



Who

ARE THESE

BHPP PEOPLE???

Working with your Behavioral Health Partnership Program

# Do you know?



For each category, write on your  
sticky notes and equivalent  
program provided through the  
Education Service Center or Local  
Education Agency.

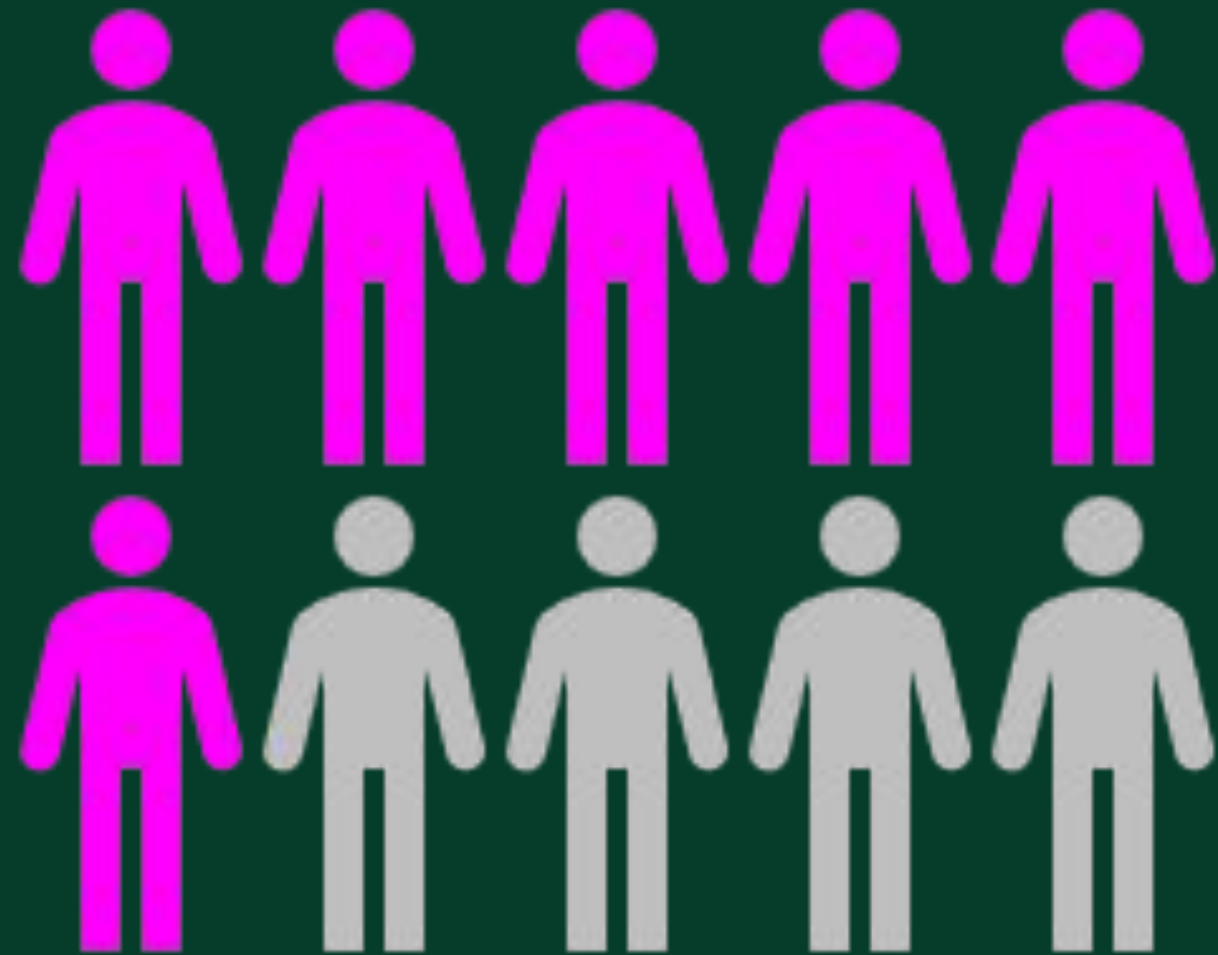
# What is BHPP?

Behavioral Health Partnership Program

## Resource Linking

- BHPP Liaisons serve as a resource for schools to increase awareness and understanding of mental health disorders, substance use, and initiatives to improve youth mental health

In Fiscal Year 2023



# Statistics



8,403

community  
members  
trained in  
substance use  
prevention  
and  
intervention



121

training events on  
substance use prevention  
and intervention



944

school districts  
impacted by a  
BHPP

40,694

initiatives facilitated to  
address mental health  
and substance use and  
misuse prevention

475

training events on  
the effects of grief  
and trauma



20,213

community  
members trained  
on the effects of  
grief and trauma



389

Mental Health First  
Aid events

1,124

mental health and  
substance use prevention  
resources shared



4,776

community members  
trained in MHFA



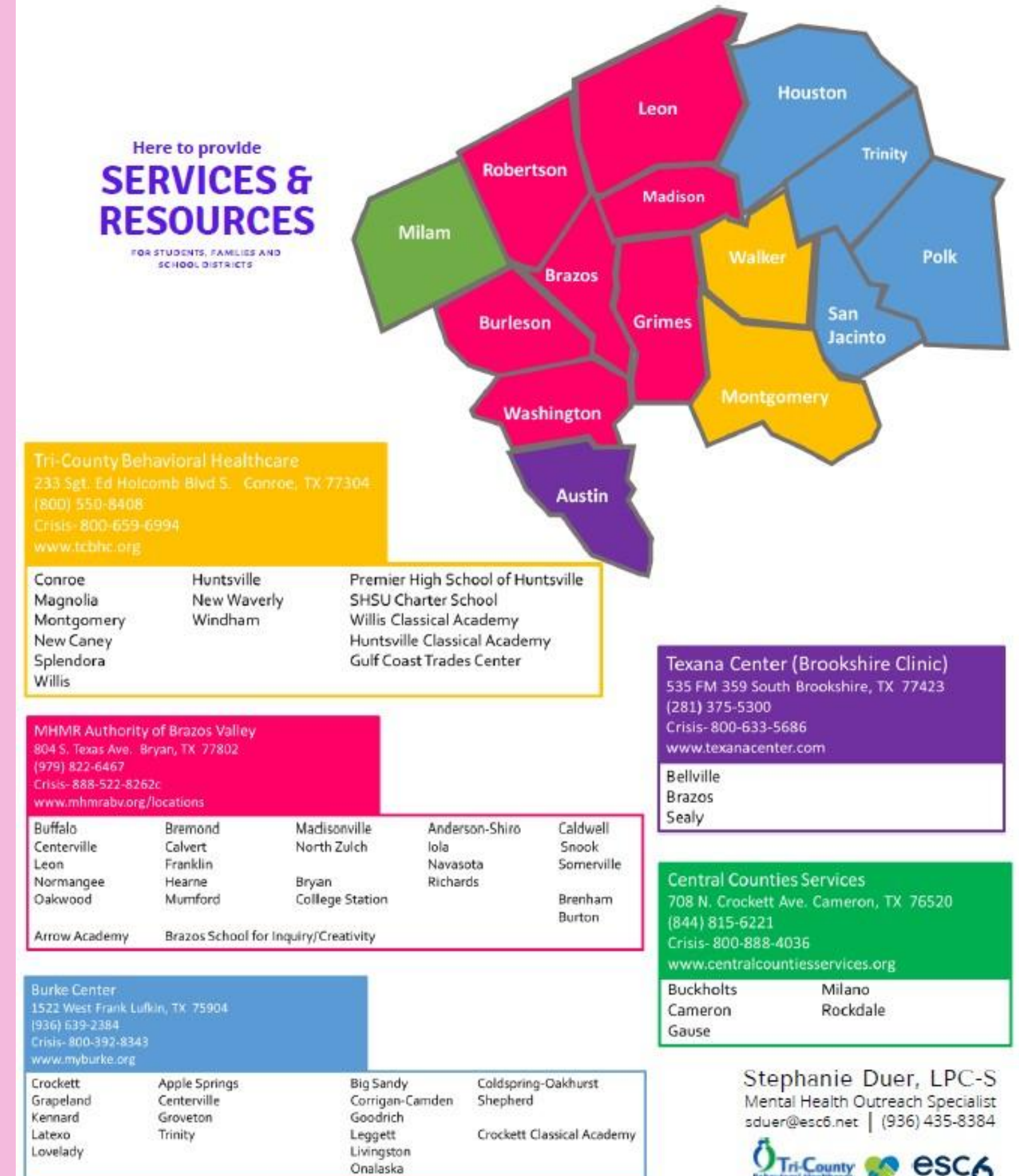
Stephanie Duer, M.A., LPC-S  
Tri-County Behavioral Healthcare  
Region 6 Education Service Center





- Community Resource Symposium
  - Presentation about LMHA
  - Connection with LMHAs
- Monthly YMHFA
  - Scheduled at the ESC
  - Rotate LMHA Outreach Workers
  - I operate as their “sales rep”
- Parent Resource Fairs
  - LMHA information shared
- TASRO Conference
  - Navigating Mental Health Systems
  - The Role of an LMHA & BHPP Liasons
- County Crisis Collaborative
  - Working with schools, law enforcement, community agencies to problem solve crisis processes for youth
- LMHA Tours
  - School personnel tour the LMHA, meet key people and receive information

## REGION 6 LOCAL MENTAL HEALTH AUTHORITY MAP



\*This map is a representation of the local mental health authorities of districts within Region 6.





Alex Robles, M.S., LPC  
MHMR Concho Valley  
Region 15 Education Service Center

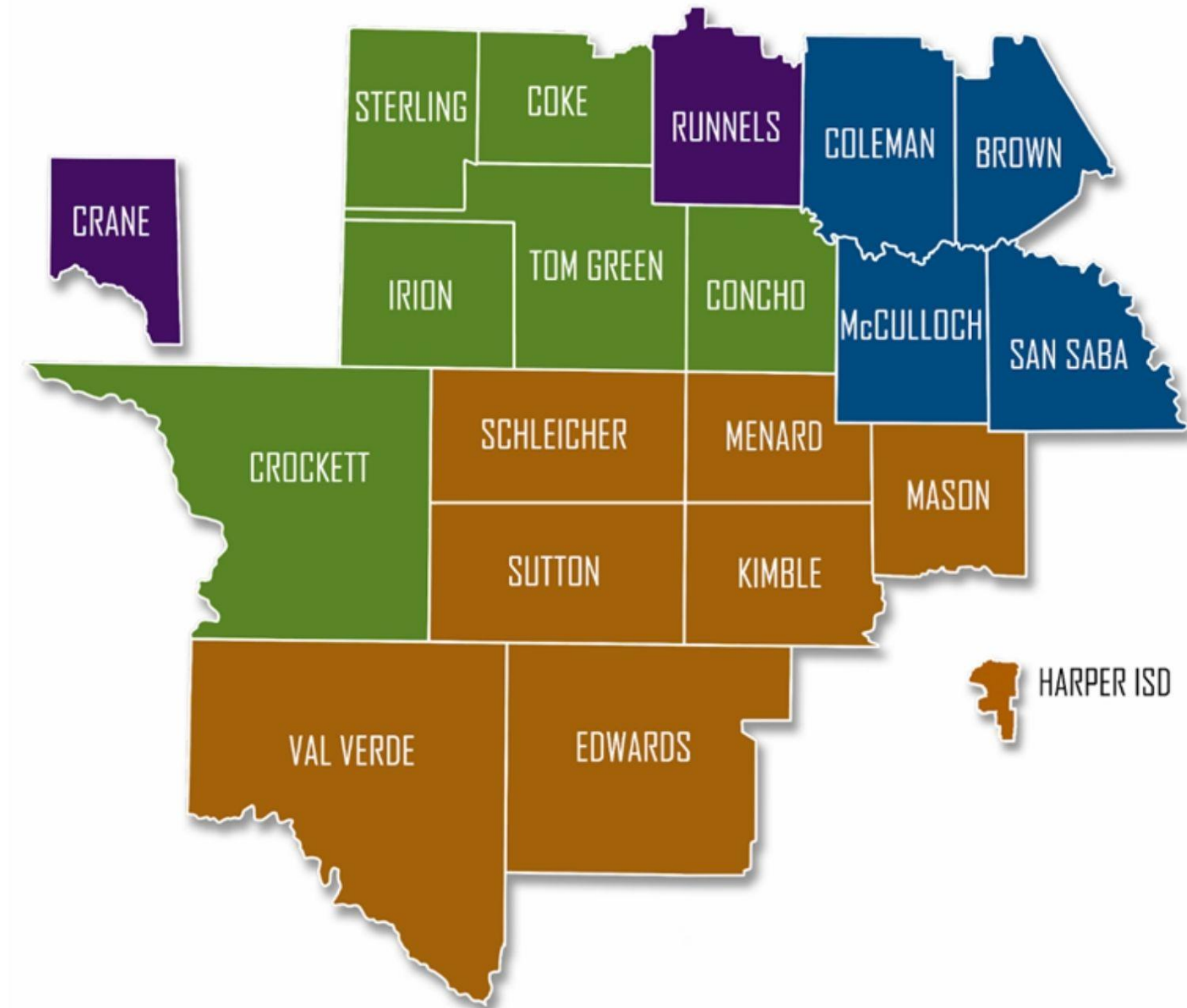




- Conference Presentations
- Safety/Crisis Team
- MTSS Team
- Parent Family Engagement
- Youth Mental Health First Aid
- Psychological First Aid
- American Foundation for Suicide Prevention Presenter
- The Mental Breakdown Podcast
- Region 15 Resource Guide



## REGION 15 LOCAL MENTAL HEALTH AUTHORITY MAP



**Hill Country MHDD**  
830.792.3300

**Center for Life Resources**  
325.646.9574

**West Texas Centers**  
432.263.0007

**MHMR Concho Valley**  
325.658.7750



Brandalyn Haggerty, M.S., LPC  
The Center for Health Care Services  
Region 20 Education Service Center

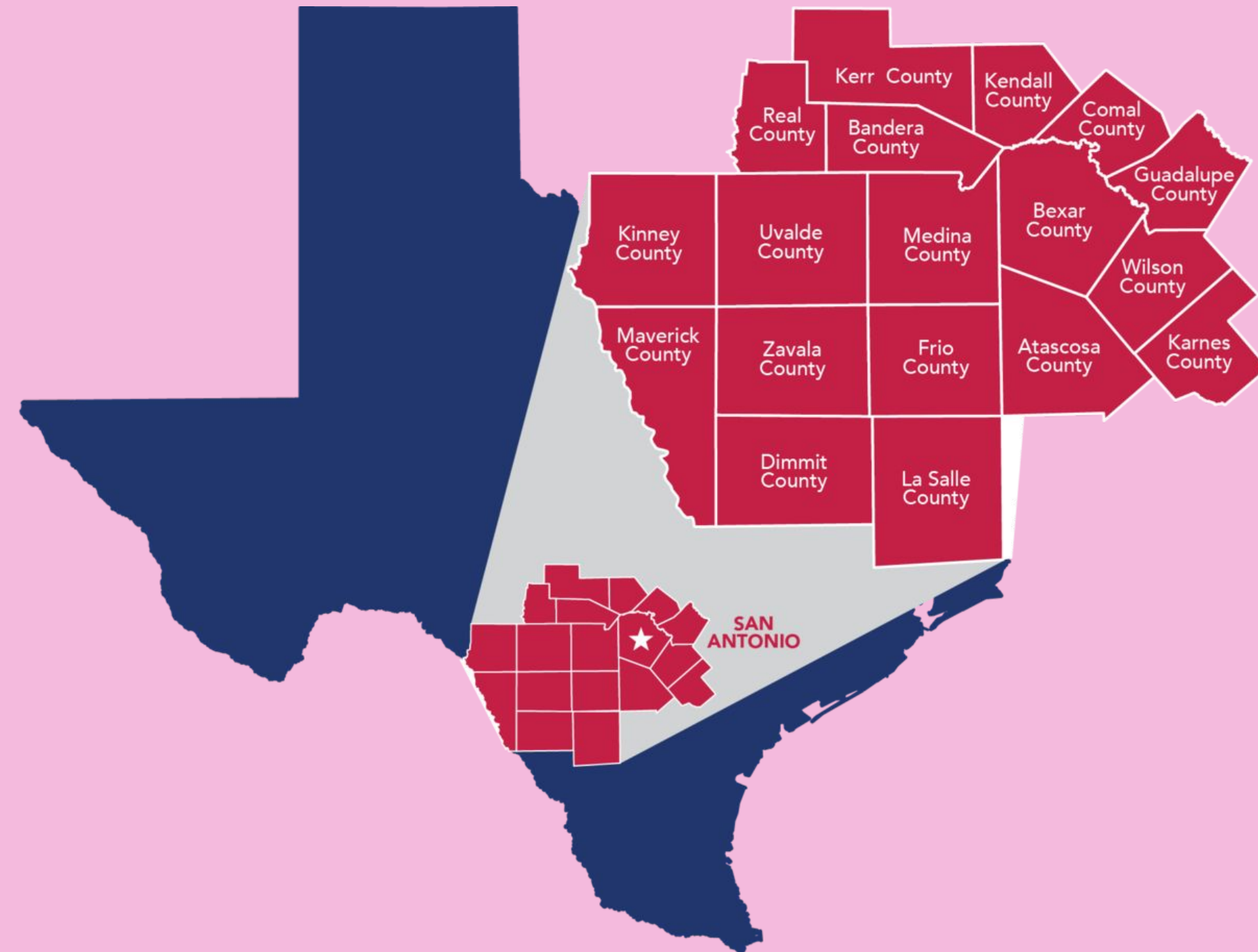


**THE CENTER**  
**FOR HEALTH CARE SERVICES**  
*Mental Health & Substance Use Solutions*

Where hope and healing begin.



- Provide ongoing professional development
  - Mental Health First Aid
  - The Road 2 Recovery: Supporting Children with IDD Who Have Experienced Trauma
  - Psychological First Aid
  - Counsel on Access to Lethal Means
  - AS+K About Suicide to Save a Life
  - Teaching Educators Dual Diagnosis
- Participate in local coalitions to represent LMHA/ESC
  - Alamo Area Teen Suicide Prevention Coalition
  - San Antonio Office of Emergency Management - Threat of Domestic Violence Extremism in Youth Advisory Committee
- Act as a connecting piece between LEAs and LMHA
  - Appropriate LMHA team members (care managers, team leads, MHFA coordinator)
  - MHFA Coordinator
  - Crisis Programs and Districts





David Baker, M.S., LPC-S  
Heart of Texas Behavioral Health Network  
Region 12 Education Service Center



HEART OF TEXAS  
**Behavioral Health Network**



*Innovate. Empower. Educate.*

- Coordinating with LMHA/LBHA Youth Mental Health First Aid and Providing AS+K training to LMHA staff and community
- Community Systems and Coalitions:
  - Our Community Our Future System of Care Steering Committee
  - Voices Advocating for Substance Awareness Coalition
  - HOT Suicide Prevention Coalition
- Supporting the HOTBHN School Based Mental Health Program and linkage to LMHA/LIDDA
- Heart of Texas Threat Assessment Team/Bell Texas Threat Assessment Team





Rocio Bickei, M.A., LPC  
Emergency Health Network  
Region 19 Education Service Center



**Emergency Health Network**





- 16 years at LMHA, in BHPP role since 2021
- Conference presentations: West Texas P2P Conference, PBIS Conference, SAFE Conference, Empowering Perceptions Conference
- Mental Health First Aid, AS+K, Psychological First Aid for Schools, Sources of Strength, American Foundation for Suicide Prevention Modules, Teaching Educators Dual Diagnosis, Road to Recovery, Building a Practice to Support Educator Wellness and Trauma-Informed Classrooms and Campuses
- All sessions available in Spanish



**ROCIO BICKEI, MA, LPC**  
PROFESSIONAL DEVELOPMENT CONSULTANT - MENTAL HEALTH

**HB 19 Mental Health Support**  
The purpose of HB 19 is to increase awareness and access to mental health resources and trainings. Free sessions are available to schools, parents, and youth serving organizations.

Presentations and topics can be created and customized to meet your campus and community needs.

**ESC 19** Emergence Health Network

**Available sessions**

- Youth Mental Health First Aid
- Teen Mental Health First Aid
- Psychological First Aid for Schools
- Texas Advancing Suicide Safer Schools Roadmap
- Talk Saves Lives: An Introduction to Suicide Prevention
- It's Real: Teens and Mental Health
- Gizmo's Pawesome Guide to Mental Health
- More Than Sad
- AS+K Basic Gatekeeper Training
- Suicide Prevention
- Substance Use Prevention
- Mental Health 101
- Stress Management/Self-Care
- ...and more!

**CONTACT**  
Office: (915) 760-5360  
Cell: (915) 808-0507  
rbickei@esc19.net  
rbickei@ehnel Paso.org

75-minute program. Teaches teens aged 14 and older to recognize the signs of depression in themselves and others, challenges existing stigma surrounding depression, and demystifies the treatment process.

AS+K Basic Gatekeeper (Mental Health America)  
1.5-4-hour program. Teaches participants to recognize suicide warning signs and initial intervention steps to support a person at risk of suicide.

Mental Health Learning Library topics (Emergence Health Network)  
45-90-minute presentations created and customized to fit each campus and community needs.

## REGION 19 LOCAL MENTAL HEALTH AUTHORITY MAP



**Emergence Health Network**  
El Paso County LMHA  
915-242-0555  
Crisis: 915-779-1800  
[www.emergencehealthnetwork.org](http://www.emergencehealthnetwork.org)

El Paso ISD  
Ysleta ISD  
Socorro ISD  
Clint ISD  
Canutillo ISD  
Anthony ISD  
Tornillo ISD  
Fabens ISD  
San Elizario ISD  
Burnham Wood Charter  
El Paso Academy  
El Paso Leadership Academy

Harmony Science Academy  
IDEA Public Schools  
La Fe Preparatory School  
Paso del Norte Academy  
Premier High School  
Triumph Public School  
Vista Del Futuro Charter School  
Texas College Preparatory Academies  
Paso del Norte Academy



**PermiaCare**  
Hudspeth County LMHA  
1-844-420-3964  
Crisis – 1-844-420-3964  
[www.permiacare.org](http://www.permiacare.org)

Dell City ISD

Ft. Hancock ISD  
Sierra Blanca ISD



Kendra Cates, M.S., LPC-S  
StarCare Speciality Health System  
Region 17 Education Service Center



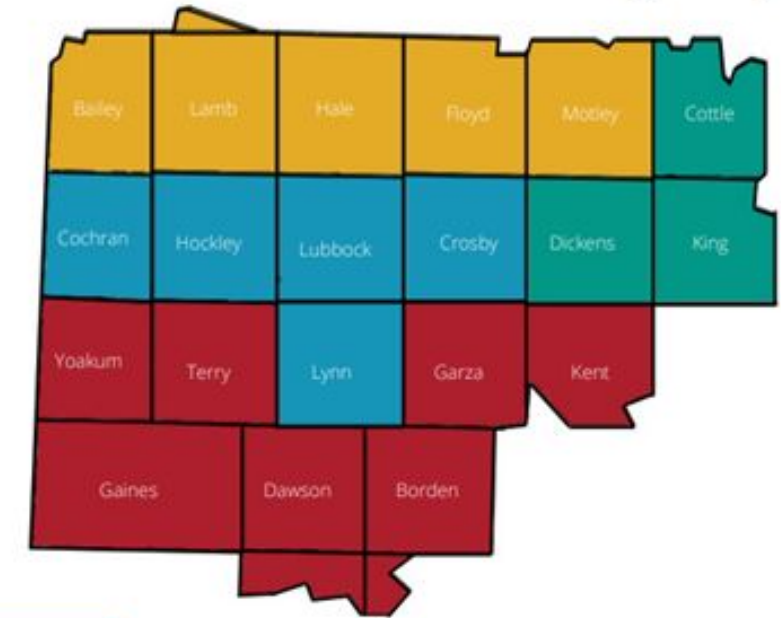
*Region 17*  
Education Service Center



- Almost 1 year with the partnership
- LMHA newsletter for districts for specific area needs/resources and training opportunities
- Small and rural mental health and Behavioral Health Grant partnership
  - Provide districts with LMHA resources
- Trauma-Informed and Mental Health trainings, both in person and virtually
- Youth Mental Health First Aid
- AS+K trainer
- Recently participated in a Mental Health First Aid podcast with LMHA team.

## Region 17 Local Mental Health Authority Map

Here to provide  
**SERVICES &  
RESOURCES**  
for students, families, and  
school districts



**StarCare Specialty Health System**  
1950 Aspen Ave. Lubbock, TX 79404  
806-470-1421  
Crisis - 806-740-1414  
[www.starcarelubbock.org](http://www.starcarelubbock.org)



Anton Crosbyton Frenship Idalou Levelland Lorenzo Lubbock  
Lubbock-Cooper Morton New Deal New Home O'Donnell Ralls Ropes  
Roosevelt Shallowater Slaton Smyer Sundown Tahoka Wilson Whiteface  
Whitharal

**West Texas Center (WTC)**  
\*Mental Health Center address dependent  
on county of residence  
Crisis - 1-800-375-4357  
[www.wtcmhmr.org](http://www.wtcmhmr.org)



Borden Brownfield Dawson Denver City Jayton-Girard Klondike Lamesa  
Loop Meadow Plains Post Sands Seagraves Seminole Southland  
Wellman-Union

**Central Plains**  
2700 Yonkers Plainview, TX 79072  
806-291-4477  
Crisis - 1-800-687-1300  
[www.centralplains.org](http://www.centralplains.org)



**Helen Farabee**  
\*Mental Health Center address  
dependent on county of residence  
Crisis - 903-472-7242  
[www.helenfarabee.org](http://www.helenfarabee.org)



Guthrie Paducah  
Patton Springs Spur

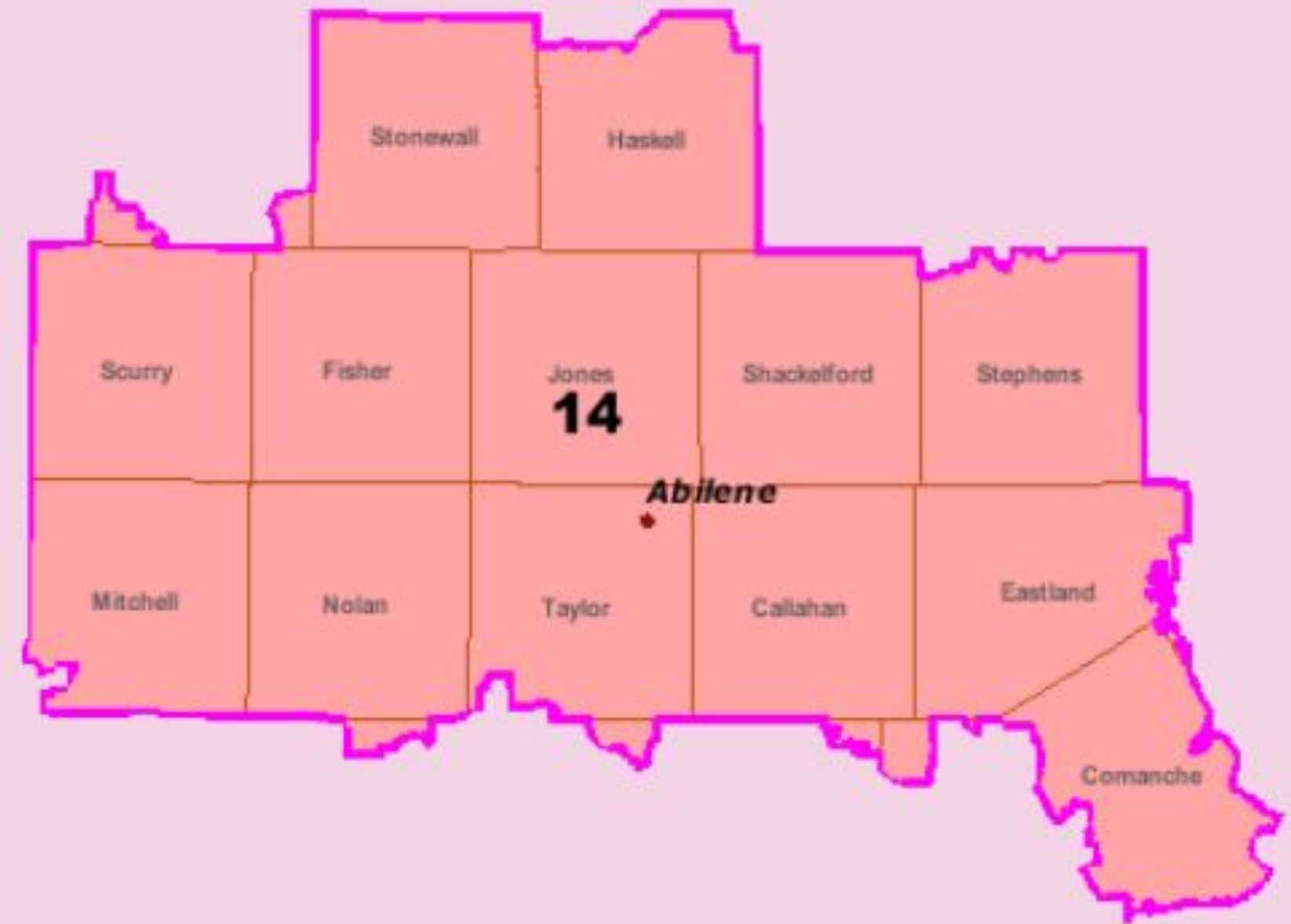
Abernathy Amherst Cotton Center Floydada Hale Center Littlefield  
Lockney Motley County Muleshoe Olton Petersburg Plainview  
Springlake-Earth Sudan



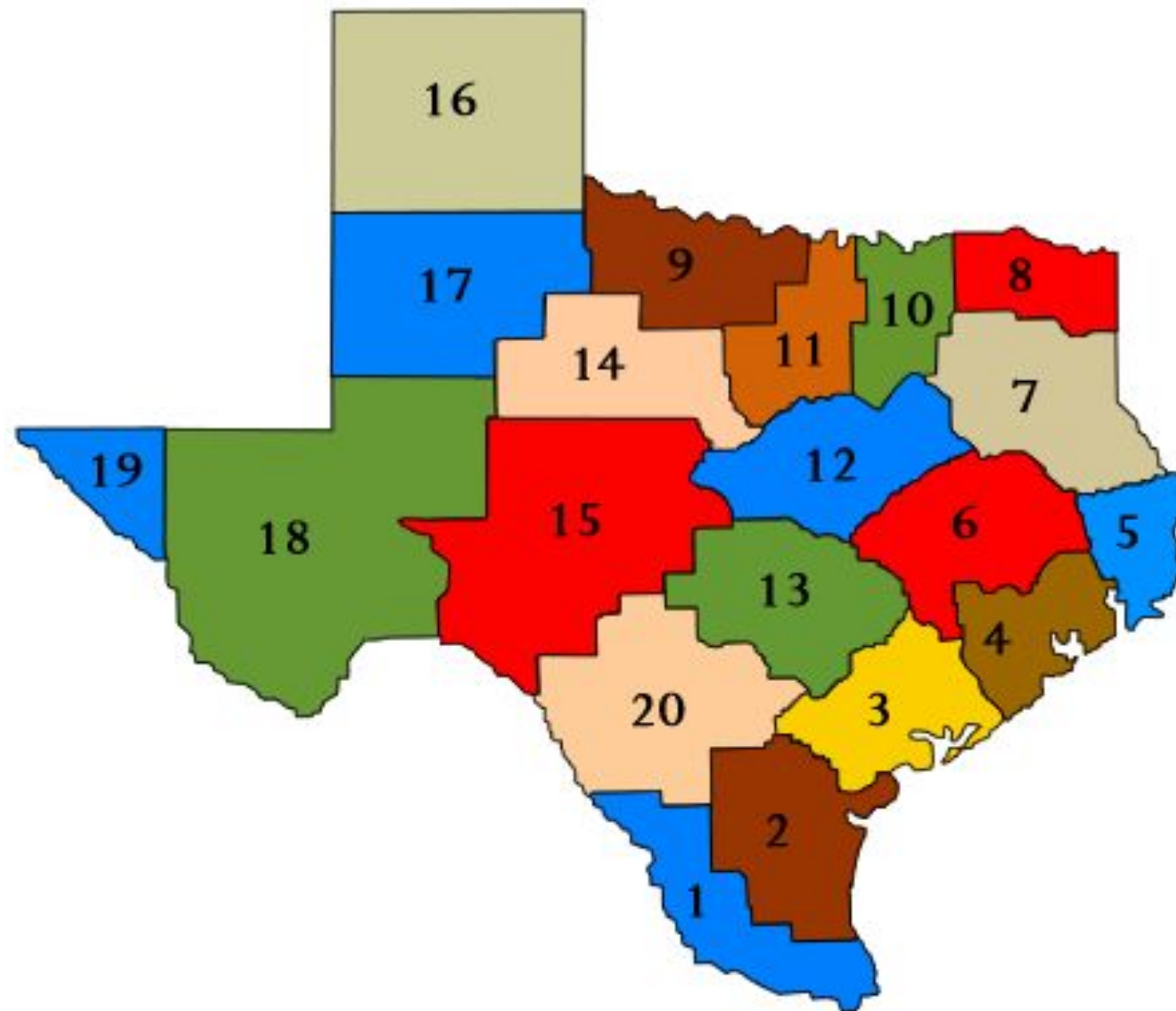
Jessica Siegfried, M.A., LPC, LMFT  
Betty Hardwick Center  
Region 14 Education Service Center



- Schedule meetings with principals and counselors
- Schools and MCOT
- New Counselors
- Psychoeducation and reduce stigma
- Empower faculty and staff



# EDUCATION SERVICE CENTER REGIONAL MAP



**Map Showing TX Community  
Mental Health Centers, Education  
Service Centers, and Public School  
Districts**





# Make Your Connection!

Hello, I'm attending the Texas Council Conference and have learned about the BHPP liaison role, I would love the opportunity to connect!



# What is the ESC?

Special  
Education

Autism Spectrum  
Disorder Services,  
Behavior  
Intervention Plans,  
Low Incidence,

Safety  
Ed

Crisis Intervention,  
Safety Drills, Fentanyl  
and other Substance  
Use Education

McKinney  
Vento

The McKinney-Vento  
program addresses the  
barriers that homeless  
children and youth have  
faced in enrolling, attending,  
and succeeding in school..

Special  
Programs

Title IV, Project Aware,  
CIRT Clusters, MTSS,  
Migrant





Mental  
Health

Counselor sport, Community  
Resource and referral  
assistance, mental &  
behavioral health training,  
policy and procedure review  
and revision

# Mental Health First Aid

LEARN MORE & SIGN UP FOR  
**Mental Health FIRST AID®**  
from NATIONAL COUNCIL FOR MENTAL WELLBEING®

Please visit the QR code to access information on your Local Mental Health Authorities MHFA training opportunities. Contact the MHFA Coordinator for inquiries on attending or hosting district wide events!

<p><b>Bluebonnet Trails</b> Community Services</p> <p>Counties Served: Guadalupe</p>  <p>MHFA Coordinator: Rannel Foster MHFA@bbtrails.org</p>	<p><b>CAMINO REAL</b> COMMUNITY SERVICES Conduit of Community and Care</p> <p>Counties Served: Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, Wilson, and Zavala</p>  <p>MHFA Coordinator: Cindy Rodgers cindyrc@caminorealcs.org</p>
<p><b>THE CENTER</b> FOR HEALTH CARE SERVICES Mental Health &amp; Substance Use Solutions</p> <p>Counties Served: Bexar</p>  <p>MHFA Coordinator: Karen Coleman MHFA@chcsbc.org</p>	<p><b>Hill Country MHD</b> Mental Health &amp; Substance Use Solutions</p> <p>Counties Served: Bandera, Comal, Kendall, Kerr, Kinney, Medina, Real, and Uvalde</p>  <p>MHFA Coordinator: Amy Anderson aanderson@hillcountry.org   MHFA@hillcountry.org</p>

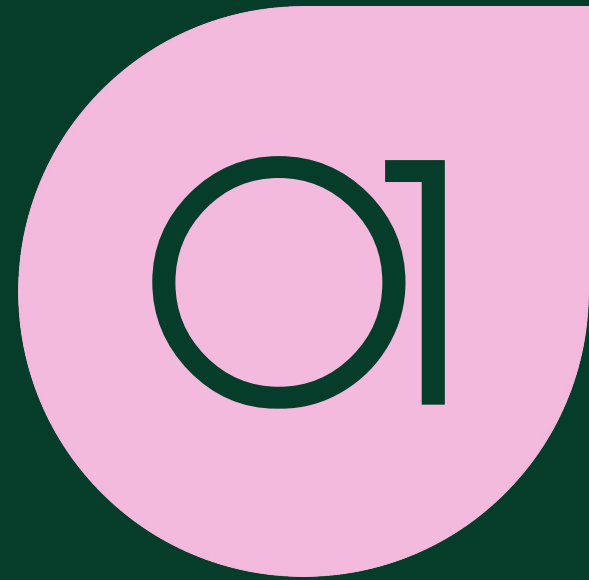


Promote, Coordinate, and  
Offer Trainings

Making Connections

Setting Schools Up for Success

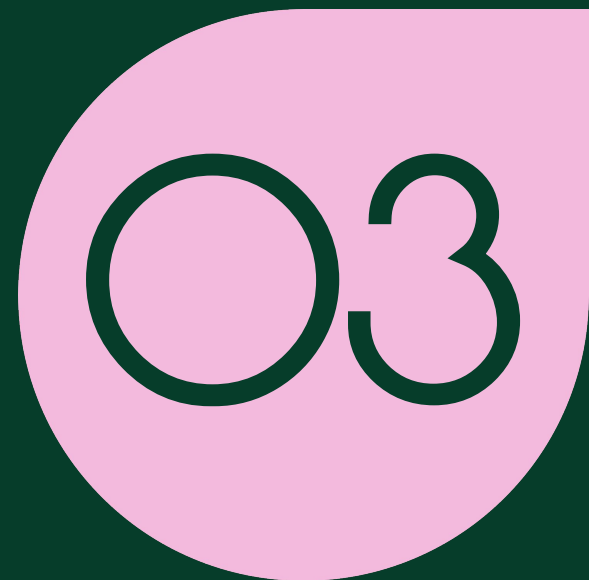




Safety  
Bill-Mental  
Health Training



Shall Require  
Regularly  
Interacts



Sec 1001.23  
Health and  
Safety Code



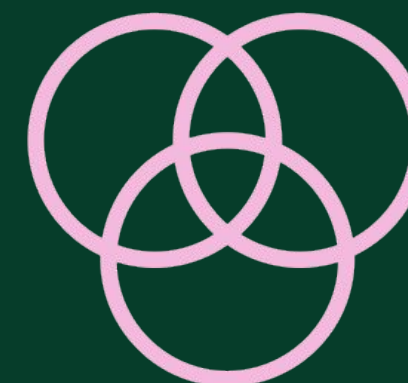
Graduated  
Time Frames

# What to know about HB3



## Know the Laws

Keep up with legislative updates that pertain to education to provide guidance.



## Collaborate

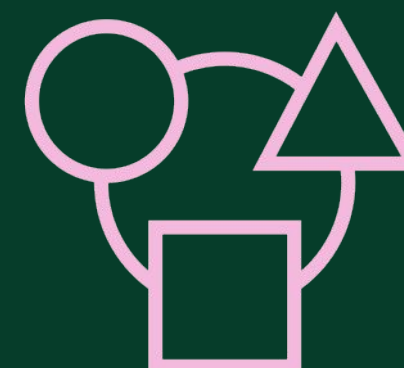
Work together as much as possible as an LMHA/ESC team and utilize expertise to provide the best support.

# Key Elements for Supporting Schools



## Network Network Network!!

Get to know and stay in contact with key decision makers in the school (lead counselor, principal, C&I)



## Be Flexible

Be open to weird hours and flexible timing. No one can teach trauma or substance use in 30 minutes, but we can get our foot in the door.





# Key Elements for Supporting Schools

## Examples of Success

- Parent Nights
- Community Events (Back to School Fairs, Special Olympics, CASA events, etc...)
- Monthly Newsletter focused on resources
- Staff meetings
- Student Presentations/Staff presentations (to meet legislative requirements)
- Connector/Researcher for connection to the LMHA
- Opportunity to tour the clinic/meet the staff
- Focus on understanding and accessing crisis services

# Benefits of BHPP

for non-employing LMHAs



Increased  
support for  
districts in  
region

Free PR Rep



Better  
Communication  
and Referrals

New Connections  
with Community  
Partners





“The optimist sees a donut, the pessimist  
sees the hole.”

# Changing Community Perceptions



Looking to the LMHAs  
for training



Partnering up to meet  
school communities  
needs



# Exit Ticket

What are

3

things you learned today?

What are

2

new resources  
you can access?

What is

1

action you will take?



# THANKS!

## Any questions?

