Metrocare Clinical Academy Learning Objectives

Day 1- Introduction to Clinical Orientation

Overview the services and programs provided at Metrocare

Learn how to utilize sharepoint to access curriculum and other resources

understands the influence of trauma on individuals, families, and communities

Navigate MyAvatar, edit widgets, add forms to lists

Identify different views in MyAvatar

Identify where to find past information regarding a client's care.

Understands how to apply the 0-3 rating scale on the CANS/ANSA

Understands how to ask follow-up questions about reported symptoms to determine frequency, intensity, and duration of reported symptoms

Day 2- Motivational Interviewing

Identify stages of change and be able to apply stages of change to specific examples

Identify MI techniques of OARS and practice these skills

Understands the value of rolling with resistance and practice this skill

Identify MI techniques of DARN questions to expand change talk and practice this skill

Complete state certification in CANS/ANSA assessment

Day 3- Assessments and LOC

Understand how to complete various forms in Avatar and the difference between draft and final.

Can open and complete CANS/ANSA form accurately in Avatar

Can differentiate between initial and update assessment

Knows how to use CANS/ANSA to receive LOC calculation

Understands the difference between the different levels of care for different populations

Can effectively refer individuals to appropriate services based on their levels of care

Knows how to deviate LOC and document appropriately in Avatar

Accurately completes the health screening tool

Accurately opens the health screening intervention bundle, can route tobacco and alcohol interventions to LPHA, and can complete crisis plan

Understands how to administer depression intervention using skills training and document with progress note

Understand the primary role of ACT and Wraparound and the type of individuals ACT and Wraparound serve

Identify basic criteria for ACT admission and the definition of a "hospitalization"

Know the process for making a referral to the ACT or wraparound team when assessment gives an LOC 4

Day 4- Person Centered Recovery Planning

understands the importance of allowing the individual in treatment to be the expert on their lives

be able to identify strengths in individuals who are seeking services

Understand how to Utilize strengths in recovery planning and interventions with individuals

Engage with an individual to produce appropriate goals, objectives and interventions

Identify appropriate clinician directed, self-directed, and natural support directed interventions

Link the recovery plan to the strengths and needs identified in the assessment

Can define and differentiate between Problems, goals, objectives and interventions, and accurately places these items into the recovery plan.

Understands the minimum necessary required goals, objectives and interventions for a recovery plan

Can accurately complete all required Avatar fields regarding recovery planning.

Day 5- Care Coordination, Crisis Intervention, and Collaborative Documentation

Understand the role of care coordinators and the difference between Care Coordination and Skills Training

Know how to refer an individual for care coordination services

Become familiar with the CC screening tool, the CC progress note, and the CC specific PGOIs. (CARE COORDINATORS ONLY)

Ask basic suicide risk assessment questions using the Columbia Suicide Severity Rating Scale (CSSRS)

Be able to identify risk level based on results of assessment screening and SAFE-T guidelines
Know primary risk and protective factors for suicide
Identify action steps to be taken depending on risk level for suicide
Identify risk factors for violence against others and action steps for these situations
Complete a basic crisis plan collaboratively
Can identify and access progress notes for specific positions
Knows how to accurately document a collaborative progress note
Has a basic understanding of the different billing codes and which code to use in various circumstances
Understands importance of billing accurately for time spent with client
Can accurately complete a miscellaneous progress note and understands when a miscellaneous note would be used.

Day 6- Seeking Safety

Can identify skills to act in a trauma informed manner towards individuals in service
understands the link between trauma and substance use and the importance of a co-occurring treatment model.
identify structure of a seeking safety session
Identify seeking safety modules and be able to select module appropriate to an individual
Practice Seeking Safety session to prepare for use with individuals in service

Day 7- IMR and PAYA

identify structure of IMR sessions
Practice IMR sessions to prepare for use with individuals in service
Understand the requirement to complete IMR training on centralized training portal
Understand the primary use of the PAYA model
Review the Casey Life Skills Assessment and its relationship to PAYA
Practice providing Case Life Skills Assessment and PAYA Module

Day 8- Peer Services

Understand the role of Peer support services within treatment
Know how to link individuals to peer support services and how to collaborate with peer support while working with an individual
Understand process of connecting an individual to housing resources
can identify elements of stigma towards MH and substance abuse and ways of reducing stigma for individuals receiving services
Identify appropriate and inappropriate professional boundaries with individuals in care
Discuss ways of setting and holding appropriate professional boundaries.

Day 9- Caseload Management and Avatar Review

Discuss engagement strategies for building rapport with individuals in service
Identify common barriers to rapport and skills to apply to these barriers
Utilize scheduling calendar and add appointments to calendar
Reconciling notes on scheduling calendar
Understands how to resolve scheduled appointments at the end of each day
Knows how to run a report to identify the individuals on their caseload
Discuss strategies to improve engagement as well as activities to perform when individuals cancel or do not show up for services.

Day 10- Learning Review

Minimum competency at asking assessment questions appropriately and conversationally
knows how to use person-first language

Day 11- Children and Adolescent Curriculum

Understand the primary use of the Barkley model

Identify the specific population, diagnosis, and skills curriculum is created for

Understand how to utilize the curriculum worksheets

Understand the primary use of the START model

Identify the specific population, diagnosis, and skills curriculum is created for

Understand how to utilize the curriculum worksheets

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