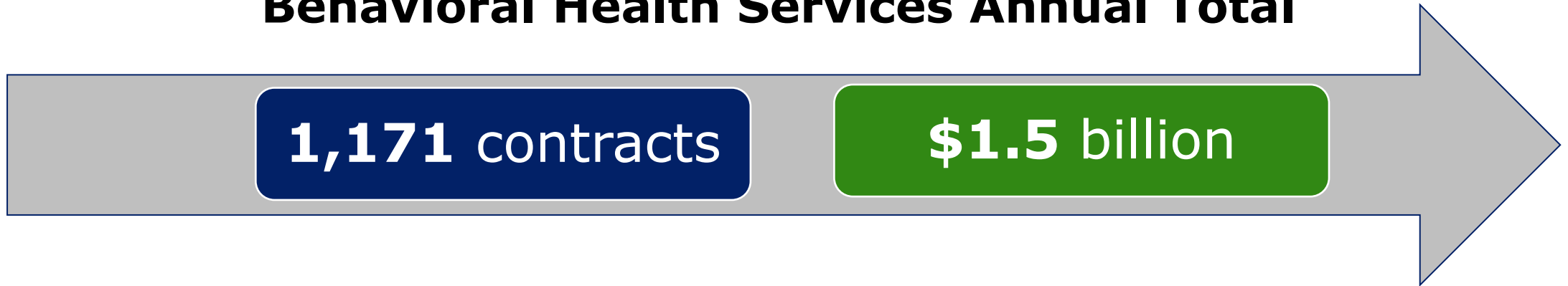


Strategy	Fiscal Year 2024
Community Mental Health Services	
D.2.1 Community MH Services for Adults	\$451,244,249
D.2.2 Community MH Services for Children	\$110,629,159
D.2.3. Community MH Crisis Services	\$168,063,047
D.2.5 Behavioral Health Waiver and Plan Amendment	\$33,264,695
D.2.6 Community MH Grant Programs	\$115,500,000
G.2.2 MH Community Hospitals*	\$240,137,594
G.4.2 Facility Capital Repairs and Renovation*	\$78,600,000
Substance Use Services	
D.2.4 Substance Use Prevention, Intervention, and Treatment Services	\$276,979,144
Total	1,474,417,888

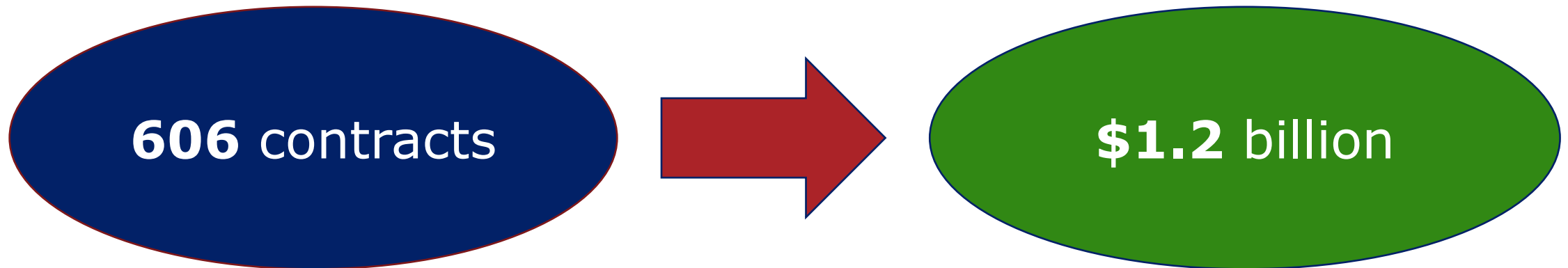
*G.2.2 & G.4.2 only include appropriated funds managed Behavioral Health Services

Contracts and Total Funding

Behavioral Health Services Annual Total



Local Mental Health and Behavioral Health Authorities Total



Texas Resilience and Recovery

Fiscal Year 2023 – Fiscal Year 2024 (first half)

All levels of care

- 142,599 children served
- 489,952 adults served

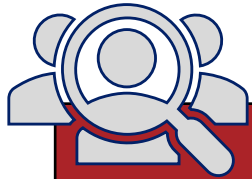
Full levels of care

- 125,574 children served
- 424,841 adults served



In fiscal year (FY) 2023, **99 percent** of children and adults in a Texas Resilience and Recovery (TRR) full level of care remained in the community and did not require inpatient psychiatric care in a HHSC-funded bed.

Key Performance Contract Measures



Exceeding TRR Targets in FY23

Children

Measure

Target

- **47%** showed overall improvement in functioning
- **82%** showed acceptable or improved family living situations
- **73%** showed acceptable or improved school performance

20%

25%

60%

Adult

Measure

Target

- **37%** showed overall improvement in functioning
- **70%** showed acceptable or improved employment
- **87%** showed acceptable or improved residential stability

20%

39.8%

84%

Noteworthy TRR Outcomes (1 of 2)

FY23

Intensive Case Management with Wraparound

- **4,957** children served
- **51%** decrease in crisis intervention service encounters
- **37%** decrease in HHSC-funded inpatient psychiatric hospitalizations

Youth Empowerment Services Waiver

- **2,575** children and youth served
- Annual cost savings of **\$12,494** per person compared to non-YES participants
- **48%** decrease in crisis intervention service encounters

Coordinated Specialty Care

- **1,286** children and adults served
- **86%** of people did not have a psychiatric hospitalization in the fiscal year
- **98%** were not arrested

Noteworthy TRR Outcomes (2 of 2)

FY23

Assertive Community Treatment

- **6,360** adults served
- **42%** decrease in crisis intervention service encounters
- **88%** decrease in HHSC-funded inpatient psychiatric hospitalizations

Supportive Housing Rental Assistance

- **1,752** adults received rental assistance
- **38%** decrease in crisis intervention service encounters
- **71%** decrease in HHSC-funded inpatient psychiatric hospitalizations

Outpatient Competency Restoration Services

- **591** served positively impacting the state hospital forensic waitlist
- **129** people restored

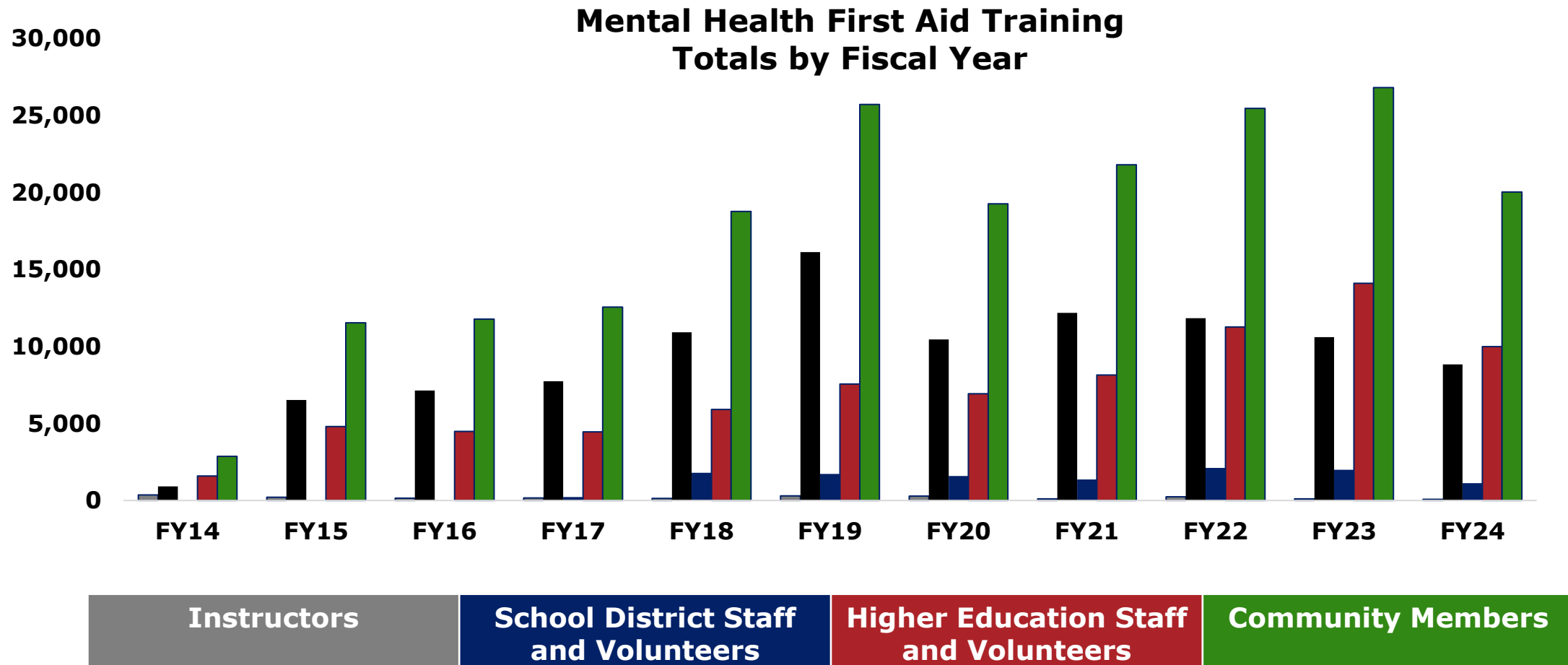
Texas Certified Community Behavioral Health Clinics

- As of May 2024, Texas has 44 Texas Certified Behavioral Health Clinics (T-CCBHCs)
 - ▶ All **39** local mental health authorities (LMHAs) and local behavioral health authorities (LBHAs) are T-CCBHCs.
 - ▶ **10** LMHAs and LBHAs recertified in FY24, one more by the end of the fiscal year.
 - ▶ Allocated American Rescue Plan Act funding to **88** substance use treatment contracts across 38 LMHAs and LBHAs, adding **20** new contracts in FY24.
 - ▶ Hosted **18** external Inte-great listening sessions.
 - ▶ Introduced T-CCBHC quality measure workbook and updated T-CCBHC criteria.



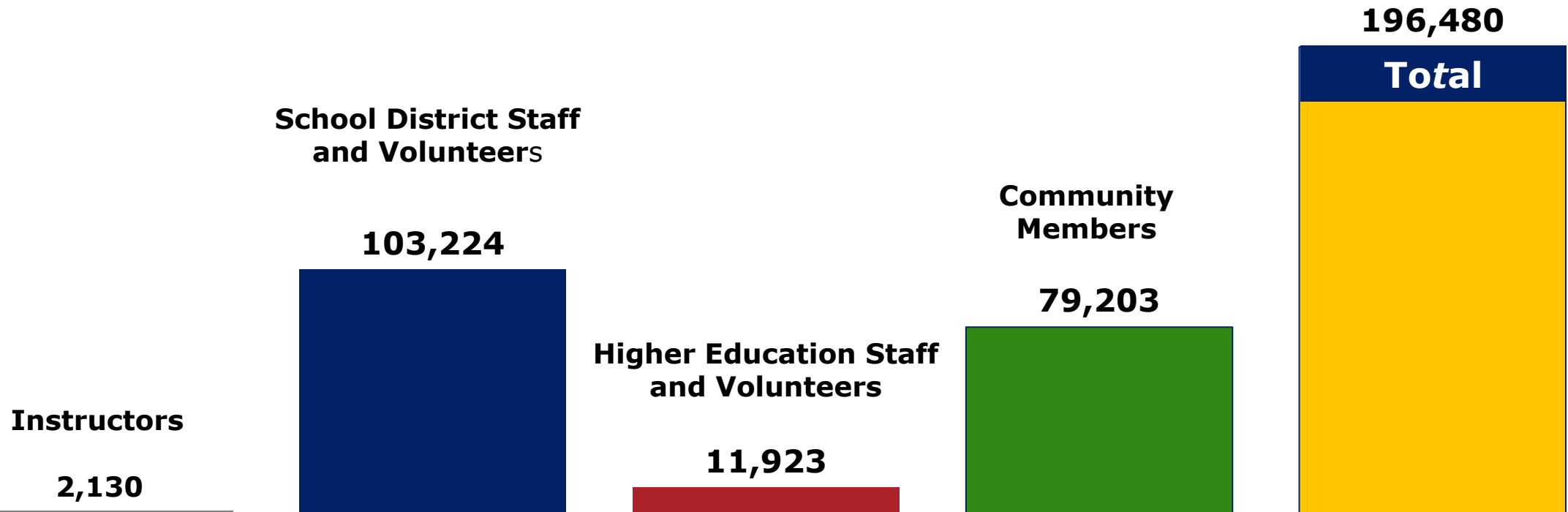


Mental Health First Aid Training (1 of 2)



Mental Health First Aid Training (2 of 2)

Mental Health First Aid Training Fiscal Year 2014 – Fiscal Year 2024 (first half)



Suicide Care Initiative

Suicide Data: Texas

Suicide is a public health problem and leading cause of death in the United States. Suicide can also be prevented – more investment in suicide prevention, education, and research will prevent the untimely deaths of thousands of Americans each year. Unless otherwise noted, this fact sheet reports 2021 data from the CDC, the most current verified data available at time of publication (January 2024).



11th leading cause of death in Texas

2nd leading

cause of death for ages 10-24

3rd leading

cause of death for ages 25-34

5th leading

cause of death for ages 35-44

7th leading

cause of death for ages 45-54

11th leading

cause of death for ages 55-64

18th leading

cause of death for ages 65+

69% of communities did not have enough mental health providers to serve residents in 2023, according to federal guidelines.

Over **two times** as many people died by suicide than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of **95,307 years** of potential life lost (YPLL) before age 65.

55% of firearm deaths were suicides.

60% of all suicides were by firearms.

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Texas	4,193	14.17	35
Nationally	48,183	14.04	

See full list of citations at afsp.org/statistics.

afsp.org/statistics



American
Foundation
for Suicide
Prevention

Statewide implementation of Zero Suicide through evidence-based training, suicide prevention strategies, and technical assistance.

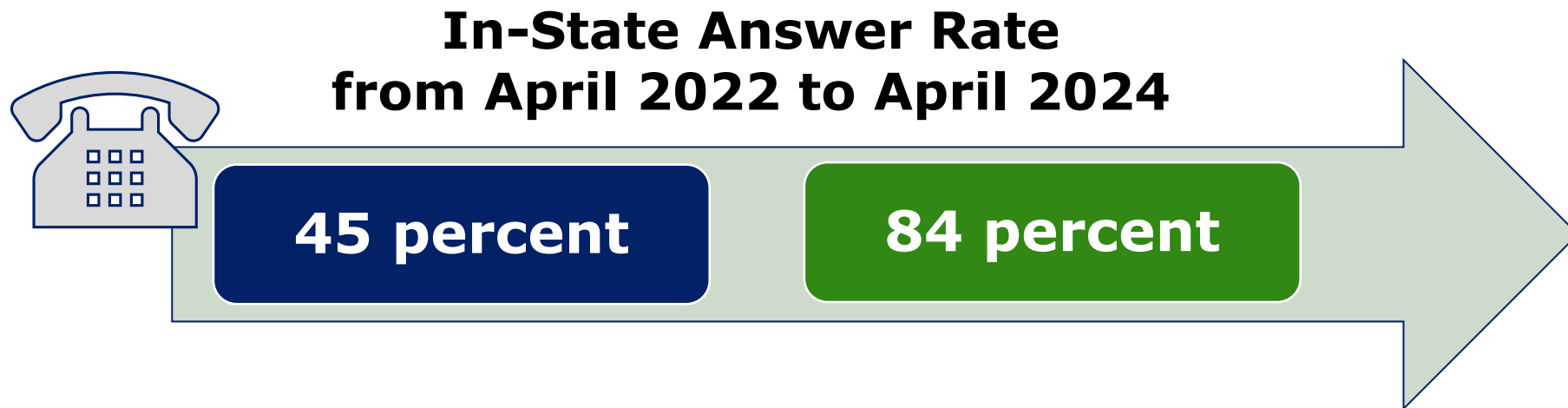
FY 2019 – March 2024

1,065 people trained as trainers in best practice suicide prevention and intervention curriculums.

1,233 people have been trained in suicide-focused treatments.

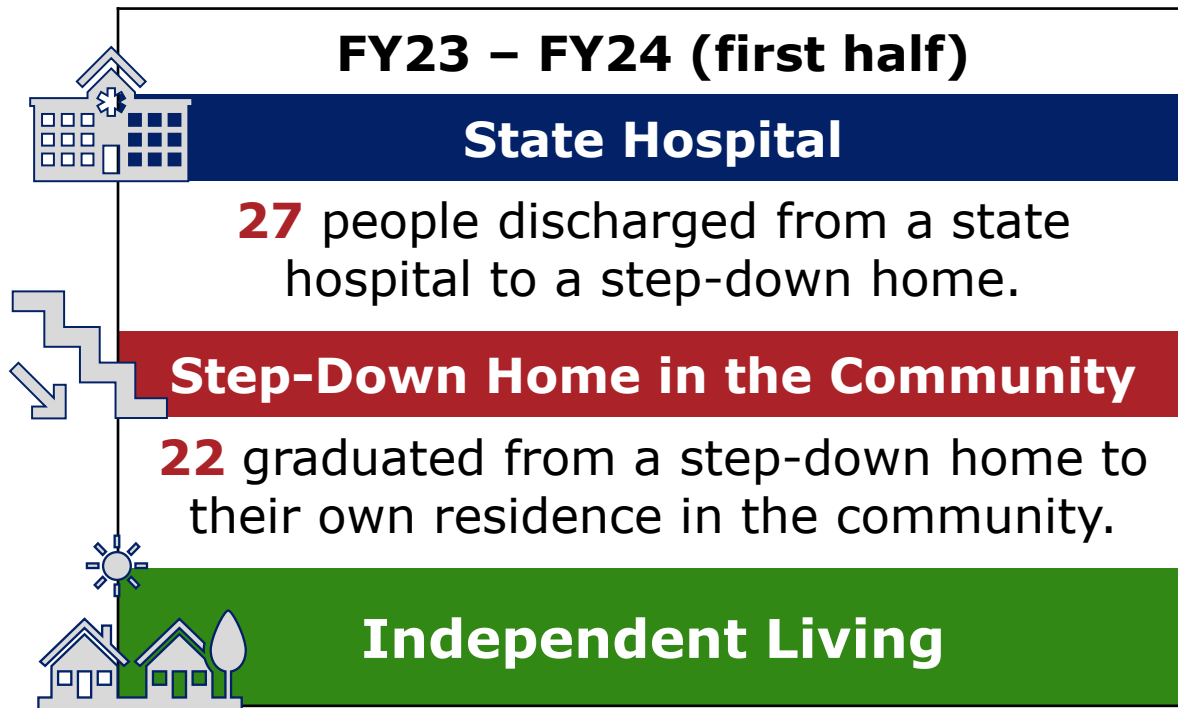
988 Suicide and Crisis Lifeline

- Expanded in-state backup coverage to 242 of 254 counties.
- Texas 988 centers answered more than **15,500** calls in April 2024 for an in-state answer rate of **84 percent**.
- The Cooperative Agreements for State and Territories to Improve Local 988 Capacity grant will expand 988 services, improve data collection processes, and establish a statewide public awareness campaign.



State Hospital Step-Down Program

- **3** LMHAs with **4** step-down homes with a total capacity of **30** beds.
- Adding **8** step-down homes, increasing total capacity to **80** beds available statewide.





Return on Investment

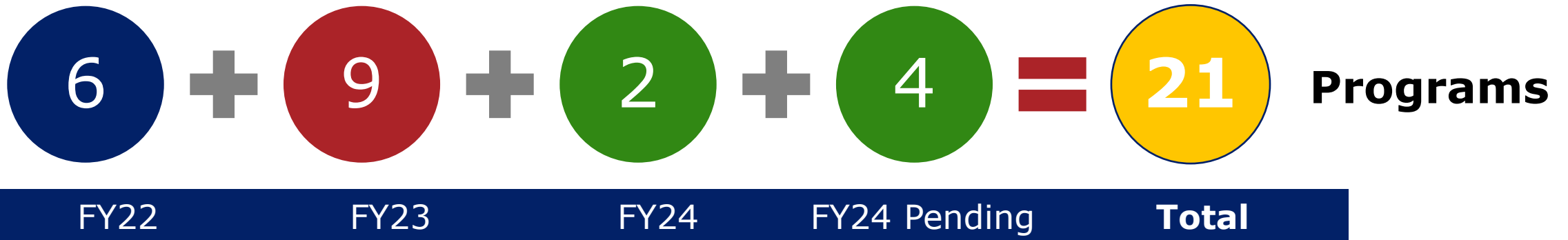
Average Daily Cost in FY23

State Hospital Bed	\$1,013
Step-Down Bed	\$413


Estimated Cost Avoidance

  The cost to operate 30 state hospital beds compared to the cost to operate step-down beds, yields as cost savings of approximately **\$6.6 million annually.**

Jail-Based Competency Restoration



**FY23 – FY24
(first half)**



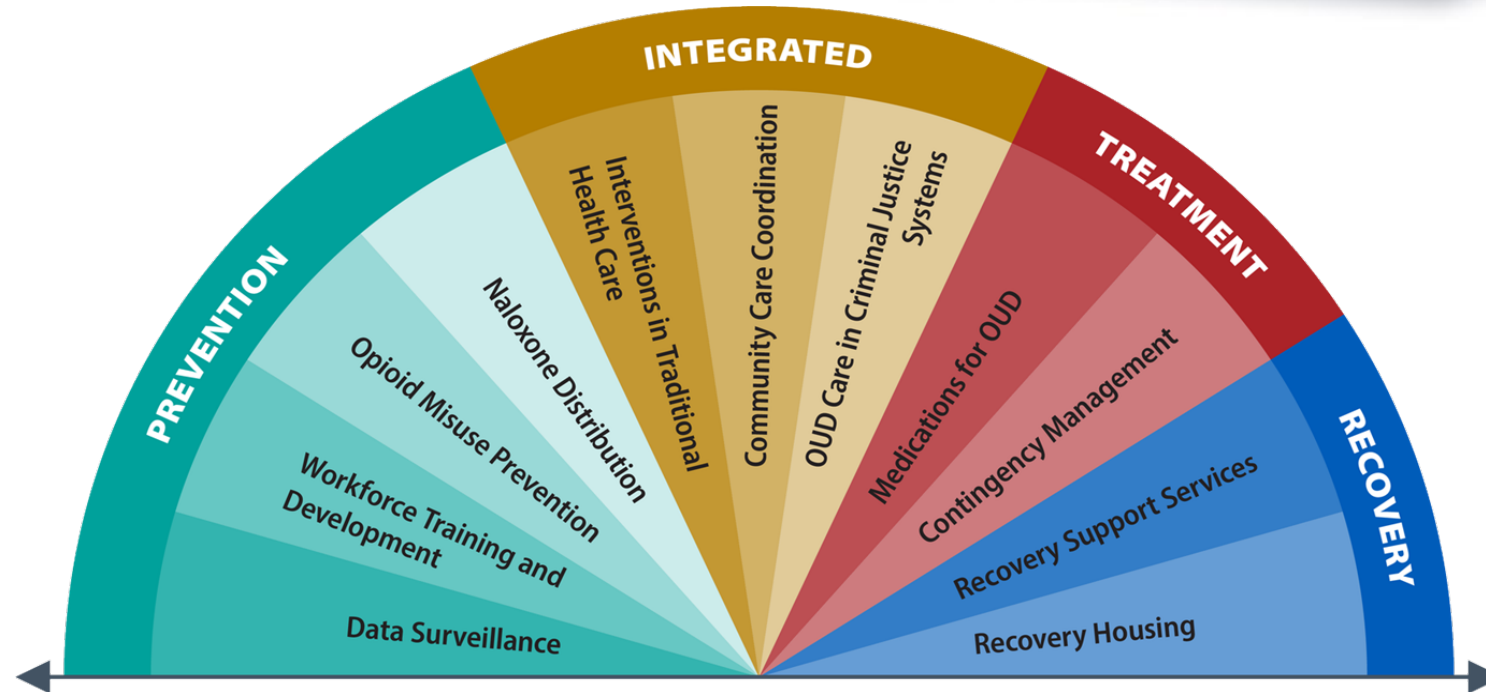
\$1.5 million reallocated
from Outpatient
Competency
Restoration programs
to expand Jail-Based
Competency
Restoration Programs



**Impact to State
Hospital and
Forensic Waitlist**

916 served in JBCR
and **434** people
restored

Texas Targeted Opioid Response



Texas Targeted Opioid Response Continuum of Services

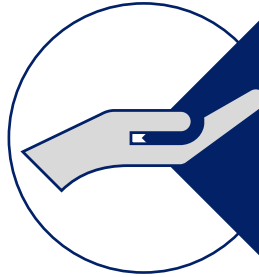
FY23

Over **5,000** lives saved using naloxone.

Over **13,000** lives saved using naloxone since the start of the TTOR program.

Medications for Opioid Use Disorder

**Onset of
program
through FY23**

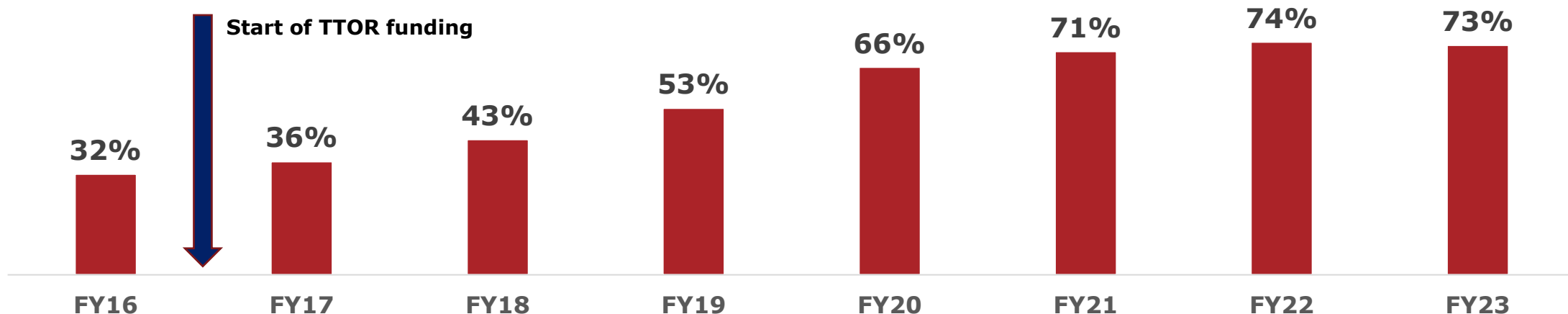


1,701 admissions
to MOUD attributed
to a recovery coach



5,965 people
entered MOUD
through non-
traditional settings

Percent of Opioid Use Disorder Admissions to Evidence-Based Treatment



Turn To Campaign

- Annual statewide media campaign emphasizing and directing Texans to "Turn To" the people and places around them to cope with feelings instead of turning to substances.
- Campaign messaging drives people to the campaign website, TurnToSupportsTX.org, which provides general resources and the Turn To Check-In, which offers customized wellness and substance use resources.

**Find comfort
in connection.**

TurnToSupportsTX.org



**Substance use is
not the solution**

TurnToSupportsTX.org

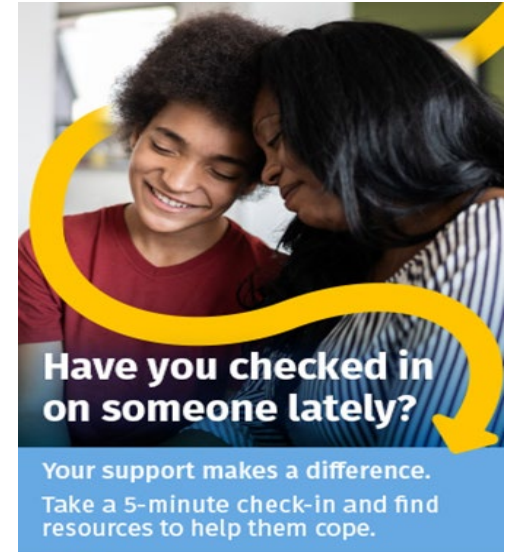


**Take a second to put
yourself first.**

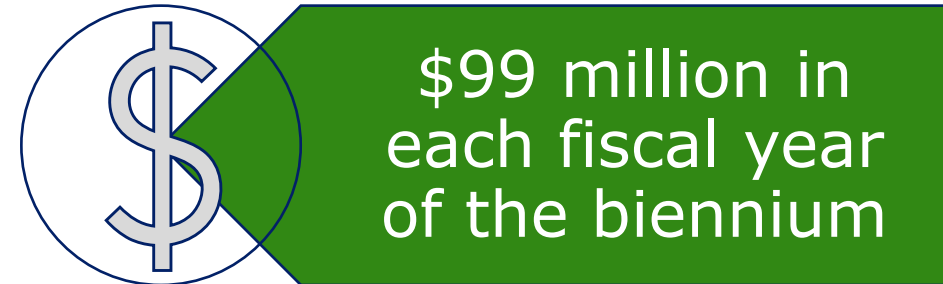


**Have you checked in
on someone lately?**

Your support makes a difference.
Take a 5-minute check-in and find
resources to help them cope.



88th Legislative Session (1 of 5)



- At least **193** additional state purchased inpatient psychiatric beds
- **20** beds for children in Department of Family and Protective Services (DFPS) conservatorship
- Up to **\$13.7 million** to serve the Uvalde community

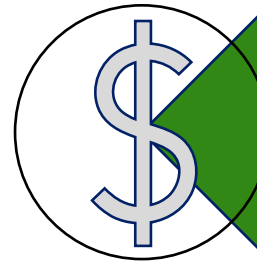


Total of **769** purchased inpatient psychiatric beds available statewide

88th Legislative Session (2 of 5)



Crisis Stabilization
Facilities



\$14 million in each
fiscal year of the
biennium

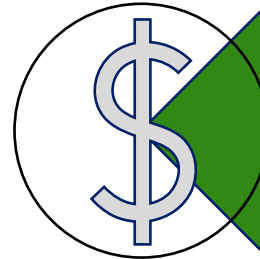
Facility Type	Pre 88 th Session	Post 88 th Session
Crisis Residential Unit	7	9
Crisis Respite Unit (Adult)*	13	16
Crisis Stabilization Unit	3	4
Diversion Centers	3	7
Extended Observation Unit	8	11
Total	34	47

*Children's and Peer-Run Respite are included in another funding item.

88th Legislative Session (3 of 5)



Children's Crisis
Respite



\$5.75 million in each
fiscal year of the
biennium

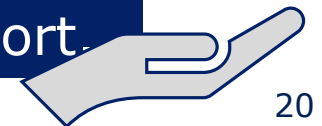
**\$4 million each fiscal year for traditional
children's respite units**

Pre 88th Session
5

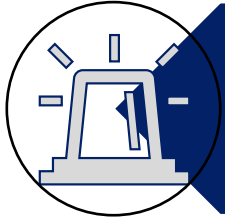
Post 88th Session
12



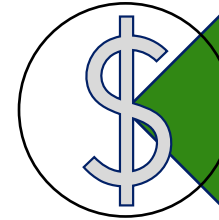
\$1.75 million in each fiscal year over the biennium to pilot 3 peer-run youth respite programs extending the respite care continuum to support young people and families prior to needing overnight support.



88th Legislative Session (4 of 5)



Youth Crisis Outreach Teams

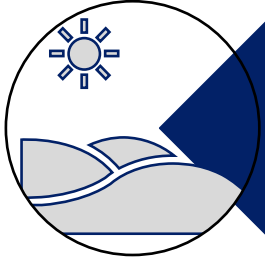


\$7 million in each
fiscal year of the
biennium

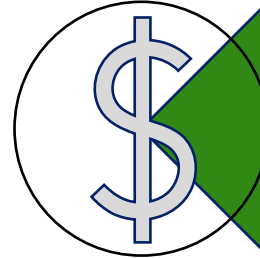
- Establishes **8** youth mobile crisis outreach teams.
- Aims to reach children and families with complex needs including those with DFPS involvement.

Providers	
<ul style="list-style-type: none">• Bluebonnet Trails• Border Region• Burke Center• Emergence Health Network	<ul style="list-style-type: none">• Heart of Texas• North Texas Behavioral Health Authority• Tarrant County• Tri-County

88th Legislative Session (5 of 5)

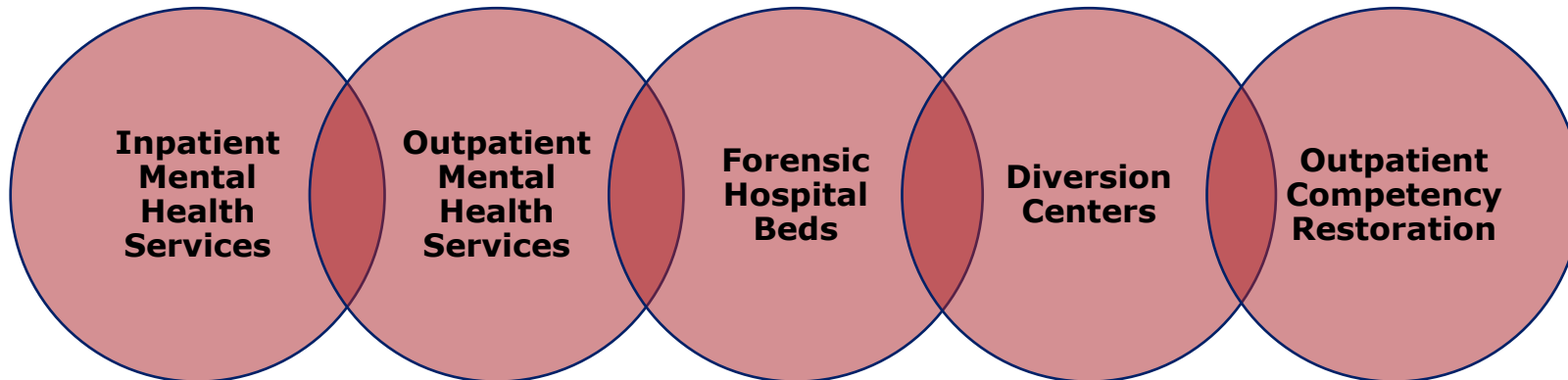


Rural Initiative Grant Program



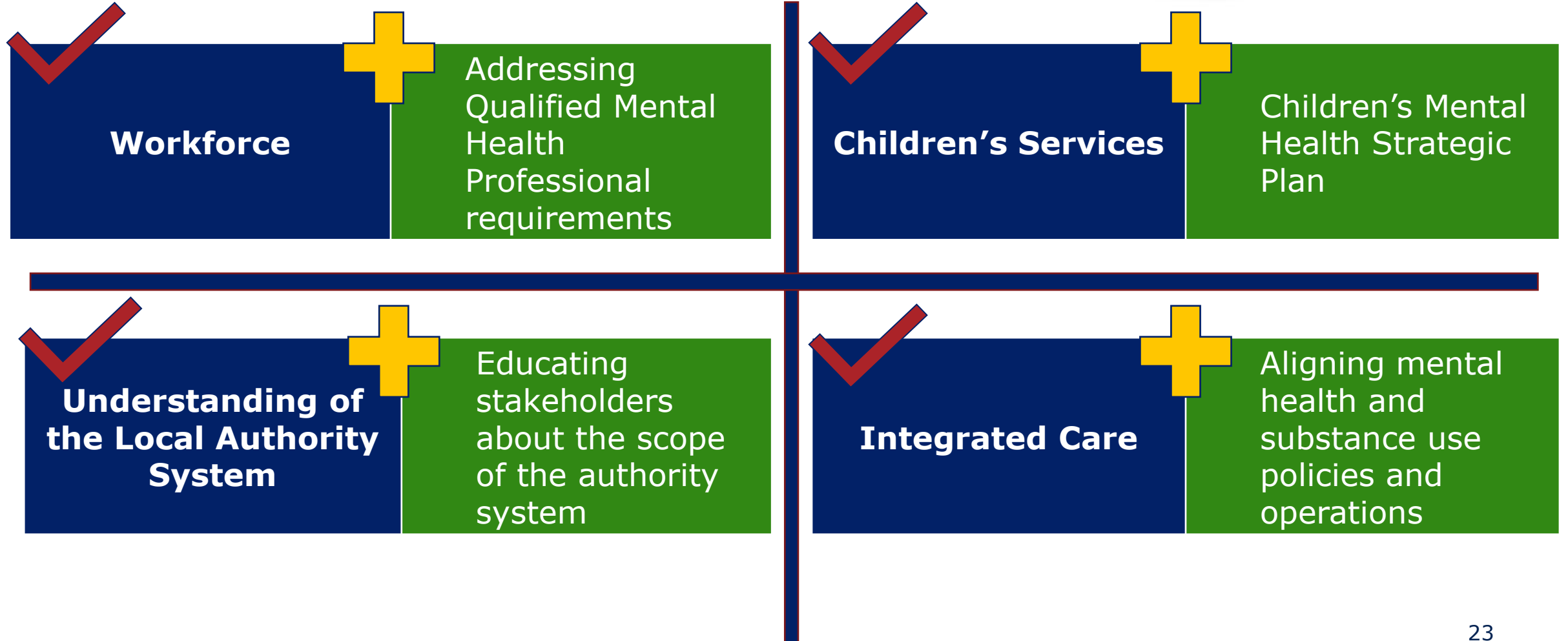
\$1.5 million in each
fiscal year of the
biennium

- Establish or expand regional behavioral health centers or jail diversion centers
- May serve children and adults
- Must serve at least one Texas county with a population of less than 250,000

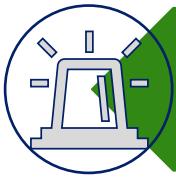




Challenges



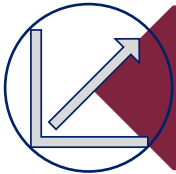
Topics of Interest



Crisis services, including
youth crisis outreach
teams



System navigator
program



Mental health and
substance use treatment
capacity



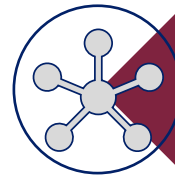
Mental health services for
veterans



YES and RTC rate
analysis



IT enhancements



Community Resource
Coordination Groups



Children's mental
health services

On the Horizon

Children's Mental
Health Strategic Plan

Strengthen supports
for inpatient
discharges

Collaboration with
DFPS to address
children in
conservatorship



Forensic Support
Teams and Jail
Liaisons

Prepare for
Legislative Session

Sunset Review



Thank You

Trina Ita, Deputy Executive Commissioner

Behavioral Health Services

Trina.Ita@hhs.texas.gov