

Opening General Session: Welcome by Rep. Toni Rose, Keynote by Cherene Caraco

Respondents: 196

	Average	5 – Strongly Agree	4 – Somewhat Agree	3 – Neither Agree Nor Disagree	2 – Somewhat Disagree	1 – Strongly Disagree
Indicate your level of agreement with the following statement: Overall, this session met my educational needs.	4.75	157	31	5	1	1
	Average	5 – Strongly Agree	4 – Somewhat Agree	3 – Neither Agree Nor Disagree	2 – Somewhat Disagree	1 – Strongly Disagree
Indicate your level of agreement with the following statement: There was enough time spent on the subject matter.	4.80	164	26	3	1	1
	Average	5 – Strongly Agree	4 – Somewhat Agree	3 – Neither Agree Nor Disagree	2 – Somewhat Disagree	1 – Strongly Disagree
Indicate your level of agreement with the following statement: The speaker(s) were informative and kept my attention.	4.79	165	23	4	2	1

	Average	5 – Excellent	4 – Very Good	3 – Good	2 – Fair	1 – Poor
Rate the presenter's competence and effectiveness: Cherene Caraco	4.78	163	23	7	2	0

As a result of attending this activity, what new skill or idea will you implement into your job or practice within the next six months?	Great information.
	Excellent info
	Thanks
	Speaker needs to slow pace of speech. Very difficult to understand what she was saying.
	Being more involved with policy. Especially in advocating for individuals with mental health disorders.
	Being able to sit on a board and work with mental ill people and bringing awareness into my community and the importance of relationships in recovery.
	Excellent presentation
	Learn more about my reps.
	Relationship, relationships!
	The importance of treating people not the symptoms.
	Not forgetting where you started and continuing to help those.
	Understanding the population of individuals I provide services have a starting point but with my help that can have a positive outcome
	Work with clinical staff to better understand the concept of recovery.
	Just how to be present and really listen

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	Read more on the Vermont Study and the Italian way of recovery to see what can be implemented.
	compassionate care focusing on wellness and building relationships.
	think of wellness rather than as illness.
	Compassion for others, relationships, and promoting recovery
	refocusing on recovery principles
	it's good
	More peer support
	Open mindedness
	Learned about not treating behavior but to listen and treat the person
	I'll use that poem
	Be more reflective on the role of our peers
	Promote recovery!!!
	Review use of peers
	Rethinking approach to treatment
	Treat the person not the illness
	The reminder the peers should be different
	More work with peers
	Stop always looking at pathology and focus on the human nature of people
	Reframe language around recovery and healing.
	Improved empathy.
	Identify ways to build in more authentic peer support
	Outdated
	Treat the person not the illness
	System readiness changes for including peer support
	Incredible and very moving!
	Build better relationships
	continuing to be intentional about how we see the families we serve and creating plans that truly meet their needs and are collaborative
	Implementing peers more
	Advocate for peer voices.
	Better support / honor our peers
	Make sure helping to recovery and not just to treatment.
	Other side desk
	looking beyond the illness or diagnosis
	Helped reframe my role and elicited deeper thought about our role in the behavioral health system
	Focus more on peer roles
	Look at person
	the presenters were fantastic. I'll will definitely bring some of this back.
	become a better listener
	Review peer services.
	Be aware of legislative happenings.
	Great addition to my current job!
	New perspective on long term client care and focus on wellness instead of illness
	Treating wellness, not illness
	help the patient not the illness
	Peers info
	Grow wellness. Not illness.

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	Treat the person not the illness. Unlearn misinformation.
	Advocate for peer voices.
	Reflection on role of peers
	I like her information and the shift in thought
	behavior is a symptom not the problem.
	Promote wellness.
	Continue to pursue the building of relationships over the importance of a medical model.
	You're playing the wrong game and lens shift.
	Reframing 988 assessments and requirements to be more person-focused.
	Better support peer workers
	Looking for my own lessons earned
	Focus on the person
	I will listen more.
	Just ensuring that I continue to serve my clients
	Keep a wellness focus
	Listen differently.
	More peer work
	recovery not just stabilization, policy is a marathon race
	Great speaker!
	Lean into my peers and their lives experience and help them advocate for change.
	As a family partner to continue to advocate and walk along side of my families even if it makes case managers, doctors, or community entities uncomfortable because I am not pushing their agenda.
	Listen differently
	Ensuring client advocacy
	She spoke about the use of our peers and their role. We have a peer for our youth crisis outreach team. I will ensure they are doing what they are supposed to because of what she said about peers. I loved this session.
	Focusing on wellness
	Everything
	Great presenting.
	Listen differently
	Peer support services improvement.
	I work educating team members, will change focus to how do we get to know the people we serve as individuals. Shift focus to soft skills.
	Truly amazing presentation this year from this speaker as opposed to last year.
	Unlearning bad habits
	Building improved PSS services and remembering the goal is recovery and safety, not inpatient treatment.
	Everything
	Acknowledge the power of power.
	Not behavior driven
	I actually will get a copy of the poem, "On The Other Side of the Desk," added to my office as a reminder to use a peer lens when providing services
	Be better about looking at a person as a whole rather than a diagnosis
	Great
	great speaker.
	Understanding, listening empathetically to the patient.
	be more mindful

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	The new idea that I will implement into my job/practice is the concept of learning/unlearning. I think it was a great consideration to continue to re-evaluate our own knowledge as we grow as clinicians. Especially in regard to views of recovery.
	Great presentation
	It made me realize I am where I am supposed to be
	Peer understanding
	Encourage other to reflect on what they bring to the present
	see the need behind the behavior
	focus on wellness and what client needs for true recovery and what that means for them personally
	Prioritize again the client being front and center
	Not applicable
	ensure we are caring for families with collaborations and long term wellness at the forefront
	Remembering my power in the room.
	I will use the poem with me staff. Will make sure we are utilizing peer support staff as actual peer support staff. Will shift thinking to recovery and not just stabilization
	The other side of the desk
	remember where I started
	more personal towards clients
	Peer considerations
	move from an illness mindset to a wellness
	I learned about recovery and the power of relationships.
	I will be more appreciative of the agency peers and their unique role.
	not sure
	seemed sooo different than our lmha approach that it might not have been a great starting message. not sure I have any new skill, other than, listen and be client focused.
	To remember I do have lived experience and should use my voice at work.
	amazing!
	More Peer related work.
	Play chess not war!
	Peers
	Peers
	How to better utilize peer support services.
	Role of peer supporters
	Continue to integrate peer services.
	Some
	Appreciate more the role, of peer support specialist, and improve their services in my clinical practice.
	Work with peers now
	Changed my perspective on providing services to our clients
	Implementing peer support
	Evaluate the way we look at Mwntal health of our employees
	A new perspective about peer support personnel.
	Great!
	#labelsareforclothes
	Love the model of wellness instead of illness
	I will be more cognizant regarding the role of peers.
	Thanks
	Takeaway was not treating the behavior but listen to the behavior
	Changing my perspective from stabilization to recovery. Great presentation and well executed.

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	re-evaluating how the peer support staff under my supervision are interacting with individuals to make sure their services are truly peer oriented and not feeling "clinical"
	Be a Better Peer specialist
	NA
	Yes be a better
	Unlearning, peer support on a broader scale
	Get out and network, know and understand your community
	It really changed my thinking about mental illness, particularly in regards to medication
	I was really surprised about the Vermont study. I will share it with others
	I will be advocating at work for my peer program more!
	I will rethink my pert engagement and onboarding
	more person centered
	Advanced
	More awareness of the role of peers
	She is always phenomenal
	Doing a better job at listening versus always trying to solve first
	Great Session
	Implement understandings of wellness in my practice
	Looking at the person, not the illness
	excellent speaker
	IDK
	Treatment that is more focused on care, compassion & kindness
	I learned the importance of the use of peer support, the need to have experienced staff.
	All Ai qualities
	Apply techniques
	Unbelievable presentation
	Will work on synthesizing information for future practice implementation
	Synthesizing information for implementing
	I'm excited to go back and see how we can better integrate peer services into our organization.
	Inspiration
	Remind staff to function in their identified role with the consumer.
	Imbue the concept of "it's not about the behavior but what the behavior is communicating" into my work.
	Working toward recovery and not just stabilization.
	Peer driven
	Peer
	I will promote true apeer support everywhere.
	Look into the research that was cited
	Connect with peer leadership
	It was a good reminder of the "power" clinicians bring to therapeutic relationship that may interfere with meeting the person where they're at. Will bring the reminder back to our training department of trauma informed practices.
	Bring in her model of growth vs Stabilization
	Letting my Peer staff do Peer work. I love how she laid out the Advocacy that Peers really have on our unit. Too often we shut them down for not agreeing with our clinical approach
	I hope the TX Council members see that there is a different way of seeing and working with people with lived experience.
	I understood more about the value of peer support and how to present it to my referral clients
	None
	talk to team about implementation of peer support services

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	No new practices that I can think of.
	To look at clients from a different perspective.
	Unsure
	Not sure

What topics would you like to see presented at future activities?	More of this presenter
	More recovery based information
	Case study
	This was great!
	Strategies beyond Medication management
	Value of recovery thinking
	More topics about individuals with lived experience and their journey of success. How to implement more employment opportunities for those individuals.
	More topics related to helping those in the justice system reducing recidivism. Exposure to more topics regarding lived experience
	Protecting and advocating for client rights; Compliance programs and the authority they should hold in organizations.
	Ice breakers to get to know people.
	not sure at this time
	more like this. helps to refocus and reset perspectives to the roots of assisting folks in their recovery.
	None
	like the array offered
	thanks
	Supervision
	Leadership
	This was great
	I don't know
	None
	Operationalization
	None at this time
	Integrated Health
	Individuals with lived experience.
	Improved empathy
	Current innovation
	Na
	None
	This was great
	Debt
	Unsure
	Peer support understanding
	Family Centered Treatment with at risk youth
	Family partner
	How to incorporate peer support roles into Center leadership.
	Substance use disorder
	Recovery without medication.
	Same
	No thoughts at this time
	Harm reduction

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	autism
	more about pss
	nursing
	Systemic policy changes that promote new integrative approaches
	Policy updates
	Any!
	Assertive Community treatment
	burn out
	Evidence based recovery programs
	How to include peer support roles in Center leadership.
	Unsure
	what would an actual implementation (with billing) of mental wine triste,Italy services look like here. and what do daily services look like.
	Unsure
	No ideas at this time.
	Emotional intelligence, trauma informed care, IDD
	Co-occurring disorder
	No thoughts at this time
	IDD recovery
	Crisis Management
	More about helping the homeless
	Any
	More IDD topics
	emerging recovery best practices
	Great speaker!
	Continued education on changing from recovery and maintenance to living.
	More IDD topics
	More about the homeless population
	Incorporating Law Enforcement partners in Texas Council would be helpful and educational for them.
	Peer support
	Open to anything
	Justice Involved tooics
	More IDD topics
	SUD
	More on the use of AI in clinical practice. Possible pitfalls.
	Texas speaker.
	What sets PSS apart from clinical staff when the PSS is also on a clinical professional journey?
	Open to everything
	Case study's
	Any
	AI and the challenges of chat-gpt/ Tic Toc / IG therapy
	Not sure
	Any
	I don't know
	Care coordination
	SUD related and integrated care
	Recovery process, self-evaluating as clinicians, collaborating with outside agencies

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	Adolescent development
	Purpose
	Peers
	trauma wise practices
	none noted at this time
	Practical intervention
	Wonderful presentation and very insightful. As an accountant, I don't have suggestions on future provider topics. However I truly enjoyed the presentation.
	youth driven interventions in family therapy
	More topics for outpatient youth not school based.
	more of this
	effects of video games on mental health
	alternative therapy models
	more info about person centered care
	Unsure
	unknown at this time
	community relationships, advocacy in legislation and enhancing positive workplace relationships.
	Zero Suicide through the lived experience lense
	same.
	Community Health Work
	Youth Presenters
	Peers
	Peers
	Peers
	Cultural competency
	Others
	-Ethical dilemmas in mental health services in texas. Tele-Mental Health services in texas, in improving access to mental health medical services within the state.
	More presenters with loved experiences
	More on the role of a peer.
	Enjoy this topic
	Please include law enforcement that are assigned to Mental Health Units.
	More Peer Support education
	Suicide prevention
	second hand trauma
	Thanks
	Homeless population
	Effective strategies on helping people with mental health issues become more independent.
	Substance abuse
	Housing the idd/mental community
	More from peers
	More on destigmatizing
	More peer related anything
	How to support peer staff who become unwell and unable to perform their job duties
	barriers other centers have endured
	Demystifying peer work
	Maybe an actual role play should be included.

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	More whole wellness and peer led commentary
	cant think of anything specific right now
	Idk
	more real life experience
	I will think of more by the end of the conference, I'm sure.
	topics on health literacy as it pertains to person centered care
	Intervention based
	Intervention based
	more about peer support
	How to find more LPCs
	More presentations like this. It would be great to have a workshop on how to operationalize models like the one in Trieste. Italy.
	LMHA and integrated care practices behavioral academies for Texas qmhps
	I really enjoyed what I could learn about how peer services are being utilized at other lmha's.
	None
	Similar
	Not sure

Comments (optional)	GREAT!!!
	GREAT!!!
	Outdated and cliched.
	Cherene was wonderful
	New topics
	No comments at this time.
	Great presenter!
	Awesome presentation
	Thank you for having her as a speaker. She was motivational.
	Good presentation
	Fantastic speakers!
	Appreciate her insight and knowledge.
	Exactly what it needed to be
	The Representative was all over the map
	Greta speaker
	Exceptional! Thank you!
	looking forward to the rest of the conference
	Nice experience so far.
	Great job
	Thanks
	Great job
	great presentation
	we should bring Cherenw back
	Thank you for having this presentation.
	Speaker was engaging and thought-provoking but did not seem in tune with MH services in TX.